

Gender Affirming Care Services

Resources for Gender Affirming Care

This Resource List is for informational purpose only, not advice or guarantee of outcome and is provided to assist patients in finding additional care. We welcome feedback on this guide and hope that as you come across providers who are friendly and accessible that you will share that information with us so we can add it to this community guide. This is a dynamic document, always being amended and changed. Please also let us know if you find out of date information so that we can correct it as needed.

Contact GAC Support Team – **GAC Support Line: 215-351-5561 / Email: gac@ppsp.org**

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Gender Affirming Care Services

KEY: MA = Medical Assistance; Private = Private Insurance; Self Pay = Out-of-Pocket; Sliding Scale = Reduced fee based on income

Healthcare Providers (Primary Care, GA Hormone Therapy (GAHT), GYN, and more)				
Jefferson Health LGBTQ+ Health Program	Philadelphia	1-800-533-3669	Most insurances	jeffersonhealth.org/clinical-specialties/lgbtq-health-program
Einstein PRIDE Program Patient Navigator	Philadelphia, Mont County	215-420-0989 lgbtq-pride@jefferson.edu	MA, Private	einstein.edu/pride-program
Dr. Patamaporn Lekprasert Einstein Healthcare Network	Philadelphia, Elkins Park	215-572-5200 484-622-6800	MA, Private	Endocrinologist, GAHT
Dr. Hussein Safa Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Primary care, GAHT In-person, telehealth
Dr. Raymond Cattaneo Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Primary care for youth/teens, puberty blockers, GAHT
Dr. Selina Davis Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	OB/GYN
Dr. Kate Stamper Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	OB/GYN
Dr. Sara Pentlicky Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	OB/GYN
Kara Pravdo, CRNP Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	OB/GYN
Sabura Shiffrin Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Pelvic floor therapy
Dr. Ann Nwabuebo Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Pelvic floor therapy
Teresa Gero Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Orthopedic physical therapy
Danielle Monica Einstein Healthcare Network	Philadelphia	215-420-0989	MA, Private	Orthopedic physical therapy
Penn Medicine Transgender Patient Advocate	Philadelphia	215-573-8499 LGBThlth@med.upenn.edu		Penn Medicine LGBTQ Health Program
Dr. Kevin Kline Penn Medicine	Philadelphia	215-662-8777	MA, Private	Primary care
Dr. Ayiti Maharaj-Best Penn Medicine	Philadelphia	215-662-8777	MA, Private	Primary care, GYN
Dr. Peter Vasquez Penn Medicine	Philadelphia Radnor	1-800-789-7366	MA, Private	GYN, reproductive health, GAHT, and more Spanish speaker
Dr. Caroline Cox Penn Medicine	Philadelphia Cherry Hill, NJ	1-800-789-7366	MA, Private	Urogynecology
Dr. Rahaf Sultan Penn Medicine	Philadelphia	215-662-9905	MA, Private	Endocrinologist, GAHT
Temple LGBTQ Health	Philadelphia	templehealth.org/services/lgbtq-health	MA, Private	Primary, preventive, and specialty care

