

# Gender Affirming Hormone Therapy Referral List – Eastern MA

For More Info:

Visit: [PPLM.org](http://PPLM.org)

Call Us: 800-258-4448

Sexual Health Counseling & Referral Hotline: 800-258-4448 option 3

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Planned Parenthood League of Massachusetts

## Community Support

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
SRS/Surgery Resources	Trans Healthcare - SRS Surgeon Directory	Online resource database of surgeons who perform: Body Sculpting, Breast Augmentation, Buttock Augmentation, Clitoroplasty, FFS, FMS, Glansplasty, Hair Grafting, Hysterectomy, Labiaplasty, Metoidioplasty, Orchiectomy, Penile Implant, Phalloplasty, Reconstructive Urology, Scrotoplasty, Top Surgery, Tracheal Shave, Urethroplasty, Vaginectomy, Vaginoplasty, Voice Feminization Surgery	<a href="http://www.transhealthcare.org/">http://www.transhealthcare.org/</a>	Online
Trans-competent referrals for a large range of services	LGBTResources.net	Online resource that includes locations in MA that are trans-competent for: Acupuncture, Birthing, Bottom Surgery, Cosmetics, Counseling Centers, Endocrinologists, Group Practice, Gynecology, HIV testing, Hysterectomy, Licensed Clinical Social Worker, Licensed Marriage Family Therapist, Licensed Master Social Worker, Licensed Mental Health Counselor, Massage Therapist, Naturopathy, Nurse Practitioner, Peer Specialist, Primary Care, Psychiatry, Psychologist, Reconstructive Surgery, Speech Pathologist, Top Surgery	<a href="https://lgbtresources.net/trans-competent-providers/">https://lgbtresources.net/trans-competent-providers/</a>	Online

Trans-competent referrals for a large range of services	Transcaresite.org	Online resource that includes: Therapists, Substance Abuse/Detox, Hair Removal, Mental & Behavioral Health, Endocrinology, Pediatrics, Primary Care, Surgery, Vocal Coaching, Internal Medicine, Assisted Reproduction, Gynecology, Oncology, Mammograms, Dermatology, Urology, Legal Services, Chiropractic, Life coaching	<a href="http://transcaresite.org/?frm_display=full&amp;pstate=MA&amp;country=&amp;frm_search=">http://transcaresite.org/?frm_display=full&amp;pstate=MA&amp;country=&amp;frm_search=</a>	Online
Trans-competent referrals for a large range of services- New England	New England Gender CARE	Online resource that includes information about gender-affirming services offered by hospitals and community health centers in New England	<a href="http://negendercare.org/">http://negendercare.org/</a>	Online
Binders and Breast Inserts	Point of Pride	Provides new or gently-used chest binders (specially-designed chest compression garments) for free to any trans person who is in need and cannot afford or safely obtain one	<a href="https://pointofpride.org/chest-binder-donations/">https://pointofpride.org/chest-binder-donations/</a>	Online
Financial Assistance	Jim Collins Foundation	Grant application to fund gender-affirming surgeries and services	<a href="https://jimcollinsfoundation.org/">https://jimcollinsfoundation.org/</a>	Online application

<p>Trans-competent referrals for a large range of services</p>	<p>MASSTPC Wiki</p>	<p>Online portal that includes resources: Clinics, Dentists, Domestic Violence/Sexual Assault, Electrolysis/Laser Hair Removal, Endocrinologists, Family Medical, Financial, Fitness and Gyms, Obstetrics &amp; Gynecology, HIV Prevention and Services, Holistic/Alternative Medicine/Chiropractic, Hospitals, Insurance, Needle Disposal, Nutrition and Wellness, Primary Care Doctors, Primary Care, Pediatricians, Reproductive Options, Substance Abuse, Surgeons, Therapists, Veterans Health Care, Wills &amp; Directives</p>	<p><a href="https://www.masstpc.org/media/wiki/index.php?title=MTROLwiki:Community_Portal#Health_Resources">https://www.masstpc.org/media/wiki/index.php?title=MTROLwiki:Community_Portal#Health_Resources</a></p>	<p>Online</p>
<p>Trans-competent referrals for a large range of services- New England</p>	<p>Compass Transmasculine Resources</p>	<p>Online portal with transmasculine focused resources in New England including: Legal Support, Inclusive Career Recruitment, Surgery Advice, Medical Resources, Therapists, Financial Assistance for Surgery, PCPs, Urologists, Acupuncturists, Chiropractors, Medical Tattooing, Dermatologists, Physical Therapy</p>	<p><a href="http://www.compassftm.org/resources.html">http://www.compassftm.org/resources.html</a></p>	<p>Online</p>

