



Planned Parenthood of Northern New England

# NEWS SOURCE

## SPRING 2019

### LETTER FROM PRESIDENT & CEO MEAGAN GALLAGHER

Dear Friends,

I'm happy to share this Spring Edition of *News Source* with you - and give an update to the ongoing challenges with our **Title X** funding.

As you saw in the previous Defunding Edition, last year the Trump Administration released new rules that undermine our federal funding. The **Gag Rule** prevents organizations that receive Title X funding from referring for abortion and requires that abortion facilities be kept separate from family planning health centers, making it impossible for PPNNE to accept these vital funds for the first time ever.

Since we last wrote you, two federal district courts have imposed preliminary injunctions barring the Gag Rule from going into effect on May 3rd. This means that, for now, people across the country can continue to access the care and information they need.

While this is a huge victory for patients and providers, **this relief is only temporary.** The cases continue to be litigated, and we expect that the Trump Administration will challenge the injunctions.

But I assure you, we will continue to fight in court and in Congress to ensure our patients' health and rights are protected. I will keep you updated as events continue to unfold.

Meanwhile, the news coming out from other parts of our country is frightening. More than 250 bills restricting abortion have been filed in 41 states, including bans on abortions before most women even realize they're pregnant in Alabama, Georgia, Mississippi, Ohio, and Kentucky.

**However, as you'll see in this edition of *News Source*, we are not just fighting back - we're pushing forward, expanding access and services.**

We won't let these battles slow us down. Our doors stay open, for all who come to us for care. While our opposition is focused on shutting us down, we are setting a standard for excellence. This is all possible thanks to you, our supporters who stand by our side.

On behalf of our 45,000 patients across Maine, New Hampshire, and Vermont - **THANK YOU.**

Onward together,

Meagan



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**Planned Parenthood of Northern New England**

Serving Maine, New Hampshire, and Vermont

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# PUSHING FORWARD: Good News from ME, NH, & VT.

Make no mistake, we have weathered many attacks on reproductive access and rights this year, but thanks to you, our allies, and an incredible staff and volunteer effort, we are making progress that you can be proud of.

## MAINE

### *Stopping Insurance Discrimination*

We are working to advance **LD 820** to prevent public and private insurance companies from denying coverage for abortion. **These coverage bans are hardest on people who already face barriers to health care**, including people of color, people living in rural areas, young people, and people with low incomes. For the latest on this bill, go to [www.facebook.com/ppmeaf](http://www.facebook.com/ppmeaf).

## NEW HAMPSHIRE

### *Family Planning Funding*

We are working to protect New Hampshire's Family Planning program from the Trump Administration's Title X Gag Rule by replacing the lost federal funds with state dollars if the Gag Rule takes effect.

**Title X funds are critical for low-income people's access to affordable services that help protect their health and prevent unintended pregnancy**

- making it easier to finish school, get and keep a job, and build pathways to opportunity. For more information please see the press releases section of [www.facebook.com/ppnhaf](http://www.facebook.com/ppnhaf).

## VERMONT

### *Making Our Own Sexual & Reproductive Health Decisions*

It's official! H.57 will become law. **PPNNE worked to pass H.57, a bill that will protect the abortion rights Vermonters have had for 46 years** and ensure that we are able to make private medical decisions without the interference of politicians. And, the Vermont legislature began the process to be **the first state to amend its constitution to protect access to abortion** with Prop 5, the Reproductive Liberty Amendment. This will serve as a model for states across the country to follow. For more information, go to [www.facebook.com/ppvtaf](http://www.facebook.com/ppvtaf).

**TOGETHER  
WE FIGHT FOR  
ALL** 

## REFLECTING OUR QUALITY OF CARE

### Health Center Updates

Our patients love the expert, quality care they receive at our 21 health centers across the region - and we've made sure that our facilities reflect that care. **To do that, we are using funds raised during our 50th Anniversary Campaign, completed in 2015, to renovate and/or relocate our health centers.** Our Bennington and Brattleboro sites in Vermont have recently moved into beautiful, modern new spaces and we're under construction at our busiest New Hampshire health center in Manchester. To make an appointment at any PPNNE health center, call 1-866-476-1321 or book online anytime at [www.ppnne.org](http://www.ppnne.org).

