

# Gender Affirming Hormone Therapy Referral List – Western MA

For More Info:  
Visit: [PPLM.org](http://PPLM.org)  
Call Us: 800-258-4448  
Sexual Health Counseling & Referral Hotline: 800-258-4448 option 3  
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Planned Parenthood League of Massachusetts

## Community Support

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
SRS/Surgery Resources	Trans Healthcare - SRS Surgeon Directory	Online resource database of surgeons who perform: Body Sculpting, Breast Augmentation, Buttock Augmentation, Clitoroplasty, FFS, FMS, Glansplasty, Hair Grafting, Hysterectomy, Labiaplasty, Metoidioplasty, Orchiectomy, Penile Implant, Phalloplasty, Reconstructive Urology, Scrotoplasty, Top Surgery, Tracheal Shave, Urethroplasty, Vaginectomy, Vaginoplasty, Voice Feminization Surgery	<a href="http://www.transhealthcare.org/">http://www.transhealthcare.org/</a>	Online
Trans-competent referrals for a large range of services	LGBTResources.net	Online resource that includes locations in MA that are trans-competent for: Acupuncture, Birthing, Bottom Surgery, Cosmetics, Counseling Centers, Endocrinologists, Group Practice, Gynecology, HIV testing, Hysterectomy, Licensed Clinical Social Worker, Licensed Marriage Family Therapist, Licensed Master Social Worker, Licensed Mental Health Counselor, Massage Therapist, Naturopathy, Nurse Practitioner, Peer Specialist, Primary Care, Psychiatry, Psychologist, Reconstructive Surgery, Speech Pathologist, Top Surgery	<a href="https://lgbtresources.net/trans-competent-providers/">https://lgbtresources.net/trans-competent-providers/</a>	Online

Trans-competent referrals for a large range of services	Transcaresite.org	Online resource that includes: Therapists, Substance Abuse/Detox, Hair Removal, Mental & Behavioral Health, Endocrinology, Pediatrics, Primary Care, Surgery, Vocal Coaching, Internal Medicine, Assisted Reproduction, Gynecology, Oncology, Mammograms, Dermatology, Urology, Legal Services, Chiropractic, Life coaching	<a href="http://transcaresite.org/?frm_display=full&amp;ptype=&amp;pstate=MA&amp;pcountry=&amp;frm_search=">http://transcaresite.org/?frm_display=full&amp;ptype=&amp;pstate=MA&amp;pcountry=&amp;frm_search=</a>	Online
Trans-competent referrals for a large range of services- New England	New England Gender CARE	Online resource that includes information about gender-affirming services offered by hospitals and community health centers in New England	<a href="http://negendercare.org/">http://negendercare.org/</a>	Online
Trans-competent referrals for a large range of services- New England	Compass Transmasculine Resources	Online portal with transmasculine focused resources in New England including: Legal Support, Inclusive Career Recruitment, Surgery Advice, Medical Resources, Therapists, Financial Assistance for Surgery, PCPs, Urologists, Acupuncturists, Chiropractors, Medical Tattooing, Dermatologists, Physical Therapy	<a href="http://www.compassftm.org/resources.html">http://www.compassftm.org/resources.html</a>	Online
Binders and Breast Inserts	Point of Pride	Provides new or gently-used chest binders (specially-designed chest compression garments) for free to any trans person who is in need and cannot afford or safely obtain one	<a href="https://pointofpride.org/chest-binder-donations/">https://pointofpride.org/chest-binder-donations/</a>	Online
Binders and Breast Inserts	Gazebo Intimates	Private fittings for binders or bras by appointment	14 Center St, Northampton, MA 01060	Further information about events and