Community Support- Weekly Events List	The List; Boston's Queer Agenda	Weekly email calendar of events, monthly email for housing needs and offers, and monthly classified postings	<a href="http://www.queeragenda.org/#betheagenda">http://www.queeragenda.org/#betheagenda</a>	Subscribe to mailing list online
Community Support - FB	Queer Exchange Boston	Page for exchanging goods and services, recommendations, finding events, housing options, and discussion	<a href="https://www.facebook.com/groups/1378616042364892/">https://www.facebook.com/groups/1378616042364892/</a>	Moderated – must request access
Community Support - FB	Trans Exchange Boston	Page for exchanging goods and services, recommendations, finding events, housing options, and discussion	<a href="https://www.facebook.com/groups/324044368003699/">https://www.facebook.com/groups/324044368003699/</a>	Moderated – must request access
Community Support	Transitions, BHCHP Transgender Program	Free weekly peer support group offering resources, community advocacy, film screenings, discussions, and snacks	Welch Annex Jean Yawkey Place, 780 Albany St, Boston, MA 02118  (857) 654-1635	Meets every Thursday from 5 PM- 6:45 PM
Community Support-Cambridge	LGBTQ+ Commission of Cambridge	City-sponsored commission working to promote LGBTQ+ policies and advocacy in Cambridge, website contains events and resources	<a href="https://www.cambridgema.gov/Departments/LGBTQPlusCommission">https://www.cambridgema.gov/Departments/LGBTQPlusCommission</a>	Online
Community Support-Greater Boston	Greater Boston PFLAG	Organization for friends, family, and members of the LGBTQ+ community with programs to support, educate, and advocate	<a href="https://gbpflag.org/">https://gbpflag.org/</a>	Online
Community Support-Greater Boston	Trans Club of New England (TCNE)	Boston-area transgender support group hosting drop-in	(781) 891-9325	Email or call for location information

		sessions, events, and conferences	<a href="mailto:info@tcne.org">info@tcne.org</a> <a href="https://tcne.org/">https://tcne.org/</a>	Further information about programs and events can be found online
Community Support-Transmasculine Spectrum	Compass	Monthly confidential peer-led support group with pre-planned discussion topics for anyone assigned female at birth who feels that is not a complete or accurate description of their gender	<a href="mailto:info@compassftm.org">info@compassftm.org</a> <a href="http://www.compassftm.org/">http://www.compassftm.org/</a>	Meets on the 1 <sup>st</sup> Thursday of every month in Boston  Email to RSVP and receive location
Community Support-AAPI Community	Queer Asian Pacific-Islander Alliance (QAPA)	Organization providing a supportive social, political, and educational environment for LGBTQ+ and questioning people of Asian and Pacific Islander heritage in the Boston and New England area	<a href="https://www.qapa.org/">https://www.qapa.org/</a>	Online
Community Support – Elder Services	Somerville Cambridge Elder Services	Social opportunities, meal clubs, and other support resources for LGBTQ+ elders	61 Medford St Somerville, MA 02143-3429  (617) 628-2601  <a href="https://eldercare.org/wp-content/uploads/2017/08/LGBT-Resources-Guide.pdf">https://eldercare.org/wp-content/uploads/2017/08/LGBT-Resources-Guide.pdf</a>	Further information about different services and programs can be found online
Community Support- Elder Services	Ethos	Social opportunities, meal clubs, wellness programming, and other support resources for LGBTQ+ elders around Boston, Brookline, Jamaica Plain, and Roslindale	555 Amory St, Jamaica Plain, MA 02130  (617) 522-6700  <a href="https://www.ethocare.org/lgbt-programs/">https://www.ethocare.org/lgbt-programs/</a>	Further information about different services and programs can be found online
Community Support – Elder Services	SAGE Advocacy and Services for LGBT Elders	National organization providing advocacy and resources for LGBTQ+ elders with affiliates across the country	SAGE Hotline: (877) 360-LGBT  <a href="https://www.sageusa.org/">https://www.sageusa.org/</a>	Information about programs and services can be found online (closest affiliate center is in Providence)

