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COMMUNITY RESOURCES

This resource list is organized by region: all regions, San Diego, Riverside, Coachella Valley, Imperial. Tip: Use *Ctrl+F* or *Command+F* to search through this document or click on the links in the Table of Contents to be redirected to a specific section.

All Regions

Caring for yourself and family

Health Guidance

- 211 ([San Diego](#), [Riverside](#), [Imperial](#)) is the region's trusted source for access to community, health, social, and disaster services. Calling is free, confidential and available in more than 200 languages. 211 provides access to 6,000+ services, resources and programs through our online database (click links above for each region).
- [Find Help](#) Search this online database to find food assistance, help paying bills, and other free or reduced cost programs, including new programs for the COVID-19 pandemic
- [New York Times: Answers to Your Coronavirus Questions \(eBook\)](#)

COVID-19 Testing

- Call 2-1-1 to be connected to the nurse triage line for those experiencing symptoms.
- If uninsured or those without a primary care provider, call 2-1-1 to be referred to local community clinics that can provide testing

Handwashing Guidance and Health Guidelines

- CDC: [Frequently Asked Questions \(CDC\)](#)
- CDC: [Updated Guidance for the Public- What to do if you are sick](#)
- WHO: [How to Handwash](#) (video)

Medical/Epidemiology Data and Research

- Johns Hopkins has a great Resource Center and [this interactive map](#) (which includes lists of recovered people)

- PPFA put together a great **roundup of available research**. It covers: the projected impact of COVID-19 on sexual, maternal and neonatal health, modes of transmission and vaccine development. [Click here](#) to view.
- Journal of General Internal Medicine: [COVID-19 and the Risk to Healthcare Workers a Case Report](#)
- MedRxiv (preprint article) [Modes of contact and risk of transmission in COVID-19 among close contacts](#)

National/International Organizations

- [World Health Organization \(WHO\)](#)
- [Question & Answer on Coronaviruses \(WHO\)](#)
- [Centers for Disease Control and Prevention \(CDC\)](#)
- [COVID-19 Fact Sheets \(CDC\)](#)
- [Families First COVID-19 Constituent Service Resources Toolkit](#)

State of California Information

- [California Department of Public Health](#)
- [California Coronavirus COVID-19 Response](#)
 - [Click here for Spanish site](#)
- [What You Should Know About Coronavirus \(COVID-19\)](#)

Covered CA

Covered CA is expanding its special enrollment period. Effective immediately, any eligible consumer can enroll in health coverage without experiencing a qualifying life event or other special circumstance. ***This will be in effect until June 30, 2020.***

For up-to-date information, links to important websites, helpful tips, and answers to common questions related to the Coronavirus, see Covered California's [COVID-19 Fact Sheet for Enrollers](#). To sign up: <https://www.coveredca.com/>

Other Information

Disinformation about COVID-19

- Authored by Julie Alderman at PPFA. Can be found [here](#).

Self-Care and Resilience Resources

- [Staying Happy\(ish\) During Coronavirus](#) for some basics
- CDC: [Mental Health & Coping During Covid-19](#)
- CDC: [Stigma and Resilience During Covid-19](#)
- CDC: [Helping Children Cope with Emergencies](#)
- SAMHSA: [Coping with Stress During Infectious Disease Outbreaks](#)
- SAMHSA: [Taking Care of Your Behavioral Health: Social Distancing](#)
- The Wellness Society: [Coronavirus Anxiety Workbook](#)
- PPFA webinar: [Protecting Safety and Promoting Resilience for Health Center Staff](#) (March 25)

Domestic Violence

- [The National Domestic Violence Hotline](#) is available 24/7 at 1-800-799-7233 (SAFE) or 1-800-787-3223 (TTY). You may also chat with an advocate online. San Diego specific resources can be found here: [English](#) or [Spanish](#).
- [California Partnership to End Domestic Violence](#) for assistance with finding programs throughout California.

