



Volunteer Opportunities

Position	Description	Requirements
Community Outreach Volunteer	Spread the word about Planned Parenthood and sexual health to communities at health fairs, street fairs, college campus events as well as via canvassing neighborhoods and making phone calls. Volunteers sign up for shifts depending upon their availability. Great for volunteers interested in interacting with diverse communities.	<ul style="list-style-type: none"> • Some weekend and evening availability • At least one 2-4 hour shift per month • Minimum 6 months
Administrative Volunteer	Support various Planned Parenthood administrative departments with various tasks including making condom packs, stapling, labeling, stuffing envelopes, etc. on an on-call basis. A Monthly Volunteer Night is held one evening per month in San Diego and in Riverside County.	<ul style="list-style-type: none"> • Daytime and weekday availability • 2-3 hours/month
Special Events Volunteer	Planned Parenthood hosts a variety of inspiring, fun events for supporters and donors. Help us with set-up/break-down, registration, greeting, and educating guests about Planned Parenthood initiatives.	<ul style="list-style-type: none"> • Evenings, 4-5 events per year • 21+ years of age • Able to lift heavy objects • Excellent customer service skills, calm in a fast paced setting
Department Intern/Volunteer**	Department interns/volunteers are long term, consistent volunteers who assist one department on a regular basis. Volunteers are notified as these positions become available. Departments include: Marketing and Communications, Human Resources, Finance, Strategy, Community and Government Relations, Development, and Patient Services.	<ul style="list-style-type: none"> • Daytime/weekday availability • 4-8 hours per week • 4-6 month minimum • 18+ years of age • In-person interview and background check
Health Center Volunteer**	Support the health center with administrative tasks including making condom packs, putting together patient informational packets, etc. With manager approval and training, may help with patient intake. This is a great opportunity for volunteers looking for experience in a medical setting and are comfortable working with diverse communities. Seeking highly motivated, passionate, reliable individuals. Bilingual English-Spanish skills a plus (but not required).	<ul style="list-style-type: none"> • 4 hours /week min. during business hours • Mandatory training session • TB testing and MMR • 18+ years of age • Background check and in-person interview • Minimum 6 months

****Volunteers are notified as these positions become available.**

For more information, email volunteer@planned.org or visit www.planned.org/volunteer.