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Dr. Jennifer Aldrich Temple Health	Philadelphia	215-707-1587	MA, Private	Primary care
Kelly Lattanzi, CRNP Temple Health	Philadelphia	215-707-1587	MA, Private	Primary care
Dr. Melanie Santiago Roxborough Hospital	Philadelphia	215-487-1887	Private	Primary care
Mazzoni Center	Philadelphia	215-563-0658	MA, Private	mazzonicenter.org/health-care Adolescent Drop-In: Wednesdays from 5-7PM, for youth ages 14-24
Philadelphia FIGHT	Philadelphia	fight.org/make-an-appointment/	MA, Private, Sliding Scale	Primary care, HIV care, dental
Jonathan Bell Center Philadelphia FIGHT	Philadelphia	267-725-0252	MA, Private, Sliding Scale	Walk-ins and same day appointments available based on need and availability
The Y-HEP Health Center Philadelphia FIGHT	Philadelphia	215-344-1632	MA, Private, Sliding Scale	Youth 13-24
Main Line Health Comprehensive Gender Care Program	Media Bryn Mawr Paoli Wynnewood Malvern Media Glen Mills King of Prussia Exton Broomall	Nurse Navigator: 484-337-5329	MA, Private	mainlinehealth.org/specialties/comprehensive-gender-care-program/gender-care-services
Mosaic Medical	Sharon Hill	215-341-7421	Most insurance accepted	mosaicmedicalcenter.org
Dr. Christine Meyer	Exton	610-363-0100	Self-pay	christinemeyermd.com
Reading Hospital Gender-Affirming Clinic Dr. Kathryn Ashley Brandt	Reading, PA	484-628-9797	MA, Private	Routine health screenings, GAHT, GYN, postoperative care after GA bottom surgeries, fertility services, preconceptional counseling, prenatal care
Novus ACS	Bethlehem Stroudsburg Doylestown Lehighton	610-867-5365 570-599-8699 267-454-7086 610-379-4006	MA, Private	novusacs.com
Alder Health Services	Harrisburg / Lancaster	717-233-7190		alderhealth.org Primary care, GAHT, GYN, sexual health, behavioral health
FOLX	Online	signup.folxhealth.com	Membership Fee	GAHT, PrEP, ED, STI care
Plume	Online	getplume.co	Membership Fee	GAHT
WPATH Provider Directory	Online	wpath.org/provider/se-arch	n/a	Search for trans-competent healthcare providers

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Mental Health Therapy				
Mazzoni Center	Philadelphia	215-563-0652, ext. 248	Private, MA, Self-pay w/ scale	Individual & group therapy
Einstein's PRIDE Program	Philadelphia	215-420-0989	Private, MA, Self-pay w/ scale	Outpatient therapy, psychiatric care, med management
Walnut Psychotherapy	Philadelphia	215-563-7863	Private, Out of Network MA, Self-pay w/ scale	Individual, family, and couples therapy
The Attic Youth Center	Philadelphia	215-545-4331	Free	LGBTQ+ youth (13-23); individual and groups
The Therapy Center of Philadelphia	Philadelphia	215-567-1111	Self-pay w/ scale	Individual & group therapy
LifeStance Health (formerly Hornstein, Platt & Associates)	Philadelphia, Montgomery, & Bucks County	267-507-1310	Self-pay, Private, some EAPs	Outpatient therapy, psychiatric care, med management; nutritional counseling, professional coaching, and professional organizing
Philadelphia FIGHT – Diana Baldwin Mental Health Clinic	Philadelphia	215-525-8657 fight.org/programs/diana-baldwin-clinic/	Sliding scale, Private, MA	Individual therapy, HIV and trauma informed therapy, support groups for people living with HIV, referral coordination
Mango Tree Counseling	Philadelphia	855-495-1113 info@magotreec.com magotreec.com	Sliding scale, Private	Asian/Asian American mental health professionals
Council for Relationships	Philadelphia	215-382-6680 councilforrelationships.org	Sliding scale	Therapy & Psychiatry
COMHAR PACTS Program	Philadelphia	215-569-8414 comhar.org/mental-health-wellness	Private, MA	LGBTQI outpatient behavioral health
Philly Couples & Sex Therapy	Philadelphia	phillycouplesandsextherapy.com info@phillycouplesandsextherapy.com	Self-pay	Individual therapy, sex therapy, couples therapy
List of Queer And/Or Trans Therapists	Philadelphia	restorativeconnection.com/resources.html		
Sanare Today	Philadelphia	610-344-9600	Private, Self-pay with payment plans available	Intensive Outpatient Program (IOP) sanaretoday.com/lgbtq-specific-iop/
National Queer and Trans Therapist of Color Network	National	nqttcn.com/directory		
Mosaic Medical	Sharon Hill	215-341-7421	Most insurance accepted	mosaicmedicalcenter.org/
Michele Angello, PhD	Wayne	610-917-8561 dr_angello@yahoo.com	Sliding scale	micheleangello.com