Crisis Intervention and Suicide Prevention

- [National Suicide Prevention Lifeline](#) provides free and confidential support and prevention and crisis resources 24 hours a day, 7 days a week at 1-800-273-825.
- [The Trevor Project](#) is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ) young people under 25. Call the 1-866-488-7386 or text START to 678678
- [Veterans Crisis Hotline](#) connects veterans and their family and friends with qualified Department of Veterans Affairs responders through a confidential hotline. Text 838255 or call 1-800-273-8255 and Press 1
- [Disaster Distress Line](#) supports people experiencing emotional distress related to natural or human-caused disasters. Call 1-800-985-5990

Substance Abuse

- [Substance Abuse & Mental Health Services Administration \(SAMHSA\)](#) will help you connect to available local resources and treatment centers. Call 1-800-662-4357

Financial/Housing/Food/Utilities Resources

CARES Act

As a result of the COVID-19 pandemic and its impact on businesses and workers, the Federal Government infused emergency funds into states through the **Coronavirus Aid, Relief, and Economic Security Act (CARES Act)**, the third COVID-19 relief package to come from Congress. The \$2 trillion relief bill will send money directly to Americans, greatly expand unemployment coverage, and change student loan provisions. The Act, among other things, expands eligibility for workers who are unemployed, partially employed, or unable to work due to the pandemic.

Below is a brief overview of some provisions in the Act:

Unemployment Benefits

- Available to those whose hours have been reduced or who have lost their job due to COVID-19. This applies to those who choose to stay home due to underlying health issues that make them more vulnerable. For more information [click here](#).
- The governor has waived the 1 week wait time and the person may not be required to be actively looking for work, as is usually required.
- If your child's school is closed and you have to miss work to care for them, you might qualify for unemployment insurance.
- Learn how to file an unemployment insurance claim [here](#).

How does this bill impact furloughed employees?

Furloughed employees will be eligible for full unemployment and an additional \$600 per week through July, as well as 13 extra weeks of full unemployment (viable through the end of 2020). States must enter into agreements with the Department of Labor to activate those provisions. Work-share programs will allow partially-furloughed employees to access partial unemployment benefits. The bill includes provisions to help states that already have these programs, as well as those that do not.

How does the bill interact with paid leave?

Those using paid leave (family leave or sick leave, including the extensions for those with children out of school) or not eligible for these unemployment benefits. They will become eligible once their leave runs out.

Will furloughed employees continue to receive their full pay?

The amount that an individual will receive, as well as the length of their eligibility, depends on state law. They will be eligible for full unemployment benefits, whatever that looks like in your

state(s). The provision that supplements these benefits with another \$600 per week will help ensure comparable wages.

Stimulus Payments

- \$1,200 for individuals who make up to \$75,000; \$2,400 for married couples who make up to \$150,000. For every qualifying child age 16 or under, the payment will be an additional \$500.
- Those who make between \$75,000 and \$99,000 (\$150,000 and \$198,000 for couples) will be eligible to receive a smaller payment.
- This one-time payment will be based on adjusted gross income on 2019 tax returns, or 2018 if not yet filed and will be received in the same way you receive your tax refund.
- You don't need to sign up or fill out a form to receive a payment if you've been working and paying taxes since 2018. For more information [click here](#).
- You can calculate your stimulus payment [here](#).

Student Loans

- From March 13, 2020 through September 30, 2020 there will be automatic payment suspensions for any student loan held by the federal government.
- It is hard to contact many of the loan servicers right now, so check your account online in the coming weeks. Once you are logged in, look for the current amount due. There, you should be able to see if the servicer has reset its billing systems so that you are showing no payment due.
- Interest "shall not accrue" on the loan during the suspension period.
- More information [here](#).
- If you have private student loans, contact your servicer for their repayment options.

Small Businesses Relief

- SBA Disaster Loans are available to affected California small businesses
- Economic Injury Disaster Loans of up to \$2 million are available for qualifying small businesses, private nonprofits, and small agricultural cooperatives and aquaculture enterprises that have been financially impacted as a direct result of COVID-19 since January 31, 2020. These loans can be used to fulfill financial obligations and operating expenses that could have otherwise been met if the disaster had not occurred, including fixed debts, payroll, accounts payable, and other bills that can't be paid because of the disaster's impact.
- Eligibility is based on the financial impact of the coronavirus. More info [here](#).

Paid Family Leave

- Available benefit through CA State EDD for those who are required to take care of someone who has contracted COVID-19 (or sick family member with any serious medical condition) or who has been quarantined. This must be certified by a medical professional. Learn how to file a claim [here](#).
- For additional questions related to Paid Family Leave, you can email the **HR department** at HRHelpLine@planned.org

Disability Benefits/Paid Sick Leave

- Available for those who have contracted or been exposed to COVID-19 and are quarantined. This must be certified by a medical professional. Learn how to file a disability insurance claim [here](#).

