

Access

Planned Parenthood® of Indiana

Summer/Fall 2010

Politics, Pills and Personhood

How far have we really come?

The 50th anniversary of the pill is at hand and coverage across the country has been abundant. The fact that one tiny pill could cause so much controversy in 1960 was surprising to many. Yet, even today, the pill still causes quite a stir.

The U.S. Food and Drug Administration (FDA) Advisory Committee voted to approve the use of the first birth control pill on May 9, 1960. The pill was formally approved as an oral contraceptive by the FDA on June 23, 1960.

“I’ve seen the truly uplifting effect that access to birth control has had for women and families in Indiana,” said Planned Parenthood of Indiana (PPIN) President and CEO Betty Cockrum. “Before the pill was approved, it was unimaginable that a Hoosier woman would be able to decide when and if she began a family. We now take this right for granted. Before 1960, Midwestern women had very few options when it came to family planning. While we have come far since those days, just how far is debatable.”

So, how far have we really come in the fight for family planning? On one hand, the pill was a game-changer in women’s lives. Since the FDA’s approval of the pill, the number of women who die each year as a result of pregnancy has dropped by half. During that same period, there has been a threefold decline in infant deaths. The number of unplanned pregnancies has also declined. And, as access to contraceptives has increased, the rate of abortion has decreased.

The pill provided an unprecedented level of control over when and if a woman became a mother, ushering in a new era of opportunities for women to pursue educa-

tional and career goals their foremothers couldn’t imagine and their daughters take for granted.

On the other hand, many women still do not have ready access to the pill. Not all insurance companies cover it, and affordable contraceptives are hard to come by in many communities. Then, there is the issue of “personhood.” This new extremist position is gaining traction across the country and causing PPIN and those who support family planning to truly scratch their heads.

Over the past two years, amendments have been offered in seven states that would define a fertilized egg as a “person,” which would force a ban on many common and life-saving medical treatments, including some forms of birth control, cancer and infertility treatments, and abortion, even in cases of rape and incest.

Essentially, family planning foes would like a fertilized egg (implanted or not) to have all the same rights as a living, breathing person. This definition goes against standard medical guidelines, the beliefs of many religions and is a direct attack on birth control.

“If this twisted logic takes hold and the rights of the fetus are equal to or supersede those of the woman, we face a very slippery slope,” said PPIN Vice President of Education and Public Policy Margaret Lawrence Banning. “Women who miscarry could be brought to trial. Pregnant women may have to forgo treatment for diabetes or other diseases. And, ultimately we lose sight of what is really important—access to health care and prevention—so women and families can lead healthy lives.”



The pill celebrates 50 years.

While the FDA’s approval of the pill has contributed to more rights for women, extremist views such as the “personhood” debate remain, which could revoke the rights fought for and won over the past 50 years.

For more information on how you can support PPIN’s work in family planning and prevention, visit www.ppin.org.

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Message from the President and CEO

New Educator Joins PPIN Team in Fort Wayne

PPIN is pleased to announce the appointment of Jessica Marquart as the new educator in Fort Wayne and the Northeastern area of the state. Marquart follows in the footsteps of the recently-retired Judy Harris, who represented PPIN as the Fort Wayne-area educator for eight years.

A native of the Fort Wayne area, Marquart comes to PPIN with an extensive background in education and nonprofit work. Most recently, she served as the community life coordinator for Your Friends & Neighbors.

A graduate of the University of Indianapolis with a bachelor degree in social work, Marquart will use her experiential and educational backgrounds to further expand the peer education program in Fort Wayne. She will also continue to develop educational programs to increase awareness for and communication about reproductive health and sexuality topics.

To learn more about education programs in your area, call (317) 637-4140 or e-mail askme@ppin.org.



Betty Cockrum
President & CEO

It's been a difficult year. And, it's been a satisfying one.

Indiana's economy continues to waver. An increasing number of young people are at risk for disease; more are unexpectedly becoming parents—compromising their education and future. Thus, the cycle of poverty continues.

Like our patients, we have faced many obstacles this year—the most significant being a loss of about \$1 million in federal funding. We had to make some tough decisions. And, we are emerging stronger than ever. Your support keeps us strong!

We adjusted our services to meet the needs of our patients, turned protests into fundraising opportunities and transformed a loss of funding into an organizational and budgetary structure aimed at building a solid foundation now and for the future.

