

## ABOUT YOUR VISIT

### Gender Affirming Hormone Therapy (GAHT)

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Thank you for choosing Planned Parenthood of Michigan (PPMI) for your reproductive and sexual health care. We strive to exceed your expectations by providing high quality, inclusive, nonjudgmental, care. Our goal is to offer care that puts you in the center. We will give you information and support so you can make the best decisions for your health.

#### ABOUT YOUR VISIT

At this visit, a licensed clinician will review your medical history, care goals, and order any required lab tests. They will also send any needed prescriptions to the pharmacy of your choice.

For more detailed information about GAHT services at PPMI, please [visit our website](#).

We strongly recommend that you enroll in our MyChart patient portal prior to your visit. The portal will allow for you to complete your registration information and medical history prior to your visit in a private space. It will also allow you to use the e-check in feature which could shorten the time of your visit. If you did not request enrollment when making your appointment, or if you have questions about MyChart, please call us at 734-926-4800.

We ask that you do not bring children to your in-person visit. We know that this is sometimes unavoidable, and we will do our best to provide you the care you need while ensuring the safety of you and everyone in our health centers.

We require all people wear a mask while in the health center. You will be screened for COVID symptoms and exposure when you arrive. If you have any symptoms of COVID-19 or a recent high-risk exposure, please cancel and reschedule your appointment when resolved.

#### FEES, PAYMENT, AND INSURANCE

Planned Parenthood accepts many insurance plans, including Michigan Medicaid. We also offer an income-based sliding fee scale for patients. All fees, including co-pays, are due at the time of service.

If you do not have insurance, please visit [www.michigan.gov/mibridges](http://www.michigan.gov/mibridges) to determine if you are eligible for insurance through the State of Michigan.

If using insurance, bring a photo ID and your insurance card to your appointment.

If you have questions regarding what services are covered by your insurance, please contact your insurance company. We will bill your insurance for the services you receive where applicable. We do our best to provide the highest quality care to our patients; however your insurance company has the best expertise regarding coverage. Some insurance plan coverage types may require a referral for your visit with Planned Parenthood of Michigan. Please contact your insurance company to determine if your desired service is subject to referral.

**Please call us at 800-230-PLAN (7526) or 734-926-4800 with any questions.**