

We recently treated your sex partner for chlamydia. Chlamydia is a sexually transmitted infection (STI). You can get it from having sex (oral, vaginal, or anal) with a person who has it. You may be infected, too. It is easy to treat.

**How would I know if I have chlamydia?**

Many people who have it do not know it. They may have no symptoms and feel fine. Others may feel pain. It can be in their lower belly or genital area. They can also have pain when they urinate or have sex. Unless it's treated it can spread to the uterus and fallopian tubes and could make it impossible to have children.

**What is the treatment for chlamydia?**

It is treated with medicine. The best way to take care of it is to be seen by a doctor or nurse — either at Planned Parenthood or somewhere else.

Your partner has brought you the medicine or a prescription that you can fill at a pharmacy. If you can't get to a doctor or nurse in the next few days, you should take the medicine. Even if you take the medicine, it is very important that you be seen and get tested for STIs. Having an STI can increase your risk of getting HIV, so you should get an HIV test too.

**Please read the following before you take the medicine:**

The medicine is very safe. **But DO NOT TAKE IT if any of the following are true:**

- You have a fever, or pain or swelling in the testicles.
- You have pain in the lower belly, pain during sex, vomiting, or fever.
- You think you may be pregnant.
- You have a serious long-term illness, such as kidney, heart, or liver disease.
- You are currently taking another prescription medicine.
- You have a bad reaction, rash, breathing problems, or allergy to antibiotics.

**Talk with us, or your doctor or nurse, as soon as possible if any of these are true for you.**

**What are the side effects of the medicine?**

Some people get mild belly pain or diarrhea after taking this medicine. Others may develop dizziness, tiredness, or headache. These side effects don't usually last long.

**Call 911 or go to the nearest emergency room** if you develop itching or a rash or have difficulty breathing — you may be having an allergic reaction. There can be other, more serious side effects, but they are extremely rare.

<b>The medicine you have been given, or prescribed, for chlamydia is</b>		
<b>Select Medication</b>	<b>Medication</b>	<b>Directions for taking medication</b>
	<p><b>Azithromycin</b> Do not take this medicine if you ever had a bad reaction, rash, breathing problems, or allergy to it or other antibiotics. If you're allergic to antibiotics, check with your doctor or nurse or contact us before taking this medicine.</p>	<p><b>Directions for taking azithromycin</b></p> <ul style="list-style-type: none"> <li>▪ If you got 2 <i>tablets</i> (500 mg) — take both at the same time. Take with or without food. (Having with food may prevent belly pain.)</li> <li>▪ If you got 4 <i>tablets</i> (250 mg) — take all 4 at the same time. Take with or without food. (Having with food may prevent belly pain.)</li> <li>▪ If you got 4 <i>capsules</i> (250 mg) — take all 4 at the same time. Take them at least 1 hour before, or 2 hours after, a meal. Do not take with food.</li> </ul>
	<p><b>Doxycycline</b> Do not take this medicine if you ever had a bad reaction, rash, breathing problems or allergy to it or other antibiotics. If you're allergic to antibiotics, check with your doctor or nurse or contact us before taking this medicine.</p>	<p><b>Directions for taking doxycycline</b></p> <ul style="list-style-type: none"> <li>▪ Take 1 capsule, twice a day (approximately every 12 hours) for 7 days.</li> <li>▪ Take with or without food. (Having with food may prevent belly pain.)</li> <li>▪ Do not take within 2 hours of taking antacids or calcium supplements</li> </ul>

**Finish all the medicine. Don't share or give your medicine to anyone else.**

#### **When can I have sex?**

**Do not have sex until 7 days after you've taken all the medicine.** It takes 7 days for the medicine to cure chlamydia. You can still pass the infection to your sex partners if you have unprotected sex – vaginal, anal, or oral – before.

If you have other sex partners, tell them you are getting treated for chlamydia so they can get treated too. People who get chlamydia are very likely to get it again. It's important to get tested for chlamydia and other STIs 3 months from now.

#### **Who do I call with questions?**

If you have any questions or want to make an appointment, please call 1-800-230-7526.