



mar monte
news SUMMER
2019

Keeping Families Healthy

Thanks to you, we've got
more people covered



PLUS:

An interview with Nevada
Senator Jacky Rosen

Out and about: Your local
Planned Parenthood
supporting the community

Letter From PPMM CEO Stacy Cross

Hello Friends,

Despite the terrifying reports coming from states across the nation, including a June 20 federal court ruling to implement the dangerous Title X “gag rule,” your commitment to our mission hasn’t diminished. Because of you, we have good news.



Planned Parenthood Mar Monte is adding services for the people in our communities, while helping our neighboring Planned Parenthood affiliates that are facing unprecedented attacks on their services. Your generosity has even made it possible for us to begin providing primary care at our South San Francisco health center, which you can read more about on page 3.

It’s heartening to see California Gov. Gavin Newsom continue to be a leader for reproductive health care and freedom. Recently, he and his fellow governors from Oregon and Washington sent a letter to other state governors, urging them to strengthen abortion protections and expand access to birth control and sex education in their states.

We are also proud to report that your generosity helped PPMM Public Affairs and Education staff advocate for Nevada’s SB94, which provides \$6 million over two years to go into the state’s Account for Family Planning. The bill was signed into law by Nevada Gov. Steve Sisolak on May 31.

Of course, there’s still a lot of work to be done to make sure that women in every state have the rights that we have in California and Nevada. This is the moment for us to be a beacon of hope and strength for the rest of the country. That’s why we were so grateful to see many of you at the “Stop the Bans” rallies on May 21.

We cannot move forward without you, but with you we can move a nation.

Thank you for always being ready to move forward.

A handwritten signature in blue ink that reads "Stacy".

Stacy Cross
PPMM President and CEO



One year old and growing

Your support helped us open,
now it's helping us upgrade

Despite a President and an extremist Senate majority that are doing everything possible to shut down Planned Parenthood health centers across the nation, PPMM is growing and becoming even stronger. That's all thanks to you.

With your support, our South San Francisco (SSF) health center recently became a primary care provider, helping more people in need with a wider variety of essential services.

You may remember the celebration in early 2017 when – after three years of legal battles and public testimony that included ardent support from champions like you – PPMM was finally able to open our SSF health center in the community where it was desperately needed.

The site opened as a satellite, with limited hours, while it obtained the licensing needed to expand hours and services. Through your continued advocacy and generous gifts, we're now also offering family medicine including pediatric physicals/immunizations and managing chronic conditions such as high blood pressure, asthma and thyroid disease.

We have 300 new patients assigned to us by the Health Plan for San Mateo County, Medi-Cal's local insurance plan that covers low-income residents – yet another example of how important Planned Parenthood is in the health care system and the community.



Sabrina Mendez-Contreras, a Health Services Specialist and Family Care Coordinator at the SSF health center, said that several patients came in immediately after they had been notified that PPM is their covered provider.

“People were really happy to be able to get seen somewhere,” she said.

Appointments were soon booked for several weeks by patients who, until now, might not have had consistent access to a designated health care professional or even health care center.

“Some people were probably just going to urgent care before this,” Sabrina said. “Having a relationship with somebody wasn’t necessarily something they had, and now they can come back for primary care and see the same person.”

We’re able to perform biopsies and provide vaccinations on-site. We can even diagnose diabetes and monitor a patient’s management of the disease.

You know how hard it can be to manage medical appointments, even when you can afford the care you need and have convenient transportation. Imagine what a relief it is for our patients, many of whom are living at or below the federal poverty level, to be able to easily access health care where they feel safe, at PPM’s South San Francisco health center.

None of this would have happened without you. ■



From Mar to Monte

NEWS FROM AROUND
THE AFFILIATE

Pride



PPMM's float took top honors at this year's Fresno Pride Parade

On June 28, 1969, the Stonewall Riots launched the Gay Liberation Front. One year later, the first Pride Parade was held in New York City to commemorate the riots, and it has grown into an international movement that we continue to celebrate every year.

PPMM is proud to stand with our LGBTQ+ patients and communities! So join us at one of these upcoming marches: Reno Pride Saturday, July 27; Silicon Valley Pride Sunday, August 25; and Oakland Pride Sunday, September 8.

Capital Dinner in Sacramento

The Capital Dinner is Planned Parenthood Mar Monte's signature Sacramento event, to be held on September 26, 2019 from 7 to 9pm. We hope you'll join us for an inspiring evening, honoring two of the first ever Ally of the Year award winners - one prominent advocate in our community and another outstanding supporter who was also a patient.

Tickets and sponsorships are on sale now. For more details, please visit ppmarmonte.org/CapDinner19 or contact us at events@ppmarmonte.org or (408) 795-3763.

SHARE program

Your support made it possible for PPMM staff to help guide the Nevada committee that is updating the Sex Health and Responsibility Education (SHARE) curriculum for Washoe County School District.

At meetings leading up to the June 4 vote, staff from PPMM Public Affairs and/or Education attended to help with the formation of the new curriculum, which now includes social media and technology components and a specific lesson on consent.

PPMM also recruited supporters and volunteers to attend the meetings in person or to send letters to Board of Trustees directly.