# TRAINING THE NEXT GENERATION



At the heart of accessible abortion care is ensuring there are trained providers, though historically, opportunities for training have been scarce. **That is why we are proud to offer a preceptorship program at PPNNE in abortion care as well as rotations in family planning, adolescent, and women's health.**

PPNNE currently trains resident physicians, nurse practitioners, physician assistants, and medical students coming from the University of Vermont, Dartmouth, Tufts, University of Southern Maine, Central Maine Medical Center, Franklin Pierce, Maine Medical Center, University of Massachusetts, Massachusetts General Hospital, and Duke.

"Mentoring and training the next generation of clinicians are important to both PPNNE and the profession. **At PPNNE, students can learn to provide compassionate, LGBTQA+-inclusive, trauma-informed, evidence-based care.** Year after year, students tell me that we were the best clinical experience they've had throughout their education. Many students come back to work as clinicians at PPNNE."

- Callan Janowiec, DNP, FNP, APRN  
PPNNE Clinician



"My women's health clinical placement at Planned Parenthood in Burlington provided me with hands-on learning experiences, with a strong emphasis on evidence-based and trauma-informed care. The staff I interacted with were well trained and ran an efficient practice with the patient's best interest kept in mind, while also making student learning a priority. **My time spent at Planned Parenthood was worth every minute, so much so that I requested to do more of my women's health clinical hours with them.**"

- Nadia Fletcher, UVM DNP student

Your donation not only supports our services, it helps support the training we provide to our staff and others. **Thank you!**



Exam room in our new Bennington health center.



Waiting room in our new Brattleboro health center.

# We are stronger because of **YOU**

Expert, compassionate health care that empowers patients to make informed choices about their bodies and their lives – that’s what Planned Parenthood of Northern New England (PPNNE) has been providing and advocating for across Maine, New Hampshire, and Vermont for generations. Your PPNNE gift today supports services for everyone – including your family, friends, and neighbors who need it most, like this woman:

“I am 34 years old and have been a patient at Planned Parenthood off and on since I was 17. **Honestly anything I know about birth control, sexual health, and STD prevention I’ve learned from Planned Parenthood.** I grew up in a house where these things weren’t talked about, but I could go to Planned Parenthood to take care of myself without getting into trouble. I haven’t always had health insurance, or the means to pay for birth control, or to get regular pap smears, and breast cancer screenings. I can’t imagine not having planned parenthood in my young womanhood, and I’m so thankful I’ve had it as a resource throughout the years!”

– PPNNE Patient

**Your generosity makes this possible for every patient, every day, all in the face of unrelenting attacks on access to care.** Now is the time to put your values into practice, to speak up for our rights and for sexual and reproductive health care. Together with you, PPNNE will provide safe access to care **NO MATTER WHAT.** On behalf of all the people who turn to us every day, thank you for standing with us.

## WE COUNT ON YOU

You can **make a donation today by using the enclosed envelope** or by making a gift online at [www.ppnne.org/annualfund](http://www.ppnne.org/annualfund).

If you have any questions about how to support PPNNE, including gifts of stock, making a special donation from your IRA (if you’re over the age of 70 1/2), or including a gift in your will, please contact the fundraising team at [supportus@ppnne.org](mailto:supportus@ppnne.org) or 1-800-287-8188 ext 9704.



## DID YOU KNOW?



**According to a national survey of patient satisfaction, PPNNE ranks near the top of thousands of health care providers and is a leader among Planned Parenthood affiliates. Some specific highlights include:**

- **Friendliness/courtesy of nurse/assistant: 98th percentile**
- **Services we offer meet patient needs: 98th percentile**
- **Ease of scheduling appointments: 97th percentile**
- **Staff treat patient with respect & compassion: 96th percentile**
- **Our sensitivity to patients’ needs: 94th percentile**