Community Support-Veterans	Transgender American Veterans Association (TAVA)	National organization providing advocacy to ensure trans veterans receive appropriate care and to change public policy	<a href="http://www.tavausa.org/">http://www.tavausa.org/</a>	Online
Community Support-Faith-based	TransFaith	National non-profit led by trans people and focused on various faith-based issues	(844) 283-2484 <a href="https://www.transfaith.info">https://www.transfaith.info</a> <a href="https://www.facebook.com/TransFaith.Online/">https://www.facebook.com/TransFaith.Online/</a> <a href="mailto:office@transfaith.info">office@transfaith.info</a>	Further information about programs and events can be found online
Community Support-Faith-based	Kavod Jewish Social Justice House	LGBTQ+ affirming Jewish community lead by young adults interested in connecting Jewish principles to transformative social justice organizing	<a href="mailto:info@kavodhouse.com">info@kavodhouse.com</a> <a href="https://kavodhouse.com/">https://kavodhouse.com/</a>	Email for address  Further information about programs and events can be found online
Community Support-Faith-based	Nehar Shalom Community Synagogue	LBGTQ+ affirming synagogue offering a safe space to worship, educational spaces, and other events	43 Lochstead Ave, Jamaica Plain, MA 02130  (617) 522-3618  <a href="mailto:rabbi@neharshalom.org">rabbi@neharshalom.org</a>  <a href="https://neharshalom.org/nehar-shalom-is-a-welcoming-lgbtq-friendly-synagogue/">https://neharshalom.org/nehar-shalom-is-a-welcoming-lgbtq-friendly-synagogue/</a>	Further information about programs and events can be found online
Community Support-Substance Abuse	Gay & Sober	Online portal with information on local LGBTQ+ friendly AA meetings	<a href="https://www.gayandsober.org/bostonmeetings">https://www.gayandsober.org/bo stonmeetings</a>	Online
Community Support-Homelessness/Housing Instability Support	Father Bill's Place	Catchment center near South Shore with queer-inclusive staff and shelter policy providing shelter, housing access assistance, food services, and more	38 Broad St, Quincy, MA 02169  (617) 770-3314  <a href="https://helpfbms.org/">https://helpfbms.org/</a>	Further information about programs and services can be found online
Sexual Pleasure	Good Vibrations	Information, events, and resources for LGBTQ+ friendly sexual pleasure	308-A Harvard St, Brookline, MA 02446	Further information about programs and

			(617) 487-4992 <a href="https://www.goodvibes.com/s/nine69seven@gmail.com">https://www.goodvibes.com/s/nine69seven@gmail.com</a>	events can be found online
Sexual Pleasure	Kathryn Elaine, Nine 69 Seven	Local advocate for intersectional sexual care and exploration selling spa products and adult novelties and conducting home parties/educational workshops	<a href="https://www.facebook.com/Nine69Seven/">https://www.facebook.com/Nine69Seven/</a>	Contact for information about products and booking

## Behavioral Health

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Behavioral Health Referral Hotline	William James College INTERFACE Referral Service	Free and confidential Mental health hotline providing referrals across the state	(888) 244-6843 <a href="http://interface.williamjames.edu">interface.williamjames.edu</a>	Monday-Friday: 9AM- 5PM
Behavioral Health	Sydney Borum Jr. Health Center ("The Borum") of Fenway Health	Mental health services such as therapy, psychiatry, support groups, etc.	Fenway: South End 142 Berkeley Street Boston, MA 02116 (617) 247-7555  Sidney Borum, Jr. Health Center 75 Kneeland Street Boston, MA 02111 (617) 457-8140	Patients have an initial consultation and are then put on a waiting list until a therapist is available  The Borum services are for patients ages 12-29.
Therapist	Alice Kalafarski	Trans-identified therapist with focus in transgender issues, trauma and PTSD, depression, and more for all ages in clinical and home-based settings	240 Concord Ave, Cambridge, MA 02138  (978) 254-2303 <a href="mailto:alice.kalafarski@gmail.com">alice.kalafarski@gmail.com</a>	Cost per session: \$75-\$100  Accepts cash, check, and out of network insurance for payment
Therapist	Nic Wildes	Therapist specializing in issues related to gender identity, sexual orientation, and trauma	36 Gloucester St, Suite 400 Boston, MA 02115  (978) 494-0688  <a href="mailto:info@nicwildes.com">info@nicwildes.com</a>	Cost per session: \$160-\$200  Sliding scale accepted  Accepts American Express, Discover, Health Savings