Rent & Mortgage

Please be aware that eviction notices are not enforceable right now and your landlord cannot remove you from your home during this difficult time. On April 6, California's courts suspended eviction and foreclosure proceedings statewide until 90 days after the coronavirus state of emergency has been lifted.

- Governor Newsom Issues Executive Order to Protect Renters and Homeowners During COVID-19 Pandemic. Read the Governor's press release [here](#).
- Find a sample letter to send your landlord to request a grace period due to lost wages [here](#).
- Under the provisions of the CARES Act, individuals with federally backed mortgage loans who are experiencing financial hardship due to COVID-19 can request a forbearance period by contacting their mortgage servicer. Federally backed mortgages include FHA, VA, USDA, Fannie Mae and Freddie Mac. Contact your servicer to discuss your options. More information [here](#).
 - [More information for homeowners with a Freddie Mac-backed mortgage.](#)
 - [More information for homeowners with a Fannie Mae-backed mortgage.](#)
- If your mortgage provider is not responsive or cooperative, you can file a complaint with the Department of Business Oversight (DBO):
 - Via DBO's website: dbo.ca.gov/file-a-complaint/
 - Via the DBO Consumer Services Office: (866) 275-2677 or (916) 327-7585
 - Via email: Ask.DBO@dbo.ca.gov

Tax Assistance

- The Federal and CA tax filing deadline extended to July 15th. Find more info [here](#)
- This relief applies to all individual returns, trusts, and corporations. This relief is automatic, taxpayers do not need to file any additional forms or call the IRS to qualify.

- Employers experiencing a hardship as a result of COVID-19 may request up to a 60-day extension of time from the Employment Development Department to file their state payroll reports and/or deposit state payroll taxes without penalty or interest. A written request for extension must be received within 60 days from the original delinquent date of the payment or return. More info [here](#).

Utilities

Gas & Electric

San Diego County

- SDG&E is suspending service disconnections. More information [here](#).
- SDG&E offers bill discount programs. Apply [here](#).

Riverside County

- Southern California Edison is offering bill help to customers. Find more information [here](#).

Riverside and Imperial County

- Southern California Gas will not disconnect services to customers who can't pay bills during the coronavirus outbreak. Find more information [here](#).

Internet, Cable & Mobile Phones

Several local internet service providers are offering COVID-19 assistance. Please note, this is not meant to serve as an exhaustive list of services. Contact your provider to determine if assistance is available. See below and [click here](#) for additional information.

National Companies

- **Verizon** will help customers and small businesses disrupted by the impact of coronavirus. They are waiving late fees and suspending service termination for customers negatively impacted by the global crisis. More information [here](#).
- **AT&T** is providing free access to its WiFi [hotspots](#) throughout the country.
- **T-Mobile** is providing unlimited data to all current customers who have plans with data for the next 60 days. It will also provide additional data to mobile hotspot users.
- **Sprint**- offering California Community Colleges students a [mobile hotspot](#) service, which offers nationwide 4G LTE connectivity and allows users to connect up to 10 WiFi enabled devices for up to 10 hours on a single charge for only \$19.99 a month.

San Diego County

- **Cox Communications** in partnership with Connect2Compete offers low-cost, home internet with wifi—for \$9.95 per month. More information [here](#).

Riverside County

- **Internet Essentials** (from Comcast) is offering low cost or FREE internet service and computers for low income families. More information [here](#).
- **Spectrum** is offering free access to internet and WiFi for 60-days for new Pre-K to 12, college student and teacher households who don't currently have internet or WiFi service. More information [here](#) or call 844-488-8398.

Auto Insurance

California's "stay at home" order has resulted in most of us driving a lot less than we normally would. Recognizing this and the unprecedented challenges facing California's residents, State Insurance Commissioner Ricardo Lara has ordered insurance companies to provide consumers with relief from the cost of premiums during the COVID-19 pandemic. You can expect a temporary reduction in your auto insurance for at least the months of March and April. Below is a list of what some larger companies have proposed to give back to customers on personal auto insurance policies. In addition, The Insurance Commissioner has also requested that all auto insurance carriers provide [a 60-day grace period for late payments](#).