Last fall, PPIN launched its half-price pills campaign, which has been an overwhelming success. Women may now simplify their lives with our \$12 pills, which allow us to be an affordable, one-stop shop for patients. We are providing more services through our HOPE program, which allows women to receive birth control without a full exam if they meet certain health requirements—helping women access services at about half the cost. And, we recently offered half-price HIV testing in Marion County, courtesy of the Indiana AIDS Fund, and half-price sexually transmitted disease (STD) testing in Lafayette and Muncie in conjunction with Planned Parenthood Federation of America's (PPFA) *GYT: Get Yourself Tested* campaign.

Our education and outreach efforts continue to build and expand. We have begun a new relationship with the Jobs for America's Graduates program, allowing us to expand our peer education program in Indianapolis. Our advocacy base gets stronger by the minute with student and community groups in eight cities around the state.

We continue to face challenges in finding a new health center location in Gary. We will not give up! Our health centers on the Southside of Indianapolis and in Seymour have been relocated, and our Michigan City health center received upgrades. Volunteers also pulled together in Columbus to give the local health center some much-needed TLC with paint and other fine touches.

In terms of fundraising, we have been incredibly fortunate to receive some remarkable grants this year. The most recent was a grant—the highest ever granted—for security improvements from our national office, PPFA.

We are proud of our accomplishments. And, we thank you for all you do to support PPIN. Without you, we would not be here. And without us, tens of thousands of Hoosiers would go without quality, affordable health care.

Thank you for your support—through the good times and the bad.

Betty Cockrum, President & CEO

P.S. The end of our fiscal year is quickly approaching. If you have not yet made a gift, please consider one by June 30, 2010. We've even included an envelope for your convenience. Or, you may donate online at www.ppin.org.

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Events Calendar

<p>Pride Month, June</p> <p>PPIN staff will show support for LGBT rights by participating in Pride events around the state. For details, e-mail askme@ppin.org.</p>	<p>PPYL Summer Soiree, July 15</p> <p>Learn about what is in store for Planned Parenthood Young Leaders (PPYL) in 2010. For details, e-mail ppyl@ppin.org.</p>	<p>Facebook Book Club, July 19</p> <p>PPIN will host its second virtual Book Club event. For details, e-mail advocates@ppin.org.</p>	<p>Black Expo Summer Celebrations, July - August</p> <p>PPIN staff will be participating in Black Expo events around the state. For details, e-mail askme@ppin.org.</p>
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PPIN Board Chair Claudette Einhorn (left) joined PPFPA President Cecile Richards, PPIN President and CEO Betty Cockrum and 2011 Honorary Event Chair Deborah J. Simon for the *Gathering of Goddesses and Gods* event on May 8.

2010 *Gathering of Goddesses and Gods*

Nearly 550 goddesses and gods gathered for an evening of pampering and partying for prevention on May 8 at PPIN's seventh annual *Gathering of Goddesses and Gods*. Special guest Cecile Richards, PPFPA president, was on hand for the evening. Net proceeds from the event were more than \$130,000—a 20 percent increase over the previous record!

"This year's event coincided with the 50th anniversary of the birth control pill," said PPIN President and CEO Betty Cockrum. "What better way to mark that occasion than to raise funds so more women have access to birth control and are able to decide if and when to



PPIN staff members (left to right) Bev Hehe, Lynda Ziegler, Linda Hamilton-Wright and Christina Bailey came together for the *Columbus Open House* on April 17.

start a family?"

Gathering of Goddesses and Gods benefits PPIN's Women's Health Fund, which assists low-income women and men with critical reproductive health services, including Pap tests, breast exams, STD testing and treatment, and birth control.

Indianapolis' quintessential volunteer Claudette Einhorn and her husband Dr. Larry Einhorn, one of the country's leading cancer physicians, chaired the event, which was sponsored by Cummins and Nuvo.

Columbus Health Center Tour and Open House

As a thank you to community donors and volunteers, Columbus health center staff hosted an open house on April 17.

Donors such as the Unitarian Universalist Church were recognized for their continued support of the local PPIN health center. PPIN Columbus Educator Christina Bailey took guests on a tour of the updated center to show what their dollars and time helped create.

During the Columbus Open House, Health Center Assistant Bev Hehe was recognized for her 25 years of service to PPIN.