			<a href="http://www.nicwildes.com/index.html">http://www.nicwildes.com/index.html</a>	Account, Mastercard, Visa, cash, check, and out of network insurance for payment
Behavioral Health	LifeCourse Counseling Center	Center providing comprehensive LGBTQI+ in-person, phone, and video therapy and counseling sessions	<a href="https://lifecourse.net/">https://lifecourse.net/</a>	PPO (not HMO) insurance plans accepted  <a href="https://lifecourse.net/insurance">https://lifecourse.net/insurance</a>
Behavioral Health	LiveWell Therapy	Trans-friendly psychotherapy practice offering individual, couples, family, and sex therapy	266 Beacon St, Suite 4R Boston, MA 02116  (617) 678-8954  <a href="mailto:livewelltherapyassociates@gmail.com">livewelltherapyassociates@gmail.com</a>  <a href="https://www.livewelltherapyboston.com/">https://www.livewelltherapyboston.com/</a>	Initial Evaluation: \$200 Cost per session: \$170  Accepts all in-network plans for Blue Cross Blue Shield and Tufts, cash, check, all major credit cards, Health Savings Account, and out of network insurance for payment

## Primary Care

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Primary Care	Fenway Health	Primary care, gender affirming hormone therapy, STI/HIV testing, contraception, behavioral health, optometry, dentistry, in house pharmacies at each location	Ansin Building 1340 Boylston Street Boston, MA 02215 (617) 267-0900  Fenway: South End 142 Berkeley Street Boston, MA 02116 (617) 247-7555	Sliding scale and insurance assistance available during walk-in hours
Primary Care	Transgender Health Program, Massachusetts General Hospital	Program offering comprehensive gender-affirming primary care, endocrine/hormone management, case management and links to	Bartlett Hall Extension, 4th Floor, Parkman Street Boston, MA 02114  (617) 643-7210	Insurance accepted: Aetna AllWays Health Partners Blue Cross Blue Shield BMC HealthNet

		behavioral health and surgical services	<a href="https://www.massgeneral.org/transgenderhealthprogram/">https://www.massgeneral.org/transgenderhealthprogram/</a>	Cigna Commonwealth Coventry Fallon Fallow Humana TriCare Tufts Health Plan UniCare Untied Most private systems
Primary Care- Homeless/Marginally Housed	Boston Health Care for the Homeless Transgender Program	Trans-specialized clinic offering services for homeless or marginally housed patients including: Primary Care, Walk-in Urgent Care, Behavioral Health, Crisis Intervention, HIV Counseling and Testing, Case Management, Weekly Support Group, Free Legal Clinic	Jean Yawkey Place, 780 Albany St, Boston, MA 02118  (857) 654-1600  <a href="https://www.bhchp.org/specialized-services/transgender-program">https://www.bhchp.org/specialized-services/transgender-program</a>	Hours: Monday-Friday: 7 AM- 4 PM Thursday: 7 AM- 8 PM
Primary Care	BMC Center for Transgender Medicine and Surgery	Trans-specialized department offering comprehensive care for trans adolescents and adults with PCPs, surgeons, therapists, vocal training specialists, etc.	(617) 638-1833  <a href="https://www.bmc.org/center-transgender-medicine-and-surgery">https://www.bmc.org/center-transgender-medicine-and-surgery</a>	Call for further information about booking appointments and insurance accepted  Further information about services offered and providers can be found online
Primary Care/Family Medicine	Davis Square Family Practice	Trans-specialized family practice offering unique services like low level laser for injury recovery and neurofeedback	260 Elm St, #105 Somerville, MA 02144  (617) 666-9577  <a href="https://www.dsfamilypractice.com/transgender.php">https://www.dsfamilypractice.com/transgender.php</a>	Call for further information about booking appointments and insurance accepted
Primary Care	Cambridge Health Alliance	Trans-competent department offering comprehensive medical care and surgery	(617) 665-1000	Further information about services offered

		services with multilingual interpretation	<a href="https://www.challiance.org/cha-services/transgender-care">https://www.challiance.org/cha-services/transgender-care</a>	and providers can be found online
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## Youth Services