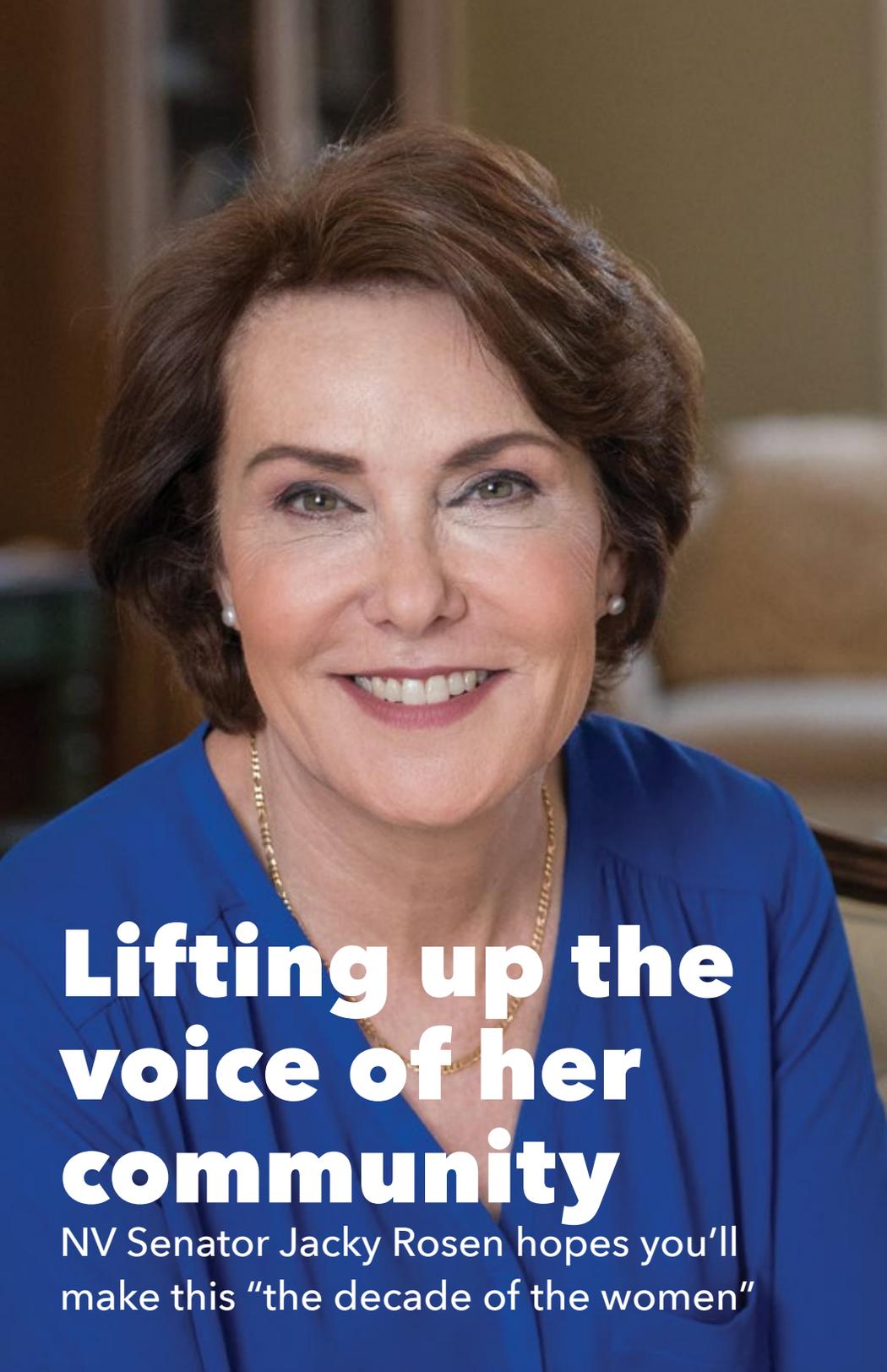
Stop the Bans



PPMM Public Affairs Director for Silicon Valley/Coast, Lupe Rodriguez

PPMM supporters and staff joined our colleagues across the country in rallying supporters on the May 21 "Stop the bans!" afternoon of protest, following the dangerous abortion bans that several states passed in May.

In Sacramento, Public Affairs' Grassroots Organizer Shawna McKnight spoke at our Stop the Bans rally, and our health educator Elizabeth Carrillo spoke at one in N. Stockton. There were several events in the Silicon Valley/Coast region, and the region's Public Affairs Director Lupe Rodriguez rallied supporters with a bullhorn at our spirited San Jose protest!

A portrait of NV Senator Jacky Rosen, a woman with short brown hair, wearing a blue top and a gold necklace, smiling. The background is a blurred indoor setting.

Lifting up the voice of her community

NV Senator Jacky Rosen hopes you'll make this "the decade of the women"

What sparked your desire to become a U.S. Senator?

Growing up, one of the lessons that was instilled in me by my family and my Jewish faith was the idea that it is up to each and every one of us to make the world a better place, and we all need to do our part. This concept sparked a passion for public service that has carried me all the way here.