- **AAA:** Customers with an active policy as of April 30 will receive a 20 percent refund for two months of auto premiums
- **Allstate:** 15 percent debit or credit payback on April and May premiums
- **American Family:** \$50 per vehicle insured
- **Amica:** 20 percent credit on April and May premiums
- **Farmers/21st Century:** 25 percent reduction in April premium
- **Geico:** 15 percent credit on renewal between April 8 and Oct. 7; pausing cancellations for non-payment through April
- **The Hartford:** 15 percent credit on April and May premiums
- **Liberty Mutual:** 15 percent refund on two months of premiums
- **Mercury Insurance:** 15 percent credit on April and May premiums
- **Nationwide:** \$50 refund per policy
- **Next:** 25 percent reduction to its policyholders' April general liability, and commercial auto premiums
- **Progressive:** 20 percent credit on April and May premiums
- **Safeco:** 15 percent refund on two months of premiums
- **State Farm:** 25 percent credit on premiums from March 20 through May 31
- **Travelers:** 15 percent credit
- **USAA:** 20 percent credit on two months of premiums

Immigrant Services

- [COVID-19 Guidance for Immigrant Californians](#) (click [here](#) for Spanish version)
- [CDSS Immigrant Legal Services](#)
- [United We Dream Healthcare Access for Undocumented Folks](#)
- [Protecting Immigrant Families \(PIF\) Immigrant Eligibility for Public Programs](#)
- [Undocumented Workers' Employment Rights](#)
- [Resources for the Immigrant Community During Coronavirus](#)
- [Know Your Rights/ Conozca sus Derechos](#)
- [CA Immigrant Policy Center \(CIPC\) COVID-19 Resource Guide](#) (click [here](#) for Spanish)
- [CA Rural Legal Assistance Foundation \(CRLAF\) COVID-19 Site \(bilingual\)](#)
- [Coalition for Human Immigrant Rights \(CHIRLA\) Immigrant Assistance Line/Linea de Ayuda \(bilingual\)](#)
- [Betancourt Macias Family Scholarship](#) Emergency funds for undocumented or have family members who are undocumented and have been impacted by COVID-19. Application can be found online or by calling (360) 524-3664.

Educational Resources

Many education companies are offering free subscriptions due to school closures. [Click here](#) for a list of free subscription resources. Online learning resources specific to your student's school district can be found under the school's region below.

Food Resources

Pandemic EBT Food Benefits

- Due to Coronavirus (COVID-19), children who are eligible for free or reduced-price meals at school will get extra food benefits called *Pandemic EBT* or *P-EBT* benefits. P-EBT benefits help families in California buy food when schools are closed because of the coronavirus emergency.
- Families will get up to \$365 per eligible child on their P-EBT card to use on food and groceries.
- Families with children who get CalFresh, Medi-Cal or Foster Care benefits do not need to apply. P-EBT cards will begin arriving in May, 2020.
- Families with children who are eligible for free or reduced-price meals and who do not get their P-EBT card in the mail, must apply online before June 30, 2020. The online application will launch in late May.

- For more information: <https://www.cdss.ca.gov/home/pandemic-ebt>

Special Grocery Store Hours

Select grocery stores are reserving shopping hours for **senior citizens** and **at-risk populations**. [Click here](#) to see a list of stores with special hours.

San Diego County

Local Resource Databases and Information

- [2-1-1 San Diego](#)
- [We All We Got SD](#)
- [City of San Diego Coronavirus Information Page](#)
- [San Diego County News Page](#)
- [San Diego County Information Page](#)
- [San Diego County Hand Washing Stations](#)
- [San Diego County Resources & Materials](#)
- [COVID-19 LGBTQ Community Resources & Support](#)

County Alert System

SD County COVID-19 Text Message Alert System: Text **COSD COVID19** to **468-311**

Food Resources

Meal Access for Students

San Diego County School Districts

Any student age 2 to 18 can go to any school site providing meals and receive food during this period of school closures due to COVID-19. Click on the link below to view a list of food service sites confirmed by the San Diego County Office of Education, where students will be provided meals during the school closures beginning March 16. **All San Diego County school districts are listed:**

<https://www.sdcoe.net/news/Pages/20-03-13-student-food-service-during-district-closures.aspx>

Food Banks

The San Diego Food Bank

The San Diego Food Bank has 200 distribution sites plus a network of 500 partners with feeding programs. Some food assistance programs are available to anyone while others have income restrictions. Senior food program is also available.