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Primary Care - Youth Services (Ages 12-29)	Sidney Borum Jr. Health Center ("The Borum") - Fenway Health	Primary care, gender affirming hormone therapy, STI/HIV testing, contraception, behavioral health	Sidney Borum, Jr. Health Center 75 Kneeland Street Boston, MA 02111 (617) 457-8140	Medical appointments available between 9:00 AM- 5:00 PM  Behavioral Health walk-in hours on Fridays between 12:00 PM- 2:00 PM
Primary Care - Youth Services; Surgery Services - Youth Services (Ages 3-25)	Gender Management Services (GEMS), Boston Children's Hospital	Adolescent medicine, endocrinology, psychology, Social work, urology, plastic surgery	Boston Children's Hospital 333 Longwood Avenue Second Floor Boston, MA 02115  (617) 355-4367  <a href="http://www.childrenshospital.org/centers-and-services/programs/a-e/disorders-of-sexual-development-dsd-and-gender-management-service-program">http://www.childrenshospital.org/centers-and-services/programs/a-e/disorders-of-sexual-development-dsd-and-gender-management-service-program</a>	Most insurance accepted (including BCBS, Cigna, GIC, Unicare, Fallon, HPHC, MH, etc) and further questions can be directed to finance department (617) 355-3397
Primary Care	Dr. Scott Hadland, Boston Medical Center	Trans-affirming pediatrician with focus in LGBTQ+ health, addiction care for young people, HIV/AIDs, and overdose prevention	Boston Medical Center, 850 Harrison Ave, 6 <sup>th</sup> Floor, Boston, MA 02118  (617) 414-5946  <a href="https://www.bmc.org/about-us/directory/doctor/scott-e-hadland-md-mph-msc">https://www.bmc.org/about-us/directory/doctor/scott-e-hadland-md-mph-msc</a>	Call for further information about booking appointments and insurance accepted (accepts most insurance)
Behavioral Health- Youth (Ages 22 and under)	Elly Humphrey, Child Therapy Boston	Queer therapist with focus working with queer families (with children as young as 3) and queer youth of all ages	400 Hunnewell St, Suite 6R, Needham, MA 02494  (508) 340- 7828	Contact for information about appointment booking,

		and individual and group settings	<a href="mailto:elly@childtherapyinboston.com">elly@childtherapyinboston.com</a> <a href="https://childtherapyinboston.com">https://childtherapyinboston.com</a>	insurance accepted, and payment options
Substance Use Disorder/Addiction Care	BMC CATALYST Clinic	Trans-affirming medical care, counseling support, treatment, and outreach for patients up to age 25 and their families struggling with substance use	(617) 414-6655 <a href="https://www.bmc.org/catalyst-clinic">https://www.bmc.org/catalyst-clinic</a>	Patient must be receiving primary care at BMC to receive care at clinic  Call for appointments
Community Support	Boston Alliance of Gay, Lesbian, Bisexual, and Transgender Youth (BAGLY)	Youth-led and adult-supported social support organization providing leadership development, discussion groups, advocacy, and more for LGBTQ+ youth ages 25 and under	28 Court Square Boston, MA 02108  (617) 227-4313  <a href="mailto:info@bagly.org">info@bagly.org</a>  <a href="https://www.bagly.org/">https://www.bagly.org/</a>	Information about different programs and schedules can be found online
Community Support	Massachusetts Commission on LGBTQ Youth	Independent state agency working to promote LGBTQ+ youth policies and advocacy across the state, website contains events and resources	<a href="https://www.mass.gov/orgs/massachusetts-commission-on-lgbtq-youth">https://www.mass.gov/orgs/massachusetts-commission-on-lgbtq-youth</a>	Online

## Surgery Services

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Surgery Services - Plastic Surgery	Dr. Helena Taylor and Dr. Stephen Sullivan - Boston Aesthetic and Reconstructive Plastic Surgery	Gender confirmation (top surgery with double mastectomy or keyhole), facial feminization	Taylor & Sullivan Plastic Surgery 300 Mount Auburn Street Cambridge, Massachusetts 02138  (617) 492-0620  <a href="http://www.massplasticsurgeons.com/">http://www.massplasticsurgeons.com/</a>	Part of World Professional Association for Transgender Health (WPATH)  Can schedule a consultation on the website to discuss the options that are best

