



Planned Parenthood Women's Health Nurse Practitioner, Melissa.

## HEALTHCARE YOU CAN TRUST

Meet Melissa, one of the health experts who brings compassionate, high-quality care to Planned Parenthood patients every day.

### Melissa's background:

Melissa is a Board-Certified Women's Health Nurse Practitioner with 28 years of healthcare experience.

**Number of years with Planned Parenthood:** 25 years

### In her words:

*It's just a good feeling to know you're helping someone who may not have other access to healthcare.*

**Favorite dessert:** Cake

Hear more from Melissa and the rest of our Waco healthcare providers and supporters at [ppgreaterx.org/wacohealthcare](http://ppgreaterx.org/wacohealthcare)

Planned Parenthood's clinicians average more than 21 years of healthcare experience, and include Physicians, Women's Health Care Nurse Practitioners, Family Nurse Practitioners, Certified Nurse Midwives, Physician Assistants, and other advanced levels of certification and licensure.

As the U.S. Senate prepares for a Supreme Court nomination, we will make our voices heard opposing any nominee not committed to a woman's right to safe, legal abortion.

And, we will continue to focus on expanding access where we are needed: we've expanded teen pregnancy prevention programs in Tarrant County, now offer PrEP and PEP to prevent HIV transmission, expanded gender affirming hormone

therapy to new communities, and are ensuring access to IUDs and implants to reduce unintended pregnancies.

All of this is only possible with your support—thank you for supporting Planned Parenthood.



Ken Lambrecht  
President & CEO

## Q: Why Do Men Come to Planned Parenthood?

**A: For the same reason women do: expert healthcare they trust.**

Last year 12% of the nearly 70,000 patients served at Planned Parenthood of Greater Texas health centers identified as male. They received a range of services including STI testing and treatment, HIV testing, HPV vaccines, gender affirming hormone therapy, and more. Our community health education programs also connected with young men, boys, and

their parents to encourage positive decision-making, and to prevent STIs and unintended pregnancies.



## Ready for the Semester?

As students prepare to return to schools and college campuses this fall, Planned Parenthood wants to make sure they are ready.

Scheduling check ups for birth control, HPV vaccines, and other important screenings makes sure young adults and teens start the new school year by taking charge of their sexual health.

Parents can brush up their communication skills by attending a **Talk First!** workshop. Our professional educators lead workshops for any group of 8 or more adults to help turn "the talk" into a lifelong conversation.

**Schedule your Talk First! or ¡Hable Primero! workshops by contacting us:**

[healtheducationaustin@ppgt.org](mailto:healtheducationaustin@ppgt.org)  
[healtheducationnorthtexas@ppgt.org](mailto:healtheducationnorthtexas@ppgt.org)  
[healtheducationwaco@ppgt.org](mailto:healtheducationwaco@ppgt.org)  
[educadora@ppgt.org](mailto:educadora@ppgt.org)



## Midlife care at Planned Parenthood

Women who chose Planned Parenthood as young women continue to use us for their reproductive healthcare later in life.

Sexual and gynecologic healthcare are relevant in the lives of women over 40. Nationally, they are the only age group experiencing an increase in pregnancy rates, and a growing number of people aged 45-54 use dating apps to meet partners. Most women over 40 also face evolving sexual healthcare needs related to menopause, increased risks for gynecologic cancers, and other



health concerns, including STIs.

This fall we will host a series of workshops on “midlife” healthcare, sexuality, and dating to connect Texans with the health experts at Planned Parenthood. For more information, contact [info@ppgt.org](mailto:info@ppgt.org).

## YOUR PARTNER FOR A HEALTHY COMMUNITY

Connecting in our communities for a healthier Texas



**Dallas**

PPGT presented on dating violence, sexting and consent, and healthy relationships at the Dallas Healthy Teen Conference in June.



**Austin**

PPGT and Bumble dating app volunteers promoted advice on safe, consensual sex at the UT Austin campus in April.



**Waco**

PPGT attended the Juneteenth Family Fun Day Festival in Waco, connecting with hundreds of attendees.



**Fort Worth**

Fort Worth volunteers and supporters gathered for a PPGT Happy Hour in April. Follow [@ppgreaterx](https://www.facebook.com/ppgreaterx) on Facebook for upcoming events.

## SAVE THESE DATES FOR UPCOMING FUNDRAISERS

**Austin Annual Dinner 2018**  
Sunday, September 29  
*Honoring Cecile Richards*

**Dallas Cocktails for a Cause**  
Wednesday, October 10

**Fort Worth Cocktails for a Cause**  
Thursday, October 25

**Austin Cocktails for a Cause**  
Thursday, November 1

Advance reservations required and sponsorships available. Please call 855.314.0799 ext 10183 or email [events@ppgt.org](mailto:events@ppgt.org) for more info.

## Austin Annual Dinner to Honor Cecile Richards

Join us September 29th at the Hyatt Regency Austin for a memorable evening with keynote speaker and **Robbie and Tom Ausley Leadership Award** winner, Cecile Richards.