- [Click here](#) for a weekly schedule of distribution sites or call/visit 2-1-1 for the distribution site nearest you.
- Call the SD Food Bank at (858) 527-1419

Feeding San Diego Mobile Pantry

Feeding San Diego distributes more than 26 million meals a year across San Diego County in partnership with more than 300 local charities, schools, faith communities, meal sites and food pantries. All distributions that are open to the public are listed below, with possible restrictions noted.

- [Click here for locations](#) or call (858) 452-3663 for information.

Jewish Family Services

Drive-thru food distribution will be open Monday through Friday from 11:00am to 1:00pm at the Joan & Irwin Jacobs Campus (8804 Balboa Ave) for anyone in critical need. JFS staff will bring pre-bagged items to your car so we can maintain proper no-touch safety measures and social distancing. Please don't arrive before 11:00am, as there's no place for cars to safely line up outside. If you have questions about services, please visit www.jfssd.org/healthupdate or call (858) 637-3210.

CalFresh

CalFresh is a program for low-income people to help purchase food using an Electronic Benefit Transfer (EBT) card. Application assistance for CalFresh is available over the phone by calling 2-1-1. [Click here](#) for more information.

Food Bank Locator Tool

Foodable is a cross-platform application to help the hungry find food banks near their location.

- <https://foodable.app/web/>

Other Food Resources

- **Grocery Store Restocking** information can be found [here](#).
- **Local/regional farms:** [Click here](#) for a list of local/regional farms that are open and can deliver grass-fed meat, organic fruits and veggies, milk, eggs, olive oil, and other essentials.

Housing Assistance

Call 2-1-1 for housing referrals for shelters, transitional housing, and rapid rehousing. Also, for housing for those at risk of contracting COVID-19.

- **United Way of San Diego: San Diego Worker Assistance Initiative (**Services currently on hold until additional funds are raised.)**
 - Provides flexible resources to individuals impacted by layoffs and reduced working hours implemented by employers.
 - **Who It's For:** Low-wage workers who need support for a limited but undetermined length of time
 - **What The Money Goes Toward:** Utilities and rent/mortgage payments
 - **FAQs for Applicants** can be found [here](#).
 - **Additional info and application can be found** [here](#).

Financial Assistance

San Diego for Every Child

- Financial assistance to help families and childcare providers pay for basic needs like groceries and diapers and assistance with childcare. Application can be found [here](#).

Diaper Distribution Sites

- **San Diego Food Bank & North County Food Bank Diaper Distribution:**
 - [Click here for locations](#)
- **San Diego for Every Child** – Providing people with up to \$100 for diapers, cleaning supplies, etc. and providing families with up to \$575 for child care (for essential workers). <https://www.sandiegoforeverychild.org/>

Child Care

- **Enhanced Child Care Referrals for Healthcare Professionals:**

- [YMCA of San Diego County](#) is offering enhanced child care referrals for health care professionals.
- Call (619) 952-0242 (*Mon-Fri, 8am-5pm*). If busy, leave a message.
- Non-healthcare professionals can call 1-800-481-2151 or visit ymcasd.org/childcarereferrals.

Technology

- **Computers2kids:** Families in need of a computer are encouraged to contact Computers2Kids. The company offers desktops and laptops, loaded with Microsoft Office software, for \$80 - \$100. This includes one-year free technical support. Families can go to www.c2sdk.org or call (858) 200-9788 for more information.

Online Learning

- San Diego Unified School District K-12 Online Learning Tools:
 - [Click here to access this resource](#)
- SDCL E-library:
 - [Click here to access this resource](#)
- PBS Learning Media/KPBS:
 - [Click here to access this resource](#)

Local Unemployment Assistance

- **San Diego Workforce Partnership**
 - Will assist with Unemployment claims as well as employment services. They will also help with clients assistance in terms of transportation, child care, and protective equipment as it relates to employment. <https://workforce.org/>

Senior Resources

- San Diego County's [Aging and Independence Services](#) provides resources to older adults, people with disabilities and their family members. This includes, [Live Well San Diego](#), which has numerous activities for senior residents at home like physical fitness, mindfulness, and social connection.
- On April 7, Governor Newsom signed an executive order to expand support for vulnerable populations. [This order](#) will allow for a 60-day waiver for In-Home Supportive Services (IHSS) program caseworkers to continue their work and be able to care for older adults, as well as individuals with disabilities.
- **Serving Seniors:** <https://servingseniors.org/what-we-do/>

- **Home Delivered Meals**
 - All seniors age 60 and above can sign up to receive meals delivered directly to their door.
 - Call **619-235-6572** and select Option 1; or email meals@servingseiors.org

Transportation

- **FACT (Facilitating Access to Coordinated Transportation)**
 - Free transportation for San Diego residents for any essential need until the stay at home order is lifted.
 - Call three days prior to schedule transportation: (888) 924-3228. More information can be found [here](#).