				for you (availability within a few weeks)  Accepts most insurances except for United Healthcare
Surgery Services - OB/GYN	Dr. Yvonne Gomez Carrion - Beth Israel Deaconness Medical Center	Abdominal hysterectomy; Abnormal pap smear; Abnormal uterine bleeding; Colposcopy; Endometrial ablation; Fibroids; Gynecologic surgery; Hysteroscopy; Laparoscopic / Minimally invasive surgery; Cervical cancer	330 Brookline Avenue, Shapiro 8 Boston, MA 02215-5400 (617) 667-2952 <a href="https://findadoc.bidmc.org/details/535/yvonne-gomez-carrion-obstetrics_gynecology-boston">https://findadoc.bidmc.org/details/535/yvonne-gomez-carrion-obstetrics_gynecology-boston</a>	Accepts most private insurances and Masshealth (including Tricare).  Booking about 2-4 weeks in advance
Surgery Services	Boston Medical Center Transgender Admin Line	Gender-affirmation consultation and surgeries	Boston Medical Center 725 Albany St Boston, MA 02118 (617) 638-1839 <a href="https://www.bmc.org/">https://www.bmc.org/</a>	Referral and consultation needed  Accept all insurance except for United Healthcare and Fallon
Surgery Services	Dr. Adam Tobias - BIDMC	Transgender chest wall reconstruction	BIDMC Division of Plastic Surgery 110 Francis Street, Suite 5A Boston, MA 02215-5501 (617) 632-7836  <a href="https://findadoc.bidmc.org/details/1572/adam-tobias-plastic_surgery-boston">https://findadoc.bidmc.org/details/1572/adam-tobias-plastic_surgery-boston</a>	Accepts most insurance except out-of-state Medicaid  Usually books about a month or two out
Surgery Services	Center for Gender Surgery, Boston Children's Hospital	Gender affirmation surgery services for eligible adolescents and young adults (including vaginoplasty, metoidioplasty, phalloplasty, chest reconstruction, breast augmentation, and other gender affirmation surgeries)	Center for Gender Surgery, 300 Longwood Ave., Boston, MA 02215  (617) 355-2740  <a href="mailto:gendersurgery@childrens.harvard.edu">gendersurgery@childrens.harvard.edu</a>	Eligibility requirements can be found at <a href="http://www.childrenshospital.org/centers-and-services/programs/a-e/center-for-gender-surgery-program/eligibility-for-surgery">http://www.childrenshospital.org/centers-and-services/programs/a-e/center-for-gender-surgery-program/eligibility-for-surgery</a>

				Accepted insurance and payment information can be found at <a href="http://www.childrenshospital.org/patient-resources/before-your-visit/accepted-health-insurances">http://www.childrenshospital.org/patient-resources/before-your-visit/accepted-health-insurances</a>
Surgery Services	Dr. Richard A. Bartlett, Cosmetic and Reconstructive Surgery	Top surgery/chest reconstruction	77 Pond Ave, Suite 104C Brookline, MA 02445  (617) 735-1800  <a href="https://www.richardabartlettmd.com/transgender-surgery-boston/">https://www.richardabartlettmd.com/transgender-surgery-boston/</a>	Accepts most insurance, personal checks, and all major credit cards for payment  BCBS MA will cover full reconstructive AND cosmetic costs!

## Speech Therapy

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Voice Therapy	The Robbins Center Speech - Language Evaluation & Therapy in Boston  Transgender Voice & Communication Program	Assists Boston-area transgender and gender diverse individuals in expressing themselves more authentically through voice and communication modification by offering evaluations, individual therapy, and group therapy services	216 Tremont St, (7 <sup>th</sup> and 8 <sup>th</sup> floors), Boston, MA 02116  (617) 824-8323  Robbins_Center@emerson.edu  <a href="http://robbins-center.com/transgender-voice-communication-program/">http://robbins-center.com/transgender-voice-communication-program/</a>	Sliding Scale fees available  \$30/session for individual therapy  Free group therapy
Voice Therapy	Elizabeth Banaszak, Mass Eye and Ear	Very positively reviewed speech-language pathologist with extensive experience working with transitioning patients	Suite 1101, 243 Charles St, Boston, MA 02114  (617) 573-4050	Call for further information about booking appointments and insurance accepted

Voice Therapy	Stefani J. Kalos, Mass Eye and Ear	Trans-experienced speech-language pathologist offering services for pediatric and adult patients	Suite 1101, 243 Charles St, Boston, MA 02114  (617) 573-4050	Call for further information about booking appointments and insurance accepted
Voice Therapy	Abigail Garneau, Mass Eye and Ear	Speech-language pathologist with clinical interest in transgender voice therapy	Suite 1101, 243 Charles St, Boston, MA 02114  (617) 573-4050	Call for further information about booking appointments and insurance accepted
Voice Therapy	Beth Israel Voice, Speech, and Swallowing Therapy	Comprehensive individual and small group voice therapy services for trans patients of all ages	Room #106, 185 Pilgrim Rd, Boston, MA 02215  (617) 632-7400  <a href="https://www.bidmc.org/centers-and-departments/rehabilitation-services/outpatient-rehabilitation-services/voice-speech-and-swallowing-therapy">https://www.bidmc.org/centers-and-departments/rehabilitation-services/outpatient-rehabilitation-services/voice-speech-and-swallowing-therapy</a>	PCP and insurance referral needed to initial evaluation and services  Call for further information about booking appointments and insurance accepted
Voice Therapy	Hadas Golan, BMC Center for Transgender Medicine and Surgery	Trans-specialized voice and communication therapy services	Moakley Building, 830 Harrison Ave, Boston, MA 02118  (617) 638-8124  <a href="https://www.bmc.org/center-transgender-medicine-and-surgery">https://www.bmc.org/center-transgender-medicine-and-surgery</a>	Call for further information about booking appointments and insurance accepted