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CW Psychological Services	King of Prussia	610-308-7575 info@cwpsychologicalservices.com	Private, MA	cwpsychologicalservices.com/
Arrive Therapy	Paoli	484-615-3155 info@arrivetherapy.com	Self-pay	arrivetherapy.com/
Bucks LGBTQ Center	Newtown	267-753-3005	Self-pay	Individual and group therapy
Sanctuary Counseling	Douglasville Collegeville	610-385-3155	Self-pay w/ scale	Individual & group therapy Specializes: LGBTQ, transitioning
Springfield Psychological of West Chester	West Chester	610-364-5156	Self-pay	Transgender Group, 15-21yo
Progressions Behavioral Health Services	Pottstown	610-970-5000	Private MA	
Main Line Health Comprehensive Gender Care Program	Media Bryn Mawr Paoli Wynnewood Malvern Media Glen Mills King of Prussia Exton Broomall	Nurse Navigator: 484-337-5329	MA, Private	mainlinehealth.org/specialties/comprehensive-gender-care-program/gender-care-services
The Light Program	Havertown	610-644-6464	Private	Intensive Outpatient Program (IOP) and psychiatric care; thelightprogram.pyramidhealthcarepa.com/locations/pennsylvania/havertown/
SAGA Therapy Collective	Montgomery & Bucks County	267-638-6763 sagahatboro.com/therapy	Sliding scale	Individual therapy, group therapy

Psychiatry

Mazzoni Center	Philadelphia	215-563-0652, ext. 248	Private, Medicaid, some Medicare, Ryan White, self-pay w/ scale	Individual & group therapy
Einstein's PRIDE Program	Philadelphia	215-420-0989	Private, Medicaid, some Medicare, self-pay w/ scale	Outpatient therapy, psychiatric care, med management
LifeStance Health (formerly Hornstein, Platt & Associates)	Philadelphia, Montgomery, & Bucks County	267-507-1310	Private, some EAPs, self-pay	Outpatient therapy, psychiatric care, medication management; nutritional counseling, professional coaching, professional organizing
Council for Relationships	Philadelphia	215-382-6680 councilforrelationships.org	Sliding scale	Therapy & Psychiatry

Gender Affirming Care Services

Support Groups & Resource Hubs			
TransEquity Project at Galaei	Philadelphia	Milan Sherry: milan@galaei.org	Support groups, resources
Colours Organization	Philadelphia	215-832-0100 coloursorganization.org	Support and resources for LGBTQ+ communities of color
Mazzoni Center – Trans Resource Guide 2019	Philadelphia	Mazzoni Center – Trans Resource Guide 2019	Trans-friendly resources in the Philadelphia area.
Mazzoni – Evolutions	Philadelphia	215-563-0652, ext 568 Facilitator: Kai Thigpen at kthigpen@mazzonicenter.org	Virtual drop-in for all along the transgender spectrum or questioning gender identity mazzonicenter.org/events/evolutions-18
Mazzoni – LGBTQ SMART Recovery Meeting	Philadelphia	mazzonicenter.org	Drop-in support group for LGBTQ persons who are considering recovery from addiction, or at any stage in their recovery journey. (9/27/20 Update: Virtual meetings Mon 2:30-3:30pm & Wed 5:30-6:30pm)
William Way – Arcila-Adams Trans Resource Center	Philadelphia	215-732-2220 trc@waygay.org	LGBTQ Community Center, support groups, resources, peer counseling
William Way – TransWay	Philadelphia	215-732-2220 Trans Programs Events Calendar	Weekly drop-in social group for trans and non-conforming people. Virtual meetings Thurs 7:30pm.
William Way – Coffee Talk	Philadelphia	215-732-2220 Trans Programs Events Calendar	Social gathering for people who identify as trans, genderqueer, or non-binary, and their allies. 1 st and 3 rd Weds of month at 7pm.
WOAR	Philadelphia	215-985-3333	LGBTQ+ survivors closed group
PFLAG (peer-to-peer support)	Philadelphia, Media, Pottstown, West Chester	215-572-1833 pflag.org	Education programming and support groups for transgender and LGBTQ families and individuals
Attic Youth Center: Young, Trans and Unified	Philadelphia	215-545-4331 atticyouthcenter.org	Youth meet together during support groups to discuss their experiences and provide advice, feedback, and support to one another.
TPAC at JFK Behavioral Health Center	Philadelphia	215-988-9970 ask for Roberta MacClean	Support group (Transformation Group) every Tuesday from 3-5pm.
Bebashi	Philadelphia	215-769-3561 bebashi.org/lgbtqai-services/	Resources & support for Black LGBTQ people. Trans Necessities Closet The Healing Place support group
Prevention Meets Fashion	Philadelphia	noutland@preventionmeetSFashion.org	Support groups (virtual & in-person) and programming
Women in Transition	Philadelphia	215-751-1111 witServices@helpwomen.org www.helpwomen.org/	Support for people of <u>any gender</u> experiencing domestic violence. Telephone and crisis counseling, peer support groups, individual empowerment counseling, client advocacy and referrals, community education, and self-defense classes.
LGBT Qmunity Center of Montgomery County	Norristown	484-919-8268	Support, resources, advocacy facebook.com/LGBTQmunityCenter

