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Thank you for hosting a house party on behalf of Planned Parenthood of the Pacific Southwest. A House Party is a great way to bring together family, friends, neighbors, and coworkers in a comfortable, inclusive, and non-judgmental environment to learn more about sexual and reproductive health as well as the services Planned Parenthood of the Pacific Southwest provides.

There's no better resource than a supportive parent/guardian. You don't need to be an expert, you just need to be willing to talk AND listen. The open, non-judgmental conversations you have with your children will help them stay safe and healthy as they grow up. We're here to show you how to be your kid's go-to resource for answers and advice, from pre-K to college.

There are 3 goals for the Family Communication House Party:

- 1) Educate guests about how to communicate with their child about sex, puberty, and relationships.
- 2) Create relationships with new Planned Parenthood of the Pacific Southwest supporters and provide tools/resources for guests to [Get Involved](#);
- 3) Encourage guests to make a donation to Planned Parenthood of the Pacific Southwest

To help you along, we've created this House Party toolkit with resources to make your party a success.

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How do I do it?

If you haven't already, first fill out this [form](#) to let us know you are interested in hosting a House Party, and select the Family Communication topic of interest.

Get a group of fellow parents together and have a party! You'll have fun, raise awareness, AND support Planned Parenthood of the Pacific Southwest.

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03 What does it look like?

Anything you want! Your party can and should reflect your creativity, enthusiasm, and commitment to the work that Planned Parenthood does. It could be a:

- > Potluck
- > Wine and cheese gathering
- > Brunch
- > Girls' night
- > Backyard BBQ
- > Dance party
- > Afternoon tea

It's all up to you. We only ask that you set aside time to share why Planned Parenthood matters to you and encourage your guests to [Get Involved](#).

04 What do I need to do to host a party?

First, pick a place: your house, a restaurant, a park... anywhere! Just make sure there's enough privacy for your guests to ask questions and share their thoughts. Be sure to create a non-judgmental and inclusive setting where people feel comfortable discussing their thoughts and opinions.

Second, pick a date and time and create an invitation list. Consider inviting like-minded friends, both old and new.

Third, ensure that guests come prepared to have an open dialogue about how to communicate with their child/children about sex, puberty, and relationships. Prior to the event, provide your guests with the resources to explore this topic by encouraging them to complete the [house party homework](#).

Scheduling and Planning Hints:

- > Send invitations at least 3-4 weeks in advance. It's even better if you also call people to invite them. Consider making a private Facebook Event page; it's an easy way to keep track of RSVPs and send your guests information. Expect to invite three times as many people as you'd like to attend. And even if someone can't come, your contact with them has made a difference!
- > Ask your friends to co-host with you. This is a great way of expanding your network and building excitement for your party.
- > Send a reminder 1 week before the event.

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Fun Suggestions for the Party:

- > Share why Planned Parenthood is important to you! Use the provided [Conversation Starters](#) to get people talking and sharing.
- > Reflect on how to approach sex, puberty, and relationships with your child/children by contemplating the house party homework and examining the [Discussion Questions](#).
- > Share [The Talk Show: Using TV To Talk With Your Children About Sex](#) pdf.
- > Play [trivia games](#) about reproductive and sexual health.
- > Let your guests know how to connect with Planned Parenthood of the Pacific Southwest on social media:



[@pppswhealth](#)



[@pppswhealth](#)



[@pppswhealth](#)



[@pppswsnaps](#)

- > Ask for donations that benefit Planned Parenthood of the Pacific Southwest and provide your guests with this link: supportplannedparenthood.org
- > Ask guests if they would like to host their own party for Planned Parenthood of the Pacific Southwest or [Get Involved](#).

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06 Sample Invite Language

Dear Friends,

Please join me on **(date)** at **(location)** for a fun, informative evening to support Planned Parenthood of the Pacific Southwest. My goal is to bring people together to have fun, support the mission of Planned Parenthood, and **(ideas below)**.

- Share information about sexual and reproductive health, and how to be your kid's go-to resource for answers and advice.
- Connect with one another on important topics like how to communicate with your child about sex, puberty, and relationships.
- Increase awareness about the challenges Planned Parenthood faces and raise support and money for Planned Parenthood!

Please RSVP to me at _____ by _____.

I hope to see you there!

(Host name)

07 Sample Follow-up Message

Dear Friends,

I am so excited that you will be joining me on **(date)** at **(location)** for a fun, informative evening to learn about family communication while also supporting Planned Parenthood of the Pacific Southwest. Prior to the event, please be sure to do your homework.

- Visit this site: plannedparenthood.org/learn/parents
- Find your child's/children's age group(s) and read each section.
- Make sure you are prepared to have an open dialogue about family communication in relation to sex, puberty, bodies, and relationships.

I look forward to seeing you soon!

(Host name)