## Endocrinology

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Hormone Therapy	New Era Pharmacy	Hormone Therapy By Mail (includes all supplies: needles, alcohol swabs, etc.)	1286 SE Holgate Blvd. Suite C2 Portland, OR 97202 (503) 222-4822	Online

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## Physical Therapy

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Physical Therapy/ Pelvic Floor Therapy	Dr. Holly Herman	Trans-competent physical therapist specializing in pelvic floor care and sexual medicine	675 Massachusetts Ave, Cambridge, MA 02139 (617) 576-3204 <a href="https://hollyhermancom.wordpress.com/">https://hollyhermancom.wordpress.com/</a>	Online

## Hair Removal Services

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Esthetician	Lana Shnayder, Superior Skin Care and Electrolysis	Trans-specialized electrolysis services as well as waxing, exfoliation, facials, and microdermabrasion	148 Linden St, Suite B2, Wellesley, MA 02482  (617) 913-2373  info@superiorskin.net  <a href="http://superiorskin.net/">http://superiorskin.net/</a>	By appointment only Monday: 8 AM- 5PM Tuesday: 8 AM- 5PM Wednesday: 8 AM- 8 PM Thursday: 1 PM- 7 PM Friday: 9 AM- 4 PM Saturday: 8 AM- 5 PM  Call for pricing  Free consultations offered
Esthetician	A&A Associates	Trans-friendly electrolysis, laser hair removal, and skincare treatments offered in English, Spanish, Italian, and Hebrew	815 Washington Street, Suite 5, Newton, MA. 02460  (617) 964-1000  <a href="http://www.aalaserhairremoval.com/">http://www.aalaserhairremoval.com/</a>	By appointment only Monday-Friday: 8 AM-6 PM Saturday: 9 AM-3 PM  Accepts Visa, Mastercard, Discover, checks, and cash  Free consultations offered
Esthetician	Marilyn Bozzuto, R.E.	Permanent hair removal, electrolysis, photo-rejuvenation, IPL hair reduction, eyebrow and hairline shaping, and permanent cosmetic services	1108 Beacon St, Newton, MA 02461  (617) 244-9773  <a href="https://www.marilynbozzuto.com/">https://www.marilynbozzuto.com/</a>	Call for appointments and pricing  Free consultations available
Esthetician	GA Electrolysis and Skincare Center	Electrolysis in multiple time increments, facials, peels,	364 Harvard St, Brookline, MA 02467	Call for appointments



		eyebrow shaping, skincare treatments, and waxing services	(617) 731-3515 <a href="mailto:nefgaf@rcn.com">nefgaf@rcn.com</a> <a href="http://www.gaelectrolysis.com">www.gaelectrolysis.com</a>	Pricing can be found by service on website
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## Legal Support

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Name and sex marker change	National Center for Transgender Equality	Website outlining state requirements and process for changing sex marker on MA birth certificates (requires notarized physician letter that can be acquired through Planned Parenthood) as well as comprehensive resources for the name change process	<a href="https://transequality.org/documents/state/massachusetts">https://transequality.org/documents/state/massachusetts</a>	Online
Sex marker change	U.S. Department of State	Website outlining requirements and process for changing sex marker on U.S. passport	<a href="https://travel.state.gov/content/travel/en/passports/apply-renew-passport/change-of-sex-marker.html">https://travel.state.gov/content/travel/en/passports/apply-renew-passport/change-of-sex-marker.html</a>	Online
Name and sex marker change	Massachusetts Transgender Political Coalition	Comprehensive webpage outlining requirements and process for changing sex marker and name on legal documents	<a href="https://www.masstpc.org/get-help/identity-documents/">https://www.masstpc.org/get-help/identity-documents/</a>	Online
Name and sex marker change	GLBTQ Legal Advocates & Defenders (GLAD)	Rapid-response program connecting those looking to change sex marker and/or name on federal and state documents to free legal representation and attorney guidance	<a href="https://www.glad.org/id/">https://www.glad.org/id/</a>	Online intake form