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Planned Parenthood, Space to be Open Proud & Together (SPOT)	West Chester	215-686-2798 spot@ppsp.org @spotpride	14-20 yo, support & education
Prysm Youth Center of Delaware County (14-20 yo)	Sharon Hill	info.prysmyouthcenter@gmail.com	Wednesday from 6:30-8:30pm
Renaissance Transgender Association	Wayne	610-636-1990 ren.org	Education programs, support groups, resources
Main Line Youth Alliance (under 21)	Wayne	610-525-7570 myaonline.org	Friday 7-9:30 pm
SAGA Community Center	Montgomery & Bucks County	267-638-6763 sagahatboro.com	An interfaith and no-faith place for all sexualities, genders, and sexes. A program of The Welcome Project . Monthly support groups and programming.
LGBT Equality Alliance	Chester County	lgbtea.org	LGBT Equality Alliance Monthly meetings for LGBTQ+ community and family
Bradbury-Sullivan LGBT Community Center	Allentown	610-432-5449	bradburysullivancenter.org/events
LGBT Center of Greater Reading	Reading	610-864-5800	Support groups , advocacy, resources
Trans Central PA	Central PA	Trans Central PA	Trans-friendly business and resources in Pennsylvania, national organizations, and news.
Fireweed Collective	Virtual	fireweedcollective.org/support-groups/	Support groups, webinars, resources
TrevorSpace	Virtual	TrevorSpace	An affirming international community for LGBTQ young people ages 13-24.
Trevor Support Center	Virtual	thetrevorproject.org/resources/trevor-support-center/	A place where LGBTQ youth and their allies can find answers to FAQs and explore resources related to sexual orientation, gender identity, and more.
Q Chat Space	Virtual	qchatspace.org/Upcoming-Groups	Live online discussion groups for LGBTQ+ teens 13-19.
Love is Respect	Virtual	1-866-331-9474 Text: LOVEIS to 22522 loveisrespect.org	Support and resources regarding healthy relationships.
Trans Lifeline – Resources	National	translifeline.org/resources	Resources for trans and gender diverse people on a variety of topics.
Trans Lifeline – Social Transition	National	translifeline.org/resource/social-transition/	Resources on social transition, clothing, prosthetics, voice, undergarments, chest binding, hair, and name and pronouns.
FORGE	Virtual	forge-forward.org/resources/	Resources and support for trans and non-binary individuals, survivors of violence, family and friends.
Gender Spectrum	Virtual	genderspectrum.org/articles/gender-spectrum-groups	Groups for pre-teens, teens, parents, caregivers, and other family members/adults.

Mental Health & Safety Hotlines

Trans Lifeline	National	877-565-8860	Available in the U.S. and Canada that is staffed by trans-identified people. The hotline
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Gender Affirming Care Services

		translifeline.org	is open 24/7 and operators are guaranteed to be on call between 10:00am-4:00am.
The Trevor Project	National	Lifeline: 1-866-488-7386 Text: text START to 678678 Chat: thetrevorproject.org/get-help-now/	Talk, text, or chat to trained counselors for support 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk.
Philadelphia Suicide and Crisis Hotline (Office of Mental Health)	Philadelphia	For yourself: 215-686-4420 For a family member, relative, or friend: 215-685-6440 For children: 215-685-6440	24/7 suicide and crisis prevention hotline for Philadelphia. Can connect callers with closest Crisis Response Center.
Valley Creek Crisis Center	Chester County	Peer Support Warmline : 1-866-846-2722 Local : 610-280-3270	chimes.org/about/chimes-family/holcomb-behavioral-health-systems/chester-county-crisis-services/
National Suicide Prevention Lifeline	National	1-800-273-8255	24/7 free and confidential support for people in distress and prevention and crisis resources for you or your loved ones in English (suicidepreventionlifeline.org/) and Spanish (suicidepreventionlifeline.org/help-yourself/en-espanol/)
Call Blackline	National	1-800-604-5841	Non-judgemental, affirming and supportive, listener-witnessing and information gathering about experiences of abuse, physical and disrespectful police or vigilante behavior, or attacks. callblackline.com/