			<p>(413) 584-6673</p> <p><a href="https://www.the-gazebo.com/transgender-safe-space/">https://www.the-gazebo.com/transgender-safe-space/</a></p> <p>Hours:</p> <p>Monday-Saturday: 10:00 AM-6:00 PM</p> <p>Sunday: 12:00 PM-5:00 PM</p>	services as well as appointment scheduling can be found online
Financial Assistance	Jim Collins Foundation	Grant application to fund gender-affirming surgeries and services	<a href="https://jimcollinsfoundation.org/">https://jimcollinsfoundation.org/</a>	Online application
Trans-competent referrals for a large range of services	MASSTPC Wiki	Online portal that includes resources: Clinics, Dentists, Domestic Violence/Sexual Assault, Electrolysis/Laser Hair Removal, Endocrinologists, Family Medical, Financial, Fitness and Gyms, Obstetrics & Gynecology, HIV Prevention and Services, Holistic/Alternative Medicine/Chiropractic, Hospitals, Insurance, Needle Disposal, Nutrition and Wellness, Primary Care Doctors, Primary Care, Pediatricians, Reproductive Options, Substance Abuse, Surgeons, Therapists, Veterans Health Care, Wills & Directives	<a href="https://www.masstpc.org/media/wiki/index.php?title=MTROLwiki:Community_Portal#Health_Resources">https://www.masstpc.org/media/wiki/index.php?title=MTROLwiki:Community_Portal#Health_Resources</a>	Online
Domestic & Sexual Violence Support	Safe Passage	Free support groups, emergency shelter, short-term counseling, case	76 Carlon Drive Northampton, MA 01060 (413) 586-1125	Information about different services and

		management, and legal advice for survivors of domestic and sexual violence	<a href="https://safepass.org/">https://safepass.org/</a> 27/7 Hotline: (413) 586-5066  Transgender, Non-Binary, and Gender Non-Conforming Outreach Advocate: (413) 586-1125 ext. 36  LGBTQ+ Counselor Advocate: (413) 586-1125 ext. 11	programs can be found online
Community Support	Wildflower LGBTQ Peer Support Group, Western Mass Recovery Learning Community	Peer-to-peer support group for LGBTQ+ individuals to talk about extreme states, gender, sexuality, trauma, etc. in a non-judgmental and non-clinical setting	199 High St, Holyoke, MA 01040  <a href="mailto:sean@westernmassrlc.org">sean@westernmassrlc.org</a>	Every Thursday from 5:30 PM – 7:00 PM  Full calendar of events can be found at <a href="https://www.westernmassrlc.org/calendar">https://www.westernmassrlc.org/calendar</a>
Community Support	PFLAG Franklin-Hampshire	Organization for friends, family, and members of the LGBTQ+ community with programs to support, educate, and advocate	Pioneer Valley Family Medicine, 325 King St, Northampton, MA 01060 (Conference Room) (413) 625-6636  <a href="mailto:fhcpflag@gmail.com">fhcpflag@gmail.com</a> <a href="mailto:jcmalinkski48@gmail.com">jcmalinkski48@gmail.com</a>  <a href="http://fhcpflag.weebly.com/contact-and-meeting-information.html">fhcpflag.weebly.com/contact-and-meeting-information.html</a>	Meetings from 6PM-8PM on the 2 <sup>nd</sup> Tuesday of each month  Further information about programs and events can be found online
Community Support- Trans support	UniTy Group	Support and social group for trans individuals and allies with food and drinks provided	3300 Main St, Springfield, MA 01107  <a href="https://groups.yahoo.com/neo/groups/unity-of-the-pioneer-valley/info">https://groups.yahoo.com/neo/groups/unity-of-the-pioneer-valley/info</a>	Meetings every 2 <sup>nd</sup> Thursday of the month from 7:00 PM-9:00 PM