Thank you to all the local donors and volunteers for helping to improve the Columbus health center. If you would like to make a gift to support your local

health center, contact the development department at (317) 637-4301 or development@ppin.org.

Free Pap Day Recap

Each year, PPIN helps share the message of the importance of women's health by participating in National Women's Health Week, May 9 to

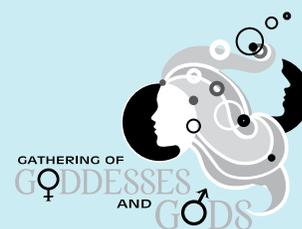
15.

In an effort to provide services to those most in need, several PPIN health centers hosted a Free Pap Day during this important week. Pap tests, which are part of gynecological exams, can detect the presence of abnormal cells in the cervix that may become cancer.

"Of the women diagnosed with invasive cervical cancer each year, between 60 and 80 percent have not had a Pap test in the last five years," said PPIN Vice President of Patient Services Liz Carroll. "PPIN's Free Pap Days help women in need access this crucial test to keep them healthy."

This year, nearly 400 free Pap tests were performed at 19 PPIN health centers around the state.

Save the Date



April 16, 2011

Downtown Indianapolis

Honorary Chair: Deborah J. Simon

If you're interested in serving on a committee or being a vendor, e-mail goddesses@ppin.org.



In the News

PPIN Promotes Comprehensive Sexuality Education in Schools

PPIN educators around Indiana have been busy providing comprehensive sexuality education in schools.

A new three-year partnership was created with Harmony High School in Bloomington. PPIN Bloomington Educator Larisa Niles-Carnes led a Y.E.S. Peer Education program for eight eighth-grade students who received class credit and 25 hours of sexuality education.

A similar program has taken place in the Northwest region of the state, where KIPP Lead College Prep School and Gary Lighthouse Charter School have contracted with PPIN Educator Lori Johns Diallo to teach students about the importance of reproductive health. The Gary Lighthouse Charter School's ninth-graders received ten sessions and KIPP's eighth-grade students received eight sessions that utilized the *Our Whole Lives* curriculum.

In Indianapolis, Director of Education Leslie Montgomery and Educator and Resource Coordinator Kristopher Posthuma recently completed an eight-session program with all sixth-graders at Shortridge Middle School.

Age-appropriate lesson plans were developed for each group, with discussion topics ranging from healthy relationships, body image and self-esteem to abstinence, birth control and STD prevention. In an effort to make the lessons all-encompassing, PPIN educators spoke about other relevant sexuality health topics such as homophobia, tolerance, gender, puberty and reproductive anatomy.

Teachers and students are finding value in these sexuality education programs. When asked about the Harmony High

School program, Science Teacher Ursina Hastings-Heinz stated, "The knowledge and information that you give to my students is invaluable, and they appreciate you so much. You really get through to them when other people can't."

Gary Lighthouse Charter School Parents' Meeting



PPIN educators host sexuality education programs around the state, including a Parents' Meeting at the Lighthouse Charter School.

In order to meet the growing needs of schools looking for evidence-based and comprehensive programming, the next step will be to train faculty and staff to teach the material.

To learn more about PPIN education trainings and programs available in your area, e-mail

education@ppin.org.

Local Ordinances Threaten Reproductive Rights

Two Indiana communities recently approved ordinances that concern PPIN. The Allen County Commissioners voted to approve a compromise "patient safety" ordinance, and the Griffith Town Council voted to make it harder for organizations like PPIN to locate facilities in the community.

In Allen County, the ordinance was initially drafted to require only abortion doctors to obtain admitting privileges at hospitals within the county or an adjacent county, which can be difficult to do. The final ordinance regulates many more procedures and medical providers, creating unnecessary barriers. While PPIN does not perform abortions in Allen County and would be unaffected by this measure, the organization believes it sets a dangerous, and possibly illegal, precedent that could be followed by other counties seeking to limit or eliminate legal abortions. Vanderburgh and Dubois counties passed similar ordinances in 2008.

In Griffith, the Town Council adopted two ordinances to make it more difficult for medical facilities or nonprofits like

PPIN to move into the community without gaining special permits.

To learn about legislation in your area

PPIN Offers Program to Help Meet New Pap Test Guidelines

The American College of Obstetricians and Gynecologists (ACOG) recently revised its recommendations for Pap tests. The new recommendations, now being followed at PPIN health centers, should help busy women better maintain their health.