Surgery

NOTES: Surgeries listed may not be exhaustive. Inquire directly for full list of surgeries offered.

Patients should research surgical outcomes and patient reviews to determine best fit.

Contact GAC Support Team if seeking additional surgeons due to location or specialty.

Dr. Jared Liebman Einstein Hospital	Philadelphia, Elkins Park, PA	215-420-0989	PA Medicaid, Private	Chest
Dr. Ivona Percec Penn Medicine	Philadelphia, PA	610-902-1828	PA Medicaid, Private	Chest
Dr. Joshua Fosnot Penn Medicine	Philadelphia, PA	610-902-1828	PA Medicaid, Private	Chest, body contouring
Dr. Puneet Masson Penn Medicine	Philadelphia, PA	215-662-8699	PA Medicaid, Private	Orchiectomy
Dr. Peter Vasquez Penn Medicine	Philadelphia Radnor	1-800-789-7366	MA, Private	Hysterectomy
Dr. Laura M. Douglass Temple Health	Philadelphia, PA	GAC Coordinator: 215-707-8427 dexter.rose@tuhs.temple.edu	PA Medicaid, Medicare, Private	Penile inversion vaginoplasty, GA vulvoplasty, orchiectomy, GA urology
Dr. Alireza Hamidian Temple Health	Philadelphia, PA	GAC Coordinator: 215-707-8427 dexter.rose@tuhs.temple.edu	PA Medicaid, Medicare, Private	Chest (masc + fem); bottom (masc + fem), FFS

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Gender Affirming Care Services

Dr. Julia Spears Metropolitan Plastic Surgery	Philadelphia, PA Cherry Hill, NJ	215-910-4820	PA Medicaid, Private	Chest
Dr. Jeanne Llenado Jefferson Health	Philadelphia, PA	215-503-3300	PA Medicaid, Private	Orchiectomy
Dr. Scott Richard Jefferson Health	Philadelphia, PA Phoenixville, PA	215-955-6200	PA Medicaid, Private	Hysterectomy
Dr. Jesse Taylor Hospital of U Penn Penn Medicine	Philadelphia, PA	215-662-2011 215-622-7300	PA Medicaid, Private	FFS, facial contouring
Main Line Health Gender Affirming Surgery	mainlinehealth.org/locations	Nurse Navigator: 484-337-5329	MA, Private	www.mainlinehealth.org/specialties/comprehensive-gender-care-program/gender-care-services/surgical-gender-affirming-care
Dr. Kathrine Rose Main Line Health	mainlinehealth.org/locations	Nurse Navigator: 484-337-5329	MA, Private	Chest, FFS, vaginoplasty
Dr. Kathryn Ashley Brandt Reading Hospital	Reading, PA (Philadelphia coming soon)	484-628-9797 ashley.brandt@towerhealth.org	MA, Private	Chest, orchiectomy, vaginoplasty, hysterectomy, metoidioplasty
Dr. Christine McGinn The Papillon Center	New Hope, PA	215-693-1199	Self-Pay	Chest, genital, FFS, tracheal shave. Also offers electrolysis, hormone therapy, counseling services, voice therapy, fertility services, and nutrition services.
Dr. Bryan Cicuto UPMC Pinnacle	Lititz, PA	717-625-3509	Private	Chest
Dr. Samina Wahhab	Allentown, PA	610-770-7676	Private	Chest
NYU Langone Health	New York, NY	212-263-3030 nyulangone.org	Insurance, Billing, & Financial Assistance Info	Facial (masc + fem), chest/torso (masc + fem), orchiectomy, hysterectomy, genital (masc + fem)
Mount Sinai	New York, NY	212-604-1730 www.mountsinai.org	Insurance & Payment Info	FFS, chest (masc + fem), orchiectomy, hysterectomy, genital (masc + fem), voice
Dr. Praful Ramineni West End Plastic Surgery	Washington, DC	202-785-4187	Private, Self-Pay	Chest, FFS, body contouring, genital
TopSurgery.net MTFsurgery.net	website	topsurgery.net mtfsurgery.net		Information and resources