			<a href="https://www.facebook.com/groups/UniTySpringfield/">https://www.facebook.com/groups/UniTySpringfield/</a>	
Community Support	Stonewall Center at UMass Amherst	Resource center providing a range of services, including twice monthly HIV/STI testing, RA bulletin board kits, and LGBTQIA+ workshops facilitated by center staff and Speakers Bureau volunteers	Crampton Hall, 265 Sunset Ave., Amherst, MA 01003  <a href="https://www.umass.edu/stonewall/">https://www.umass.edu/stonewall/</a>	Monday-Friday: 9:00 AM- 5:00 PM  Further information about programs and events can be found online
Local Trans Resources	Western Massachusetts Trans Resource Guide	Online resource with information on local trans-competent providers for medical care, legal care, aesthetic service, and more	<a href="https://www.umass.edu/stonewall/resources/western-massachusetts-trans-resource-guide">https://www.umass.edu/stonewall/resources/western-massachusetts-trans-resource-guide</a>	Online
Community Support-Substance Abuse	GLBT Alcoholic Anonymous Group	Open meeting to discuss living sober for LGBTQ+ individuals, gender minorities, and allies	St. John's Episcopal Church, 48 Elm St, Northampton, MA 01060  LGBTQ+ AA: Fridays at 7:30 PM in the Undercroft Room  Gender Minorities & Allies AA: Saturdays at 5:30 PM in the Cochran Parlor	Gender- neutral bathroom on site  Wheelchair accessible
Community Support – Elder Services	SAGE Advocacy and Services for LGBT Elders	National organization providing advocacy and resources for LGBTQ+ elders with affiliates across the country	SAGE Hotline: (877) 360-LGBT  <a href="https://www.sageusa.org/">https://www.sageusa.org/</a>	Information about programs and services can be found online (closest affiliate center is in Providence)
Community Support- Elder services	Rainbow Elders	Social opportunities, meal clubs, and other support resources for LGBT elders	The Rainbow Elders Steering Committee at LifePath, 101 Munson St, Suite 201	Information about different services and

			Greenfield, MA 01301  (413) 773-5555  info@LifePathMA.org  <a href="https://lifepathma.org/rainbowelders">https://lifepathma.org/rainbowelders</a>	programs can be found online
Community Support-Veterans	Transgender American Veterans Association (TAVA)	National organization providing advocacy to ensure trans veterans receive appropriate care and to change public policy	<a href="http://www.tavausa.org/">http://www.tavausa.org/</a>	Online
Sexual Pleasure	Kathryn Elaine, Nine 69 Seven	Local advocate for intersectional sexual care and exploration selling spa products and adult novelties and conducting home parties/educational workshops	<a href="mailto:nine69seven@gmail.com">nine69seven@gmail.com</a>  <a href="https://www.facebook.com/Nine69Seven/">https://www.facebook.com/Nine69Seven/</a>	Contact for information about products and booking

## Faith-based Support

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Christian Community	South Congregational Church - United Church of Christ	One of Springfield's oldest congregations offering a safe and affirming environment for all LGBTQ+ individuals and allies (accounting for up to 25% or more of each Sunday congregation)	45 Maple Street, Springfield, MA 01105  (413) 732-0117  <a href="http://www.sococh.org/">http://www.sococh.org/</a>	Sunday worship starts at 10:00 AM  Further information about different services and programs can be found online
Christian Community	Unitarian Universalist Society of Greater Springfield	Congregation hosting welcoming sermons, worship services, community events, and social justice-oriented programming	245 Porter Lake Dr. Springfield, MA 01106  (413) 736-2324  <a href="https://www.uuspringfield.org/">https://www.uuspringfield.org/</a>	Full calendar of events can be found at  <a href="https://www.uuspringfield.org/events-calendar/">https://www.uuspringfield.org/events-calendar/</a>