Discrimination/hate crime resources	Massachusetts Transgender Political Coalition	Comprehensive website of statewide resources for help with gender-based discrimination and hate crime cases	<a href="https://www.masstpc.org/get-help/discrimination-resources/">https://www.masstpc.org/get-help/discrimination-resources/</a>	Online
LGBTQ+ Asylum Resources and support	LGBT Asylum Task Force	Community organization supporting the legal and day-to-day needs of LGBTQ+ asylum seekers	6 Clover Street, Worcester, MA 01603 (508) 853-8853 info@lgbtasyllum.org <a href="http://www.lgbtasyllum.org/">http://www.lgbtasyllum.org/</a>	Information about different services and programs can be found online

### STI/HIV Services

STI/HIV Services	AIDS Action Committee	Free HIV testing and case management, and STI testing for the following: hepatitis C, gonorrhea, syphilis, and chlamydia	75 Amory St, Boston, MA 02119  (617) 437-6200  <a href="https://aac.org/programs-services/hivstd-counseling-testing/">https://aac.org/programs-services/hivstd-counseling-testing/</a>	Information about how to make appointments and drop-in hours in Boston and Cambridge can be found online
STI/HIV Services	Massachusetts Alliance of Portuguese Speakers (MAPS)	Free HIV testing and medical case management, health promotion and support services, and STI testing for the following: hepatitis C, gonorrhea, and chlamydia for Portuguese and Spanish-speaking individuals	1046 Cambridge St, Cambridge, MA 02139  (617) 864-7600  <a href="https://www.maps-inc.org/cause/hiv-sti-prevention-and-screening/">https://www.maps-inc.org/cause/hiv-sti-prevention-and-screening/</a>	Free Walk-in Clinics: <ul style="list-style-type: none"> <li>• Brighton (617) 787-0557 Fridays: 4-6 PM</li> <li>• Cambridge (617) 864-7600 Thursdays: 3-5 PM</li> <li>• Dorchester (617) 825-5897 Mondays: 4-6 PM</li> <li>• Somerville (617) 764-2091 Tuesdays: 4-6 PM</li> </ul>

## Hotlines

Name of Resource/Provider	Contact	Hours	Information
LGBT Helpline (Ages 25+)  Fenway Health	(888) 340-4528 or (617) 267-9001	Monday – Saturday 6:00 PM – 11:00 PM  Sunday: CLOSED	Anonymous and confidential hotline offering help, information, referrals, and support for LGBT individuals who are age 25 or older. Support provided for safer sex, coming out, where to find gay-friendly establishments, HIV and AIDS, depression, suicide, harassment and violence, etc.
Peer Listening Line (Ages 25 and under)  Fenway Health	(888) 399-PEER or (617) 267-2535	Monday – Saturday 5:30 PM – 10:00 PM  Sunday: CLOSED	Anonymous and confidential hotline offering help, information, referrals, and support for LGBT individuals who are age 25 or older. Support provided for safer sex, coming out, where to find gay-friendly establishments, HIV and AIDS, depression, suicide, harassment and violence, etc.
Gay, Lesbian, Bisexual and Transgender National Hotline	(888) 843-4564  Email: help@GLBThotline.org	Monday – Friday 4:00 PM – 12:00 AM  Saturday 12:00 PM – 5:00 PM  Sunday: CLOSED	Private hotline for one-on-one chat and email peer-support regarding coming out, relationship concerns, harassment and violence, workplace issues, HIV/AIDS, safer sex, etc.
Gay, Lesbian, Bisexual and Transgender National Youth Talkline (Ages 25 and under)	(800) 246-PRIDE	Monday – Friday 4:00 PM – 12:00 AM  Saturday 12:00 PM – 5:00 PM  Sunday: CLOSED	Private hotline for one-on-one chat providing support to those up to age 25 regarding coming out, relationship concerns, harassment and violence, workplace issues, HIV/AIDS, safer sex, etc.
Trans Lifeline	(877) 565-8860	Hotline open 24/7	Peer support service run by trans volunteers for trans and questioning callers in crisis or in need of support
Trevor Project	Hotline: (866) 488-7386  Text: Text the word “START” to 678678  Chat: <a href="https://www.thetrevorproject.org/get-help-now/">https://www.thetrevorproject.org/get-help-now/</a>	Hotline open 24/7	Crisis intervention and suicide prevention support hotline, text, and online chat service for LGBTQ+ young people

Network La Red	(617) 742-4911	Hotline open 24/7	Boston-based hotline providing confidential emotional support, information, referrals, safety planning, and crisis intervention for LGBTQ+ individuals as well as individuals in SM/kink and polyamorous communities who have or are currently experiencing partner abuse
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