Dermatology & Hair Removal

Glen Crawford, MD	Philadelphia	215-898-8965	MA, Private
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The Institute Cosmetic Injections, Laser, & Aesthetic Medicine	Doylestown	215-230-1804	Self-pay
Spring House Med Spa	Spring House	215-301-1974 shmedspa@ymail.com	Self-pay
Christine McGinn, DO	New Hope	215-693-1199	Self-pay
Allentown Women's Center	Bethlehem	484-821-0821	Self-pay
Trans-cend Electrolysis	Philadelphia	267-225-7275	Self-pay
Department of Dermatology at UPenn	Philadelphia	1-800-789-PENN (7366)	Self-pay
Metro Laser	Philadelphia Exton	215-735-2737 484-875-9800	Self-pay
Main Line Health	mainlinehealth.org/locations	Nurse Navigator: 484-337-5329	MA, Private

Fertility				
Family Equality	Trans Family Building: familyequality.org/family-building/trans-family-building/		Educational resources related to fertility questions, concerns, and decision making for trans and non-binary people.	
Penn Fertility Clinic	Philadelphia, Wayne	800-789-7366	Self-pay	Sperm and egg freezing/storage
Jefferson University RMA	Philadelphia, King of Prussia, Langhorn, Willow Grove, & Mechanicsburg	855-762-4672		Sperm, egg, and embryo freezing/storage
Refuge Midwifery	Home visits	267-797-2190	Self-pay	Office at Inner Rhythms, Phil
Deanna Brasile, DO	Bryn Mawr	610-993-8200	Private, Self-pay	
Jacqueline Gutmann, MD	King of Prussia, Phila	215-9221556	Private, Self-pay	Infertility & Reproductive Endocrinology
Fairfax Cryobank	Philadelphia	Direct: 215-386-1977 Toll free: 800-338-3407		Sperm, egg, and embryo freezing and storage
Shady Grove Fertility	Several locations in PA, Maryland, Virginia, & Washington, D. C.	1-888-761-1967		Sperm and egg freezing/storage
Fertility Testing Laboratory & Sperm Bank	Philadelphia	215 922 3150		Sperm banking and storage
Maybe Baby at Therapy Center of Philadelphia	Philadelphia	215-567-1111 x 422	No fee	Support group for prospective parents

Gender Affirming Care Services

Legacy	National	givelegacy.com/	Some private out-of-state, self-pay	Mail service, sperm testing and freezing
Philly Family Pride	Philadelphia	philadelphiafamilypride.org	Events & support for LGBTQ parents, prospective parents and kids.	

Voice Training

Temple University Speech-Language-Hearing Center	Philadelphia	Lisa Melvin 215-204-4482	Free Clinic
Alyssa Giegerich Einstein Hospital	Philadelphia, Elkins Park	215-420-0989	MA, Private
West Chester University Speech and Hearing Clinic: "Your Voice Matters"	West Chester	610-436-3402 Jacki Johnson at jjohnson@wcupa.edu	Free Clinic
Rene Blaker	Doylestown	215-345-8682	Self-pay
Jessica Schwartz Resonate Voice & Speech Services LLC	Teletherapy	267-414-4930 resonatevoiceandspeech.com	Private insurance, Medicare, Self-pay
Main Line Health	mainlinehealth.org/locations	Nurse Navigator: 484-337-5329	MA, Private
Christella VoiceUp	Mobile App	Feminizing voice modification	Free + in-app purchases
Voice Pitch Analyzer	Mobile App	Track voice changes (does not provide voice modifications)	Free + in-app purchases
GenderLife	genderlife.com/voicetutor	Feminizing vocal resources	Free + paid features
Your Lessons Now	yourlessonsnow.com/trans-voice-training	Vocal training (feminizing and masculinizing)	Free resources + paid training
Prismatic Speech Services	prismaticspeech.com/services/tvt	Vocal training (feminizing and masculinizing)	Free resources + paid features