ACOG now recommends that women delay their first Pap test until age 21. The group also says women between the ages of 21 and 29 should be screened every two years, and women 30 and older who have had three consecutive, normal Pap tests and no history of seriously abnormal findings should be screened every three years.

Regular Pap tests are still important, but they don't have to be performed annually on every woman. Pap tests can detect the presence of abnormal cells in the cervix that may become cancer. According to the American Cancer Society, there were an estimated 220 new cervical cancer cases in Indiana in 2009. The good news is that when cervical cancer is found and treated early, it can often be cured.

PPIN has a program that can help women meet the new guidelines and still get the birth control they need without a Pap test. PPIN's HOPE program allows women to get birth control without an exam, which is a more cost-effective option. Participants must meet certain physical guidelines to qualify.

To find out more about the HOPE program, contact the health center nearest you by calling 1-800-230-PLAN or visiting www.ppin.org.



or to become involved, visit advocates.ppin.org.

PPAI Remains Present During Elections

The 2010 Indiana General Assembly (IGA) session reaffirmed the importance of the upcoming elections for the health and well-being of women, men and families. Legislation to de-fund PPIN was introduced and continues to be a topic of discussion among extremist groups. Although the legislation did not pass this year, political hopefuls used strident and misleading rhetoric to solicit anti-choice Political Action Committee endorsements.

In response, Planned Parenthood Advocates of Indiana (PPAI) worked hard to encourage voters to participate in the 2010 Indiana primary election on May 4. Throughout March and April, PPAI activists in Indianapolis and Bloomington set up voter registration stations at businesses around their communities and within PPIN health centers.

On Nov. 2, Election Day will be vital as voters decide who will control the state legislature for the next decade. The party in control in 2011 will draw the maps for all 150 legislative districts. That will then largely determine which party will prevail in elections until 2022. If the state legislature is led by those with an anti-Planned Parenthood agenda, legislation PPAI has fought against for so long will likely move through to the Governor's desk, and reproductive health care runs the chance of being restricted by many more barriers and governmental intrusions.

PPAI will continue to raise awareness of and support for pro-family planning

Sign up to receive
PPIN's e-newsletter!

E-mail askme@ppin.org

PPIN Recognizes American Heart Month and Honors Employee

Did you know that PPIN performs cholesterol tests? The service was highlighted in health centers around the state in February as part of American Heart Month. PPIN offered reduced-price cholesterol tests for only \$5 at 19 health centers throughout the month.

Heart disease is the number one killer of women in the United States. An alarming 90 percent of women have one or more risk factors for heart disease. One of the main risk factors, high cholesterol, can be controlled and treated. Cholesterol can build up in the walls of the arteries, reduce blood flow, and lead to a heart attack or stroke. Many people have high cholesterol and don't know it, which is

why testing is so important.

The discounted testing was also in honor of Merrillville health center employee Jori Smith, who died unexpectedly in December at the age of 35. Jori was active, vibrant



Jori Smith
1974 - 2009

and full of life. It was a huge loss to the PPIN family and to her relatives, including her young daughter. Because of Jori's dedication to the organization, PPIN staff felt it was important to remember her with this positive campaign.

A total of 48 Hoosiers took advantage of the testing in February. To put that into perspective, PPIN only performed 95 tests all of last year.

candidates. Your help is urgently needed! To get involved, e-mail advocates@ppin.org.

PPIN Helps GYT

During the month of April, PPIN joined MTV, the Kaiser Family Foundation and the Centers for Disease Control and Prevention to promote this year's GYT: *Get Yourself Tested* campaign.

The goal of this nationwide campaign was to promote safer sexual health practices among young people. In an effort to further spread the message of STD awareness and safer sex practices, this year's campaign had an additional message of "Get Yourself Talking."

In addition to breaking down barriers and removing stigmas to young people getting tested regularly for STDs, GYT stressed the importance of young people talking openly with their families and partners when it comes to reproductive and sexual



Terra showed support for GYT and her daughter Kyra by getting tested during a Free GYT Peer Ed Testing Day in Indianapolis.

health.

PPIN played its part in this year's activities, hosting condom crawls in Bloomington, Indianapolis and St. Joseph County, as well as offering Free GYT Testing Days to PPIN peer educators.