Local Crisis Resources

- [San Diego Access and Crisis Line \(ACL\)](#) for resources related to suicide prevention, crisis intervention, community resources, mental health referrals, and alcohol and drug support services. Confidential and free of charge, the line is immediately answered 7 days a week, 24 hours a day by Master's-level and Licensed Clinicians.
- [YWCA San Diego Becky's House](#) transitional housing provides longer-term housing and supportive services for individuals and families. Contact their 24-hour hotline: (619) 234-3164, or offices: (619) 239-0355.
- [Casa Segura \(Safe House\)](#) provides short-term, confidential shelter and transitional housing to victims of domestic violence and their children who are homeless. Contact their hotline: 1-(800) 640-2933, or offices: (619) 420-3620.
- [Center for Community Solutions](#) provides emergency and long-term shelter services for domestic violence survivors and their children. Contact their 24-hour hotline: 1-888-385-4657, **Project Safe House:** 619-631-6442, **Hidden Valley House:** 760-480-0055
- [Women's Resource Center](#) will be available by phone to answer questions, provide crisis services, and provide resources like food, toiletries and diapers to clients as they are needed. Contact their hotline: (760) 757-3500

Riverside

Local Resource Databases and Information

- [211 Riverside County](#)
- [Connect IE](#)

- [Riverside County Public Health Information Site](#)
- [Riverside Utilities Assistance Program](#)
- [Community Health Association Inland Southern Region](#) (resources for Riverside County, San Bernardino County, Los Angeles County and Inland Empire)

County Alert System

Riverside County mass notification service sends alerts to you by phone or via text. **Subscribe using the city's online [Riverside Alert registration form](#).**

Food Resources

Meal Access for Students

- Riverside Unified School District Meal Service:
 - Eligibility: Meals only distributed to children 18 years or younger. Children must still be present in order for meals to be provided. However, adults do not have to be with children for them to receive their meals.
 - [Click here for locations and schedule](#)
- Corona Norco Unified School District
 - All persons 18-years-old & under may have a meal free of charge as long as someone in their family is enrolled in Corona Norco Unified School District.
 - [Click here for locations and schedule](#)
- Moreno Valley Unified School District
 - School lunch meals and a breakfast item will be provided at no cost for all Moreno Valley Unified School District students during the school closure. Children must be present in order for meals to be provided
 - Meals will be provided as a “Grab and Go” option at all MVUSD schools with exception to Rainbow Springs
 - [Click here for locations and schedule](#)

Food Banks

- **Bread Basket Food Bank Hemet:**
 - 2385 S. San Jacinto Ave., San Jacinto (*Mon-Fri 8am- 10:45am*)
- **Blythe Emergency Food Pantry:**
 - 181 S Main Street, Blythe (*Mon-Fri 10am-11:45am*)

- (760) 922-8836
- **Kids Cures Foundation Food Outreach:**
 - [Click here for locations and schedule](#)
- **Feeding America Riverside Food Bank:**
 - 2950 Jefferson Street Suite B, Riverside (*Mon-Fri 7am - 3:30pm*)
 - (951) 359-4757
- **Senior Citizen Service Center & Food Bank:**
 - 41538 Eastman Dr, Ste C, Murrieta (*Thurs, Fri 9am -11am*)
 - (951) 600-9557
- **Hemet Seventh-Day Adventist Community Services**
 - 27025 Girard St., Hemet (*Tues 9am - 12pm*)
 - (951) 929-2632
- **Riverside City Mission - Bags of Hope**
 - (951) 341-5055
 - [Click here for schedule/locations](#)

Diaper Distribution Sites

- **Junior League of Riverside Diaper Bank**
 - 3714 Sunnyside Drive, Riverside
 - (951) 683- 4088
 - [Click here for dates/times](#)