Legal & Advocacy

National Center for Transgender Equality	transequality.org ID Documents Center	Information and resources on trans rights and making legal changes. (Able to look up info by state.)
Trans LifeLine – ID Change Library	translifeline.org/resource/id-change-library/	Advocacy Library includes a database on how to make changes to legal documents based on your location and microgrants for financial assistance.
Trans Central PA – PA Name Change	transcentralpa.org/resources_Penn_Name_Change.cfm	Information on the name change process in PA.
TLDEF – Name Change Project	transgenderlegal.org/our-work/name-change-project/	Transgender Legal Defense & Education Fund provides pro bono legal name change services to low-income trans, gender non-conforming, and non-binary people.

Gender Affirming Care Services

Temple Name Change Project	facebook.com/templelawnamechange Contact us for referral (phone and email on first page)	Temple law student volunteers provide pro bono legal name change services to low-income trans, gender non-conforming, and non-binary people in Philadelphia.
Mazzoni Center Legal Services	215-563-0657 legalservices@mazzonicenter.org	1-866-LGBT-LAW (1-866-542-8529)
Eastern PA Trans Equity Project	484-602-5918 patransequity.org	Name change information, assistance, documents, and financial assistance
Philadelphia Legal Assistance	General Intake Hotline: 215-981-3800	philalegal.org/
Pennsylvania Legal Aid Network	palegalaid.net/legal-aid-providers-in-pa	Legal aid program search tool
Philadelphia Bully Hotline	215-400-7233 philasd.org/bullying	LGBTQI violence, harassment, and discrimination hotline for events occurring in the school system.

Housing

LGBTQ Home for Hope	Philadelphia	215-867-8885	Shelter for LGBTQ community lgbtqhomeforhope.wordpress.com/contact/
Project H.O.M.E.	Philadelphia	215-232-7272	Programs for permanent, subsidized housing. projecthome.org/
Project H.O.M.E. – Homeless Outreach Hotline	Philadelphia	215-232-1984	24/7 access to homeless services.
Morris Home	Philadelphia	215-729-3045	Drug & alcohol rehab for transgender individuals rhd.org/morrihome/
Pride, Valley Youth House	Philadelphia	215-925-3180	For youth experiencing homelessness or housing insecurity who identify as LGBTQ. 18-23 yo valleyyouthhouse.org/programs/lgbtq-services/pride/
Achieving Independence Center / Valley Youth House	Warminster & Bethlehem	215-574-9194	14-21 yo valleyyouthhouse.org/programs/life-skills-development/achieving-independence-center-aic/
Covenant House Hotline	National hotline	1-800-388-3888 info@covenanthouse.org	24/7 national hotline for homeless and runaway youth and families – provides crisis counseling and referrals. covenanthouse.org/homeless-charity/contact-us

Financial & Insurance

NCTE Health Coverage Guide	transequality.org/health-coverage-guide	Getting your health care covered: A guide for transgender people
TLDEF Trans Health Insurance Tutorial	transhealthproject.org/	Learn how insurance works and how to get trans health care coverage