In addition to peer educator testing days, half-price STD testing days were offered in Lafayette and Muncie to patients wanting to be tested.

In conjunction with GYT, PPIN health centers performed 2,345 chlamydia, 2,342 gonorrhea and 642 HIV tests during the month of April.

With one in two sexually active young people contracting an STD by age 25, the importance of regular testing remains paramount. To find a PPIN health center near you, visit www.ppin.org or call 1-800-230-PLAN.



Support, Strengthen & Stand

Protestors Help Raise Funds for PPIN

On many Sundays and holidays, anti-Planned Parenthood activists stage protests outside the homes of PPIN staff members and supporters. Now, an innovative counter-measure is converting those protests into much-needed funds for preventive health care. Through advance pledges and a matching gift of \$10,000, PPIN has, to date, raised more than \$25,000 in cash from 44 donors.

“Every time the protestors show up, they are helping us raise more money to do more good,”



said PPIN Vice President of Development and Communications Chrystal Struben. “Sadly though, many of them have no idea what they’re really protesting—prevention.”

Those who protest PPIN are really protesting: 43,281 Pap tests to detect cervical cancer; 42,000 screenings for STDs; 23,000 pregnancy tests and counseling sessions to discuss all options; 260,000 patient visits to discuss health and responsible decision-making; and countless abstinence-plus sexuality education programs. And yes, 5,000 safe and legal abortions that might have been prevented with more education and more access to birth control.

“For too long, six percent of PPIN’s services

(abortion) have gotten 94 percent of the attention,” said PPIN President and CEO Betty Cockrum. “This program turns that around for the good! Every dollar raised helps us prevent unintended pregnancy, the spread of disease and helps reduce the need for abortion.”

Individuals may make a pledge per protest or a one-time donation to this program. To make a donation to PPIN’s Pledge-A-Protest program, visit www.ppin.org.

All proceeds underwrite PPIN’s preventive health care efforts.

Health Care Reform Passes on Capitol Hill

The battle for health care reform on Capitol Hill ensued for more than a year, and pro-Planned Parenthood advocates made their voices heard across the nation by generating 650,000 e-mails, 39,184 calls and sending 32,520 postcards and petitions to Congress. It came down to a final vote, but when it mattered most, Democratic Indiana delegates voted in support of the Patient Protection and Affordable Care Act (health care reform), and President Obama signed it into law.

Supporters were successful in ensuring that the bill expanded access to Medicaid family-planning services to millions more women and included the Women’s Health Amendment, guaranteeing women access to preventive health care coverage at zero cost-sharing. Pre-existing condition exclusions, such as pregnancy, were banned.

Additionally, health care reform will provide for a new \$75 million per year funding stream for states to provide evidence-based sexuality education.

While the Stupak ban did not prevail, the Nelson provision did, thus requiring health plans that cover abortion to collect two payments from all enrollees—one payment for abortion coverage and one payment for all other coverage.

This requirement will create an overly burdensome challenge which could discourage insurance providers from offering abortion

Volunteer Spotlight: Lisa Jackson

The annual *Gathering of Goddesses and Gods*, which wrapped up in early May, was a smashing success. The success of this event is due, in no small part, to the many volunteers and committees who dedicated their time and energy for several months out of the year to plan the event.

Five years ago Lisa Jackson attended her first *Gathering of Goddesses and Gods*. With the energy high, she committed to volunteering for the following year’s event before the night was through. She’s been involved ever since.

Jackson’s role, which began as a volunteer on the Auction Committee, has evolved to serving on the event’s Host Committee, where big picture decisions from DJ and dancing to dessert and décor are made, and as the Auction Committee chair, where she has led and



Lisa Jackson, *Gathering of Goddesses and Gods Auction Chair*

motivated volunteers in order to acquire unique auction items and packages.

Jackson’s leadership of the committee and tenacity in solicitation of auction items made this year’s auction the best one yet.

According to Jackson, “It’s always a lot of fun, a little stress and a big adventure to see it all come together.”

Her hard work each year is underscored by her commitment to the cause. “I really believe in what PPIN does for health care, personal dignity and the women’s rights they continue to protect,” stated Jackson. “I cannot imagine living in this country without an organization like Planned Parenthood, and I hope that what I do (and what the legions of volunteers do) will keep this organization strong and vibrant.”