Trans-specific Resources	TransFaith	National non-profit led by trans people and focused on various faith-based issues	(844) 283-2484 <a href="https://www.transfaith.info">https://www.transfaith.info</a> <a href="https://www.facebook.com/TransFaith.Online/">https://www.facebook.com/TransFaith.Online/</a> office@transfaith.info	Further information about programs and events can be found online
Christian Community	First Churches of Northampton	Welcoming congregation offering inclusive worship language, leadership structures, pastoral care, advocacy, and events	129 Main St, Northampton, MA 01060  (413) 584-9392  <a href="http://www.firstchurches.org/welcome/open-affirming/">http://www.firstchurches.org/welcome/open-affirming/</a>	Sunday worship starts at 10:00 AM  Further information about different services and programs can be found online
Christian Community	East Longmeadow Methodist Church	Inclusive congregation offering worship services, outreach, sermons, and resources	215 Somers Road, East Longmeadow, MA 01028  (413) 525-7416  info@elumc.org  <a href="http://www.elumc.org/inclusion.htm">http://www.elumc.org/inclusion.htm</a>	Sunday worship starts at 10:00 AM  Further information about different services and programs can be found online
Christian Community	South Hadley Methodist Church	Mission focused congregation offering monthly community service opportunities, events, and worship services	30 Carew St, South Hadley, MA 01075  (413) 532-0500  churchoffice@thesteepinthefalls.org  <a href="http://thesteepinthefalls.org/">http://thesteepinthefalls.org/</a>	Sunday worship starts at 10:00 AM  Further information about different services and programs can be found online
Jewish Community	Beit Ahavah: Reform Synagogue of Greater Northampton	Inclusive Reform Jewish community offering worship and study services	130 Pine Street Florence, MA 01062  (413) 587-3770  info@beitahavah.org	Further information about different services and programs can be found online



			<a href="http://www.beitahavah.org/">http://www.beitahavah.org/</a>	
Buddhist Community/ Meditation Services	Insight Meditation Center of Pioneer Valley	Inclusive non-residential meditation center grounded in Theravada Buddhism offering free/donation based programming	116 Pleasant Street Eastworks, Suite 242 Easthampton, MA 01027  (413) 527-0388  <a href="https://www.insightpv.org/">https://www.insightpv.org/</a>	Further information about different services and programs can be found online

## Youth Services

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Primary Care - Youth Services (Ages 12-29)	Sydney Borum Jr. Health Center ("The Borum") - Fenway Health	Primary care, gender affirming hormone therapy, STI/HIV testing, contraception, behavioral health	Sidney Borum, Jr. Health Center 75 Kneeland Street Boston, MA 02111 (617) 457-8140	Medical appointments available between 9:00 AM- 5:00 PM  Behavioral Health walk-in hours on Fridays between 12:00 PM- 2:00 PM
Primary Care - Youth Services; Surgery Services - Youth Services (Ages 3-25)	Gender Management Services (GEMS) - Boston Children's Hospital	Adolescent medicine, endocrinology, psychology, social work, urology, plastic surgery	Boston Children's Hospital 333 Longwood Avenue Second Floor Boston, MA 02115  (617) 355-4367  <a href="http://www.childrenshospital.org/centers-and-services/programs/a-e/disorders-of-sexual-development-dsd-and-gender-management-service-program">http://www.childrenshospital.org/centers-and-services/programs/a-e/disorders-of-sexual-development-dsd-and-gender-management-service-program</a>	Most insurance accepted (including BCBS, Cigna, GIC, Unicare, Fallon, HPHC, MH, etc) and further questions can be directed to finance department (617) 355- 3397