Gender Affirming Care Services

HealthCare.gov Transgender Health Care	healthcare.gov/transgender-health-care/	Considerations for trans and gender diverse people accessing insurance through the Health Insurance Marketplace.
Pennsylvania Insurance Department	insurance.pa.gov/Coverage/Pages/Health-Insurance.aspx	Information on how to get health insurance in PA
Pennsylvania Medicaid	compass.state.pa.us/dhs.pa.gov/	COMPASS - Pennsylvania Medicaid eligibility and application DHS HealthChoices Plan Selection – Medical assistance options
GoodRx	goodrx.com	Find coupons for discounts on paying for medication out of pocket
NeedyMeds	needymeds.org	Prescription Assistance Program Trans/Gender Non-Confirming Assistance Programs
Trans Lifeline – Microgrants	translifeline.org/microgrants	Financial assistance for making changes to legal documents and for supplies for those who are incarcerated
Point of Pride – Trans Surgery Fund	pointofpride.org/annual-transgender-surgery-fund	Annual scholarship program for gender affirming surgeries
The Jim Collins Foundation	jimcollinsfoundation.org/apply	Grants for financial assistance for gender affirming surgeries
Dr. Rizi Nasele Bamaiyi’s Trans Surgery Grant	rizitimane.com/trans-surgery-scholarship-application/	Annual grant for financial assistance for gender affirming surgeries
Gender Bands	www.genderbands.org/grants	Annual grant for financial assistance for gender affirming surgeries
Trans Youth Resilience Fund	fight.org/programs/trans-youth-resilience-fund/	Philadelphia FIGHT provides direct financial assistance for trans and non-binary youth (≤ 25 yo)
Trans Needle Exchange	transneedles.org/	Free mail-in GAHT needle supplies
PA Public Utility Commission – Utility Assistance Programs	puc.pa.gov/about-the-puc/consumer-education/utility-assistance-programs/	If you live in a low-income household or are undergoing a hardship, you may qualify for support in paying utility bills.
Trans Lifeline – Work Resources	translifeline.org/resource/work/	Resources related to transitioning at work, finding affirming work environments, support networks, and your legal rights at work.
NCTE Know Your Rights – Employment	transequality.org/know-your-rights/employment-general	Information about your legal rights at work.
TransWork	transwork.org/	Connecting trans and non-binary job seekers and entrepreneurs to a network of supportive employers and business partners.

Gender Affirming Care Services

HRC – Transitioning in the Workplace	hrc.org/resources/transitioning-in-the-workplace-a-guide-for-trans-employees	Human Rights Campaign “Transitioning in the Workplace: A Guide for Trans Employees”
University of Pennsylvania – Career Services	Blog Post	“Practical Advice for Transgender and Nonbinary Folks Navigating the Job Search” (11/20/2020)

Family/Ally Education & Support

Trans Lifeline – Ally Education	Supporting a Trans Loved One Glossary of Terms & Definitions	Resources and support for family members and others looking to support a trans loved one.
Gender Spectrum – Understanding Gender	genderspectrum.org/articles/understanding-gender	Understanding how gender understandings and experiences evolve.
TransHub – Information for Allies	transhub.org.au/allies/	Informational support for allies of trans people, including specifically for family/caregivers.

Gender Expression & Attire

Trans Lifeline Social Transition Resources	translifeline.org/resource/social-transition/	Resources: apps, chest binding, clothes, hair, names & pronouns, prosthetics, undergarments, voice training
Bebashi Transition to Hope Trans Necessities Closet	bebashi.org/lgbtqai-services/	Obtain clothing, wigs, prosthetic breasts, binders and other necessities.
Prevention Meets Fashion	preventionmeetsfashion.org/resources	Affirming fashion stores and thrift/consignment stores.
Chest Binding 101	transguys.com/features/chest-binding	How to chest bind safely
How to Tuck & Tape	wikihow.com/Tuck-and-Tape	How to tuck and untuck safely
Autostraddle: So, You’re a Trans Woman Looking for a Bra	autostraddle.com/so-youre-a-trans-woman-looking-for-a-bra-226325/	Guidance on picking out and finding bras
Strands for Trans	strandsfortrans.com/	Registry of Trans-Friendly Barbershops & Hair Salons
Point of Pride	pointofpride.org/free-chest-binders	Free chest binders
Underworks	underworks.com/extreme-series-compression	Compression clothing
TomboyX	tomboyx.com/	Affirming clothing

We considered these resources to be helpful to the transgender and non-binary community when we compiled the list; neither PPSP nor its employees warrants or assumes any legal liability or responsibility for the accuracy, completeness, or usefulness of any information, apparatus, product, or processes disclosed or provided on these sites, or for updated information or changes made to these sites.

Last updated: 11/22

Gender Affirming Care Services

Beefcake Swimwear	beefcakeswimwear.com/	Affirming swimwear
Origami Customs	origamicustoms.com/	Custom clothing by and for trans people
L.L.Bean swimwear	llbean.com/	Femme swimwear with fuller coverage options
Tomboy Toes	tomboytoes.com/	Masculine dress shoes in a range of sizes