Planned Parenthood believes that all students have the right to comprehensive sexuality education that is age-appropriate, medically accurate, comprehensive, and inclusive and respectful of all pupils regardless of race, ethnicity, gender, disability, sexual orientation, or gender identity. The National Sexuality Education Standards provide clear, consistent and straightforward guidance on the essential minimum, core content for sexuality education that is developmentally and age-appropriate for students in grades K–12.

**GRADE K-2**
To be completed by the end of grade 2

Identify different FAMILY structures, FRIENDSHIPS, and healthy ways to EXPRESS feelings.

Explain that ALL PEOPLE have the right to NOT be touched. Identify trusted adults and demonstrate how to clearly say “NO.”

Explain why BULLYING and teasing are wrong and how to respond.

Understand that ALL living things reproduce.

Use PROPER NAMES for body parts, including male and female anatomy.

**GRADE 3-5**
To be completed by the end of grade 5

Explain the physical, social, and emotional changes during PUBERTY and SELF-MANAGEMENT techniques.

Describe HEALTHY relationships and demonstrate positive COMMUNICATION.

Define teasing, HARASSMENT, and sexual abuse. Demonstrate ways to communicate REFUSAL skills. Discuss effective responses to bullying.

Describe reproductive SYSTEMS and PROCESSES and identify medically accurate information.

Define SEXUAL ORIENTATION and demonstrate DIGNITY and RESPECT.

Define HIV, including age-appropriate discussions of transmission and prevention.

For questions about this material, contact PPESA’s Political Director, Kristen Dart at kristen.dart@ppesacts.org
Compare and contrast characteristics of healthy relationships; analyze CONSENT and potential POWER dynamics in relationships.

Analyze cultural influences on self-concept and BODY IMAGE; identify accurate sources of information on puberty.

Differentiate between gender IDENTITY, EXPRESSION, and sexual ORIENTATION and promote dignity for all communities.

Explain benefits and risks of various CONTRACEPTIVE methods and demonstrate effective communication skills about their use.

Describe signs of PREGNANCY and identify PRENATAL practices that contribute to healthy pregnancy.

Define sexually transmitted diseases (STDs) and how they are transmitted; describe steps to using a CONDOM, and compare behaviors to determine risk level.

Define sexual INTERCOURSE and ABSTINENCE as they relate to reproduction and pregnancy prevention; identify credible sources of information about sexual health.

Explain why a person who has been sexually assaulted is NOT at fault.

Demonstrate communication and decision making regarding contraceptive choices; describe steps to correctly using a CONDOM.

Analyze the impact of BRAIN development on cognitive, social, and emotional changes in adolescents.

Differentiate between biological sex, sexual orientation, and gender; and between orientation, behavior, and identity. Advocate for SAFE and encouraging environments.

Describe sexual response cycle, including the role of HORMONES.

Develop a plan to reduce risk for STDs, demonstrate skills to communicate with a partner about PREVENTION, and analyze individual responsibility for testing.

Define emergency contraception and how it works; access MEDICALLY ACCURATE information about contraception, pregnancy, options counseling, and prenatal services.

Compare and contrast LAWS relating to pregnancy, adoption, abortion, parenting, sexual health care, bullying, sexual assault, rape, and dating violence.

Demonstrate ways to access credible information and RESOURCES for all of the topics in the learning standards.

The development of these national standards is a result of an ongoing initiative, the Future of Sex Education (FoSE). The full standards are available at: http://www.futureofsexed.org/documents/josh-fose-standards-web.pdf