Tend to the team. We respect and honor all people. We jump in. We try and we learn.

Being Memorable

of our health centers three questions

pride in timely access for patients

The Full Mar Monte

just introduced the Real Education and Access to Healthy Youth

was a lot of fun and the advice was actionable,” she explained. “The

she said. “Karina was able to address topics and questions that many other people may be

recognize that and address those issues as well as provide outside resources.

more we normalize these topics, the easier it will be for people to

medically accurate and inclusive sex education and sexual health care. Right now only

to create Instagram videos about why sex ed matters. Digital

At PPMM, we all strive to provide a really inclusive, non-judgmental environment. I think

COVID-safety protocols) that will not require us to go backwards. That makes it a little

It's important to consider the layering of low-risk activities as, overall, increasing your risk.

develop that could pose a significant risk even to vaccinated individuals.

The two key points that should drive your decision making is that we

people to get the vaccine. We don’t

outside the CDC have about these new guidelines

people who will continue to wear masks indoors.

with the virus. It may be that relaxing

it's very important for all of us to do that and to support those who continue to mask for

them to make a decision that works

centers) since hearing the new CDC guidelines?

What is your recommendation to people contemplating these new CDC

Some have pointed out that barely 50% of the total American population has

FMM:

inspiring presentation from Lifetime Achievement Honoree Dolores Huerta,

testimonials from many Sacramento-area donors that it was one of the

about the benefits of Title IX all while sharing a safe community space. It was a great

Latinx community they serve and provide the bilingual component for the entire

these survivors used this space to ultimately reclaim their lives and individual journeys!

they’re not alone in the journey was worth all the work, and it was inspiring to hear how

PPMM joined with community partners

To commemorate the recent National

to reproductive health care.

challenges laws restricting access to reproductive health care. She also advises Planned

entirely, while California and Nevada will remain among the nation's few safe havens for

last fall. Many legal experts believe this means

Court – its

outside the CDC have about these new guidelines

HELENE KRASNOFF

The U.S Supreme Court recently announced it will review a law passed by the

abortion case, direct attack on

Roe

abortion ban, many other states will rush to pass similar laws.

some will seek care at health centers in other states, including ours.

• Have I followed through on the calls to action I committed to a year

• Communication about domestic violence – don’t pretend it’s not there

• Model healthy behaviors for our children as well as our parents

young parents to ask

development programs.

breaking the cycle of violence is broken into three components:

is a snapshot of our impact

justice-approach to sex ed, including,

spaces to brainstorm and co-create. These

more empathy for their LGBTQ+ peers,

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