



# THANKS TO YOU.

Planned Parenthood  
North Central States



**79,371**

people in your region received contraception this year.

**9,547**

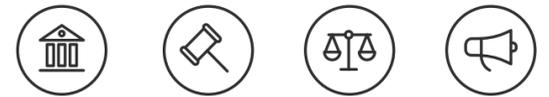
people received long-acting reversible contraception like IUDs and implants.



MORE THAN

**99,000**

people received medically accurate sex education.



During the legislative sessions in our five states, the advocacy arm of our organization

SUPPORTED

**44**

proactive legislative bills



FOUGHT

**41**

bad bills

We continued to fight for access to reproductive health services in all five states—where more than 1.3 million women are still in need of publicly funded contraceptive services and supplies.



For more than 100 years, Planned Parenthood has been a community of real people coming together around the foundational idea that freedom begins at the individual level—that no person is free who is not in control of their own body.

And that extends beyond choice. That means scientifically sound, culturally relevant sex education. That means affordable, accessible contraception. That means informed and persistent advocacy. That means gender and racial equity.

It's as urgent a mission today as it was in 1916.

As a Planned Parenthood donor, you are changing lives. You are changing the world.



Planned Parenthood was built by a coalition of strong, determined women who refused to settle for the status quo. Their legacy is our north star—the radical notion that reproductive rights belong to everyone and barriers to expert health care must be broken down.

Thank you for continuing this tradition and furthering our mission—for our patients and for us all.

**SARAH STOESZ**  
President and CEO

**JULIA JOSEPH-DI CAPRIO, MD**  
Board Chair



Our affiliate makes up **10%** of the geography of our country.

**HEALTH CENTERS**

**Iowa**

- Ames
- Cedar Falls
- Cedar Rapids
- Council Bluffs
- Des Moines—Rosenfield
- Des Moines—Susan Knapp
- Des Moines—Urbandale
- Iowa City

**Minnesota**

- Alexandria
- Apple Valley
- Bemidji
- Brooklyn Park
- Duluth
- Eden Prairie
- Grand Rapids
- Mankato
- Minneapolis—Uptown
- Richfield

- Rochester
- St. Cloud
- St. Paul—Rice Street
- St. Paul—Vandalia
- Virginia
- Willmar
- Woodbury

**Nebraska**

- Lincoln
- Omaha

**South Dakota**

- Sioux Falls



**THANKS TO YOU.**

Last year, we cared for **99,225** people at our **29** health centers across the region.



People across Minnesota, North Dakota, and South Dakota were able to use their cell phones 24/7 to request birth control pills and treatment for UTIs.



Gender affirming health care was available at every health center in Iowa and Nebraska.

Together with fellow supporters, you covered

**\$6,363,834**

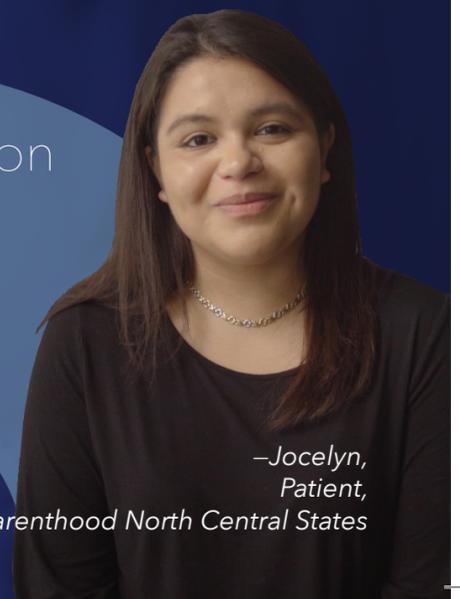
in health care services that Planned Parenthood patients wouldn't have otherwise been able to afford.



Patients at or under federal poverty level

"At Planned Parenthood, I got the care and education I needed in a safe space."

**10** of our health centers offered abortion services.



—Jocelyn, Patient, Planned Parenthood North Central States