Community Support	Massachusetts Commission on LGBTQ Youth	Independent state agency working to promote LGBTQ+ youth policies and advocacy across the state, website contains events and resources	<a href="https://www.mass.gov/orgs/massachusetts-commission-on-lgbtq-youth">https://www.mass.gov/orgs/massachusetts-commission-on-lgbtq-youth</a>	Online
Housing Support (Ages 18-24)	Dial/Self: Youth and Community Services	LGBTQ+ housing first Program for homeless youth trying to access and maintain stable housing	16 Miles St, Greenfield MA 01301 (413) 774-7054 ext 129  wanderson@dialself.org  <a href="http://www.dialself.org/lgbtqhfporg.html">http://www.dialself.org/lgbtqhfporg.html</a>	Application for program can be accessed by appointment by visiting during drop-in hours or calling to schedule  Drop-in hours: Monday, Wednesday, Friday: 2:00 PM- 7:00 PM
Community Support- Youth Services (Ages 14-21)	Generation Q	Confidential social and support group and peer leadership training for LGBTQ+ youth and allies as well as resources for middle-school aged youth	154 Federal St, Greenfield, MA Tuesdays: 4PM- 7PM  17 New South St, Suite 116 Northampton, MA 01060 Wednesdays: 4PM- 7PM  (413) 774-2318  tlionheart@communityaction.us  <a href="https://www.communityaction.us/youth-programs">https://www.communityaction.us/youth-programs</a>	Further information about programming can be found online or by contacting email

Community Support	Out Now, Inc.	Queer youth organization providing safe spaces for LBTQ+ youth and allies to learn about themselves and their history, develop leadership skills, create performance art, and much more	1695 Main St, Springfield, MA 01103 (Located on 2 <sup>nd</sup> floor)  (413) 736- 4610  outnow@comcast.net  <a href="http://outnowyouth.org/">http://outnowyouth.org/</a>	Drop-in hours: Wednesdays: 5:00 PM-7:00 PM  Full calendar of events can be found at <a href="http://outnowyouth.org/calendar/">http://outnowyouth.org/calendar/</a>
Community Support- Youth Services	House of Colors/Casa de Colores	Youth-led resource and support center	301 Main St, Holyoke, MA 01040  (413) 532-9300  houseofcolorspv@gmail.com  <a href="https://www.facebook.com/HouseOfColorsHolyoke/">https://www.facebook.com/HouseOfColorsHolyoke/</a>	Mondays: 5:00 PM-8:30 PM
Community Support- Youth Services (Ages 13-22)	Live Out Loud	Youth-led adult supported social and support group for LGBTQ+ youth and allies	Berkshire Children & Families Family Resource Center, 480 West St, Pittsfield, MA 01201  Phone: (413) 442-5333 ext 6800  <a href="https://www.facebook.com/groups/lolyp/">https://www.facebook.com/groups/lolyp/</a>	Wednesdays: 4:00 PM- 5:30 PM
Children's Playgroup (Ages 0-12)	Trans and Non-Binary Young Children's Meet-up	Monthly social meet-up for young trans and non-binary children and their parents to meet each other and play games over light breakfast	Bridge Family Resource Center 101 University Dr, Suite A3 Amhert, MA 01002  (413) 549-0297 ext. 6500  <a href="https://www.csoinc.org/news-events">https://www.csoinc.org/news-events</a>	Every 3 <sup>rd</sup> Saturday of the month from 10 AM- 12 PM

Community Support- Youth Services	OUT MetroWest	Community organization providing a variety of youth support groups for LGBTQ+ middle-school and high-school aged individuals	929 Worcester Rd, Framingham, MA 01701  (508) 875-2122  info@outmetrowest.org  <a href="http://outmetrowest.org/">http://outmetrowest.org/</a>	Drop-in hours: Thursday: 3:00 pm - 6:00 pm  Full calendar of events can be found at <a href="http://outmetrowest.org/calendar/out-metrowest-calendar/">http://outmetrowest.org/calendar/out-metrowest-calendar/</a>
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## Primary Care