It’s hard to imagine a *Gathering of Goddesses and Gods* without Jackson. Thank you, Lisa, and all of the volunteers, for all that you do!

“I cannot imagine living in this country without an organization like Planned Parenthood...”

- Lisa Jackson



Politics, Prosecco and Pastries

PPIN supporters and friends gathered at the home of *Gathering of Goddesses and Gods* sponsor and City-County Councilwoman Jackie Nytes for a pre-Goddesses event on May 8.

The exclusive gathering allowed guests to get up close and personal with this year's *Gathering of Goddesses and Gods* guest speaker, PPFA President Cecile Richards.

The event was hosted by Nytes and her husband Michael O'Brien and under-



PPFA President Cecile Richards (left) talks politics with PPIN supporter Leslie Barnes.

coverage. Moreover, since women do not plan to have an abortion, it is unlikely they will purchase abortion coverage for a procedure they may never need.

This legislation represents a major step forward for women's health, taking its place in American history alongside passage of the Medicare and Medicaid bills. PPIN would like to thank all of you who made the passage possible.

Nina Mason Pulliam Charitable Trust

This spring, PPIN received a \$150,000 award from the Nina Mason Pulliam Charitable Trust for general operating support of the organization's Marion County



PPIN Board Chair Claudette Einborn (left) joins PPIN Board Member Alice Schloss, PPIN President and CEO Betty Cockrum, PPFA President Cecile Richards and Councilwoman Jackie Nytes for a pre-Goddesses event on May 8.

written by PPIN Board Member Alice Schloss.

During the event, Richards and PPIN President and CEO Betty Cockrum spoke about the recent victories and continuing challenges on the national and state political scenes. Both women also underscored the importance of the Nov. 2 elections and the ongoing struggle to provide affordable birth control.

Richards shared insight into the national health care reform debate and spoke candidly about the behind-the-scenes negotiations she has been involved in over the past year.

health centers. With the generous support of the Nina Mason Pulliam Charitable Trust, women and men in central Indiana will continue to have access to critical reproductive health care and educational resources they might not otherwise be able to afford.

PPIN will use grant funding for pharmaceuticals and supplies necessary for direct patient care, such as contraceptives, lab supplies and urine-based screenings. Funds will also be used to supplement the Women's Health Fund, allowing more women and men access to reduced-cost or free exams, cancer screenings, STD testing and treatment, and birth control.

Founded in 1998 after the death of Nina Mason Pulliam, the Trust seeks to help

people in need, especially women, children and families; to protect animals and nature; and to enrich community life in the metropolitan areas of Indianapolis and Phoenix.

PPIN is appreciative of this generous grant award. Thank you to the Trust for its continued support!

PAC Parties Take Place Around the State

PPAI's Political Action Committee (PAC) has seen a new level of engagement from supporters this year. PPAI activists and donors have taken the lead in spearheading fundraising events while creating "grass-top" relationships with officials running for re-election and hopefuls attempting to break into elected office.

PPIN Community Action Boards (CABs) are leading the way in this charge. CAB groups in Fort Wayne and Lafayette hosted house parties, which raised nearly \$3,000. In Indianapolis, supporters—including a college-aged group—raised nearly \$1,600!

In addition to being financially successful, these events provided an opportunity for guests to discuss local and national politics, activism and reproductive health issues. It's clear that supporters have chosen to support the PAC because they care about access to reproductive health care, not just for themselves but for their state.

To locate a CAB in your area or for more information on the PAC, e-mail advocates@ppin.org.

Take Action! Get Involved!

Sign up for the Planned Parenthood Action Network and get the latest PPIN news.

Visit takeaction.ppin.org.



Center Locations

- Avon
- Bedford
- Bloomington
- Columbus
- East Chicago
- Elkhart
- Evansville
- Fort Wayne
- Gary
- Hammond
- Indianapolis:
 - Castleton
 - Eastside
 - Midtown
 - Southside
 - Georgetown at 86th
- Lafayette
- Madison
- Merrillville
- Michigan City
- Mishawaka
- Muncie
- New Albany
- Richmond
- Scottsburg
- Seymour
- Terre Haute
- Valparaiso
- Warsaw

**SAVE TIME. SAVE MONEY.
GET BIRTH
CONTROL
WITHOUT AN
EXAM!
WE CAN HELP!
ASK ABOUT OUR HOPE PROGRAM.**



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