

PRE-ABORTION INSTRUCTIONS

ALL PATIENTS

- Are required by the state of Pennsylvania to attend an information session at least 24 hours prior to their abortion.
- If you are **under 18, a parent or legal guardian must attend this session with you**, and sign a consent form. If this is not possible, **judicial bypass** is available. If you need help making these arrangements, please ask our center staff.
- For the safety and comfort of all patients:
 - **FOOD, DRINK, LARGE BAGS, WEAPONS** are **not permitted** in the center
 - **CHILDREN** and **INFANTS** are **not allowed** in the center. Please make childcare arrangements.

WHAT TO BRING:

- **Your payment.** Payment is expected at the time of service. We accept cash (exact fee only), credit card (Visa, MasterCard, American Express, and Discover), money order, and certified check. We do not accept personal checks. If you are using someone else's credit card, the Cardholder must be present at your appointment with ID matching the name on the card.
- **Your insurance card**, if using. Some insurance is accepted as payment, but must be verified prior to your appointment date. We recommend that you contact your insurance company to confirm your eligibility and benefits.
- **Your Photo ID.** Photo identification (ID) with your picture and date of birth is required.

HOW TO PREPARE:

Take a bath or a shower before the appointment.

Make sure that you have a thermometer at home; you will need this for care after the procedure.

Prepare to spend about **3 to 6 hours** in the center. You will have an ultrasound, lab work, and education session and birth control consultations before seeing the doctor.

Wear comfortable clothing, layers and underwear that can support a pad. For surgical procedures, bring an extra pair of underwear.

You may bring **one** support person with you. This is required if you are receiving IV sedation and in that case, this person must be in the building before you receive medication and they must drive you home.

Medications for certain conditions can be taken. Discuss with our staff prior to your appointment.

>>>> See reverse side for additional instructions <<<<

For Patients Having Medication Abortion

“Medication Abortion” means that you chose to take pills to end your pregnancy.

- There are **NO** eating restrictions prior to your appointment, and in fact we suggest that you have a light meal before you come to the center. There is no eating or drinking while in the center.

For Patients Having Local Anesthesia

“Local” Anesthesia means that you chose to be awake during your procedure. You will have a numbing medicine injected into your cervix to help decrease any discomfort during the procedure.

- There are **NO** eating restrictions prior to your appointment, and in fact we suggest that you have a light meal before you come to the center. There is no eating or drinking while in the center.
- Although not required, you may want to arrange to have someone take you home after your procedure.

For Patients Having IV Sedation/ Moderate Sedation

“IV Sedation or Moderate Sedation” means that you chose to have IV medicine that makes you sleepy, relaxed, and decreases any discomfort during your procedure. You will NOT be totally asleep.

THE IV SEDATION INSTRUCTIONS BELOW ARE FOR YOUR SAFETY. IF YOU ARE NOT ABLE TO FOLLOW THESE INSTRUCTIONS, YOU MAY NOT BE ABLE TO RECEIVE IV SEDATION, OR YOUR APPOINTMENT MAY BE RESCHEDULED

- **DO NOT EAT, DRINK or SMOKE ANYTHING for 6 hours before** your appointment, including gum and candy. The last meal you eat at the six hour mark should be a light one: toast with water, non-pulp juice, tea, soda, Jell-O or popsicles. This means, if your appointment is at 9:00 am, you may eat/drink no later than 3:00 a.m.
- Based on guidance from our center staff, you will take medications for certain conditions as prescribed or up to **2 hours before your appointment** with a **sip** of water.
- We **WILL NOT** provide sedation unless your **support person** is present and we **CANNOT** allow you to leave the clinic alone; this is an absolute requirement.

We're here to help. If you have any questions, please call us at any of the numbers below.

Surgical Locust	1144 Locust St. Philadelphia, PA 19107	215-351-5550
Surgical Far Northeast	2751 Comly Rd. Philadelphia, PA 19159	215-464-2225
Surgical West Chester	8 S. Wayne St. West Chester, PA 19382	610-692-1770
Surgical Norristown	1221 Powell St. Norristown, PA 19401	610-279-6095

Thank you for choosing Planned Parenthood