Online Learning

- Riverside Unified School District At-Home Learning
 - [Click here to access this resource](#)

Crisis and Suicide Information

- **Crisis & Suicide Helpline**
 - Accessible 24/7/365
 - 951-686-HELP (4357)

Coachella Valley

Local Resource Databases and Information

- <https://www.lifftorise.org/protection> (The most comprehensive list of resources for the Coachella Valley. Includes: housing, health, utilities, legal services, food, education and more!)
- [CVHIP: Home Page](#)
- [United Way of the Desert](#)

County Alert System

Riverside County mass notification service sends alerts to you by phone or via text. **Subscribe using the city's online [Riverside Alert registration form](#).**

Food Resources

Meal Access for Students

- Coachella Valley Unified School District Meal Service
 - Eligibility: Meals only distributed to children 18 years or younger. Children must still be present in order for meals to be provided. However, adults do not have to be with children for them to receive their meals.
 - [Click here for locations and schedule](#)
- Desert Sands Unified School District
 - [Click here for locations and schedule](#)
- Palm Springs Unified School District
 - Free breakfast and lunch meals for all PSUSD families available weekdays through April 3 while schools are closed. Meals may be picked up at most school site parking lots and will be distributed at all bus routes to those who would like to come pick up.
 - [Click here for more information](#)

Food Banks

- **Hidden Harvest Food Bank**
 - 85711 Peter Rabbit Lane, Coachella (*Mon-Fri 8am - 4pm*)
 - (760) 398-8183
- **Food in Need of Distribution Food Bank:**
 - 83775 Citrus Avenue, Indio (*Mon 8:30am - 2pm, Tues-Fri 7am- 3:30pm*)
 - (760) 775-3663
- **Galilee Center**
 - 1030 Sixth Street, Suite 5, Coachella (*Every Thursday, Registration: 3pm, Distribution: 4pm*)
 - (760) 396-9100
- **Inland Valley Hope Partners**
 - [Click here for locations and schedule](#)

Other Food Info

- [Palm Springs Restaurant Scope of Operation during COVID-19](#)

Diaper Distribution Sites

- **Galilee Center- Mecca**
 - 66101 Hammond Rd, Mecca (*Every Thursday, 5pm*)
 - (760) 396-9100

Local COVID-19 Testing

- **Coronavirus Hotline/ Eisenhower Health**
 - [760-837-8988](tel:760-837-8988) to speak with an Eisenhower health care professional
- **Desert Aids Project**
 - Provides COVIDV-19 testing and treatment of symptoms. Call [760-992-0407](tel:760-992-0407) for information and appts.
 - Additionally the primary care clinic and behavioral health clinic are open and accepting new patients. More info call [760-323-2118](tel:760-323-2118).

Imperial County

Local Resource Databases and Information

- [211 Imperial County](#)
- [Imperial County Public Health Department](#)
- [Imperial Valley KPBS](#)

Food Resources

Meal Access for Students

- Imperial Unified School District
 - Food Service will continue to provide lunches for any child age 0-18 years old. Drive thru sack lunches are available at Frank Wright Middle School or Cross Elementary school starting March 17, 2020 from 10am -12 pm daily. You will also get a sack lunch breakfast for the next day.
 - Cross Elementary is located at 2462 Cross Road
 - Frank Wright is located at 885 N. Imperial Ave.
- El Centro Elementary School District Meal Service
 - Eligibility: Meals only distributed to children 18 years or younger. Children must still be present in order for meals to be provided.
 - [Click here for locations and schedule](#)
- Calexico Unified School District
 - All meals will be free of charge. CUSD students and any children 18 years or younger living in the same household will be allowed to take one meal with them for each meal service from any site.
 - [Click here for locations and schedule](#)
- Calipatria Unified School District
 - Calipatria Unified Food and Nutrition Services will be conducting a drive thru / walk-up distribution of daily prepared meals, free of charge.
 - Bill E. Young Jr. Middle School (cafeteria), 220 S International Blvd, Calipatria, CA 92233
 - Grace Smith Elementary (cafeteria), 9 E 4th St, Niland, CA 92257

Food Banks

- **Imperial Valley Food Bank's Mobile Food Pantry**
 - For location and scheduling, contact Alba Sanchez, alba@ivfoodbank.org, (760) 370-0966.