Women often don't take a straight path in their careers, especially when it comes to running for office. I ran for office not to hold a title, but to help hard-working families in my community. When I think about my path to the Senate, from my days working my way through college as a waitress in Las Vegas to building my career as a woman writing code, it encourages me to want to bring more women to the decision-making table. I felt a sense of responsibility to stand up, lift my community's voice and ensure that their concerns and priorities were at the table in Washington.

What do you hope to accomplish in the next six years?

As a Senator, my priority is to work on the issues that matter to Nevadans, and no issue affects Nevadans more than health care. At the end of the day if you don't have your health, then you don't have anything.

I was elected to defend access to health care for the nearly 1.2 million Nevadans who live with a pre-existing condition. Unfortunately, we've seen what happens to families if they're no longer able to have access to life-saving care. That's why I refuse to sit on the sidelines during this fight for Nevada's and our nation's health care.

I'm also working to make progress in other key issue areas including investing in our children's education, protecting the environment and our public lands, working toward comprehensive immigration reform, honoring our veterans and service members, and embracing and preparing for the economy of the future by investing in clean energy technology and enhancing our tech workforce.

What do you consider the biggest issues women face in our country?

Recently, we've seen an alarming wave of restrictive anti-choice laws in various parts of the country. To say that these new laws are extreme is an understatement. The reality is that these dangerous laws are part of a deliberate effort to roll back women's rights over their own bodies, and ultimately overturn Roe v. Wade. We must stand up against the rollback on women's reproductive rights.

We also need to address that the lack of affordable, quality child care in this country too often forces families, and more often than not, mothers, to make the difficult choice between working to provide for their family or staying home to care for a child. Supporting women means supporting hard-working families. That's why I was proud to co-sponsor the Child Care for Working Families Act, a bill that would help families avoid having to make that difficult choice by providing access to high-quality child care that doesn't break the bank. Not only that, but through federal-state partnerships, the bill would support universal access to high-quality preschool programs.

How can citizens ensure their voices are heard on the federal level?

The best way to ensure that your voice is heard is to get involved in our country's political process. Pick an issue that you care about and become an advocate. Our political system works best when people get involved. No matter who you are, or what background you come from, there is a place for you in politics. Take part in fighting for the issues that you care about, take part in building bridges toward civility, and take part in coming together to repair the world.

Also, to any young women reading this, many people called last year the "Year of the Woman." I have a request: Let's make it the decade of the women. Let's keep fighting, keep breaking down barriers, and keep working to build better communities, a better state, a better country, and a better world. ■

"...Many people called last year the 'Year of the Woman.' I have a request: Let's make it the decade of the women."

Did you know?

Q: How many women are serving in elective office in 2019?

A:

127 women serving in the U.S. Congress (25 in the Senate, 102 in the House)

86 women in statewide elective executive posts

Percentage of women in state legislatures: **28.8%**



Nevada and California are ranked **1st** and **22nd** among state legislatures for the proportion of women.

Nevada made history this year for having the **first** female-majority state legislature in the U.S. And the pro-women's health bills they just passed reflect that.

Source: Center for American Women and Politics, Eagleton Institute of Politics, Rutgers University

Pros & Cons

NEWSWORTHY QUOTES

"Women in Missouri who choose to have a legal abortion are being forced to undergo an invasive pelvic examination - not because it's medically necessary, but because the state mandates it. This is downright reprehensible and exactly why we must fight."

Senator Kamala Harris, *Twitter, June 8*

"This rule is yet another example of the Trump administration's overreach that could make it harder for women to access health care. Secretary Alex Azar and the unqualified ideologues who are responsible for this action should be held accountable for their conduct."

Julie Rabinovitz, *CEO of Essential Access Health, California's Title X grantee, in the Sacramento Bee, responding to the June 20 federal court ruling to immediately implement the Title X "gag rule" in every state except Maryland*

"You pass the Green New Deal and Medicare for All, you have fundamentally changed this country, fundamentally changed it into an unproductive place with significant unemployment and huge problems."

*Senate Majority Leader **Mitch McConnell** to a small crowd during an event in Kentucky in April*

"The baby is born. The mother meets with the doctor. They take care of the baby. They wrap the baby beautifully, and then the doctor and the mother determine whether or not they will execute the baby."

*President **Donald Trump**, rally in Wisconsin, April 27*

"I can't believe I have to say this - but there is no such thing as infanticide in medical care. There is no such thing as abortion up until birth."

Dr. Leana Wen, *President of Planned Parenthood, Twitter, May 8*

5 Things You Can Do Now

1. DONATE

You can make a donation today to support PPMM's mission:

ppmarmonte.org/donate-today

or call us at (408) 795-3780

2. VOLUNTEER

Join hundreds of volunteers across PPMM who support our mission daily:

ppmarmonte.org/volunteer

3. SHARE YOUR STORY

Tell us about a time PPMM helped you or someone you care about:

ppmarmonte.org/my-story

4. HUG A HEALTH CENTER

Drop off a thank you card or other sign of support for staff at your local health center.

5. ENGAGE

Hear the latest via our social media work. Join the conversation, share with friends, help spread the word:



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