Medication Abortion Information and Instructions

During your visit, a health care professional will ask you about your medical history and inform you of your health care options. It is important that you provide the most updated and accurate information to help ensure a safe and healthy experience.

Information regarding your visit:

1. Your appointment will last up to four or more hours. You may receive the following services during your visit:
   - Ultrasound
   - lab work
   - education session and birth control consultation

2. You will be given the medication and instructions for use.

3. Planned Parenthood accepts most private and public insurance plans. Additionally, we offer financial assistance to cover the cost of care.
   - If you are covered by Medicaid:
     o Bring your Medicaid Card as it will cover testing, birth control, and other services covered by Medicaid. The name on your ID must match the name on your Medical Card.
   - If you are covered by commercial insurance and choose to use that insurance to cover the cost of services:
     o Bring proof of insurance to your appointment. We recommend contacting your insurance company directly to confirm your eligibility and benefits. You are welcome to call us in the afternoon the day before your appointment. We may have some benefit information available at that time. Co-Pays are due at the time of your appointment.
   - To learn more about financial assistance, call us at 1-800-230-7526.

Important instructions regarding your visit:

- Do not take any illegal drugs or alcohol 24hrs prior to your visit.
- Do not take any Aspirin 7 days prior to your visit.
- Please make sure you eat before your appointment. This appointment does not require an escort to or from the health center.
- You may wish to review the following videos for more information about Medication Abortion:
  - Abortion Pills Overview
  - How to Take Abortion Pills
  - What to Expect After Taking Abortion Pills

A doctor will determine your candidacy for medication abortion during your visit.

Please note that we are unable to provide childcare at our health center. A trusted adult must monitor your child or children in the waiting area before, during, and after your appointment. Children cannot accompany you in the exam room. We encourage you to bring a friend or family member to be with your children in the waiting room if you don’t have childcare at home.

If you have any questions, you may contact Planned Parenthood of Greater New York at 1-800-230-7526, Monday – Friday, 8 a.m. – 5 p.m.