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Primary Care	J. Aleah Nesteby, Cooley Dickinson Medical Group at Northampton Family Medicine	Family nurse practitioner assisting with adult and pediatric hormone therapy and other trans specific care using an informed consent framework	22 Atwood Drive Northampton, MA 01060  (413) 584-2178	Office Hours: 8:00 AM – 5:00 PM  Accept MassHealth, Partner's ACO, and most commercial insurances
Primary Care	Dr. Stephanie Billings, Holyoke Health Center	Family care provider able to offer adult and pediatric hormone therapy in English, Spanish, Polish, and ASL	230 Maple St, Ste 1 Holyoke, MA 01040  (413) 420-2200  Contact Glorimar Irizarry to coordinate booking GAHT services for minors: (413) 420-2239  Hours: Monday-Friday: 8:00 AM -4:30 PM Saturday-Sunday: CLOSED	Insurance accepted: BCBS Blue Card PPO BCBS MA Blue Care Elect PPO BCBS MA HMO Blue with Managed Care Behavioral Health UHC Choice Plus POS UHC Navigate HMO UHC Navigate POS UHC Options PPO Medicare/Medicaid
Community Health Center	John P. Musante Health Center	Queer-friendly community health center offering	The Bangs Community Center,	Accepts all insurance (including Mass

		affordable and accessible medical and oral care with an MD who has extensive experience in trans health care	70 Boltwood Walk, Amherst, MA 01002  (413) 835-4980  Hours: Monday-Wednesday: 8:00 AM- 5:00 PM Thursday-Friday: 8:00 AM- 5:30 PM Saturday-Sunday: CLOSED	Health) and can arrange care for uninsured individuals  Interpretation services available upon request
Transgender Health	Transgender Health Program, Massachusetts General Hospital	Program offering comprehensive gender-affirming primary care, endocrine/hormone management, case management and links to behavioral health and surgical services	Bartlett Hall Extension, 4th Floor, Parkman Street Boston, MA 02114  (617) 643-7210  <a href="https://www.massgeneral.org/transgenderhealthprogram/">https://www.massgeneral.org/transgenderhealthprogram/</a>	Insurance accepted: Aetna AllWays Health Partners Blue Cross Blue Shield BMC HealthNet Cigna Commonwealth Coventry Fallon Fallow Humana TriCare Tufts Health Plan UniCare Untied Most private systems
Community Health	Tapestry Health Systems	Free or affordable LGBTQ+-friendly healthcare services including sexual and reproductive healthcare, STI and HIV screening, needle exchange, etc. in English and Spanish	Full list of locations by service can be found at <a href="https://www.tapestryhealth.org/find-us/">https://www.tapestryhealth.org/find-us/</a>  (413) 586-2016  <a href="https://www.tapestryhealth.org/">https://www.tapestryhealth.org/</a>	Further information about providers and services offered can be found online
Transgender Health	Transgender Services, Baystate Health	Program offering multidisciplinary gender-	Baystate High Street Health Center,	Further information about providers and

		affirming primary medical care, hormone therapy, OBGYN care, STI screening, and behavioral health referrals	140 High St, C Level Springfield MA 01105  (413) 794-2511  <a href="https://www.baystatehealth.org/services/transgender-services">https://www.baystatehealth.org/services/transgender-services</a>	services offered can be found online
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## Behavioral Health

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Behavioral Health Referral Hotline	William James College INTERFACE Referral Service	Free and confidential Mental health hotline providing referrals across the state	(888) 244-6843  <a href="http://interface.williamjames.edu">interface.williamjames.edu</a>	Monday-Friday: 9AM- 5PM
Behavioral Health	Lo Fitzgibbons	Clinical social worker and therapist providing individual and couples mental healthcare as well as helping clients coordinate care with clinicians for gender-affirming care	28 High Street, 2 <sup>nd</sup> Floor Greenfield, Massachusetts 01301  <a href="https://www.psychologytoday.com/us/therapists/lo-fitzgibbons-greenfield-ma/325341">https://www.psychologytoday.com/us/therapists/lo-fitzgibbons-greenfield-ma/325341</a>	Average costs per session: Individual therapy: \$80--\$150 Couples therapy: \$25-50  Sliding scale payment accepted  Accepts insurance, cash, check, American Express, Health Savings Account, Mastercard, and Visa for payment  Accepted Insurance: Blue Cross Blue Cross Blue Shield HNE Harvard Pilgrim Medicare Optum

				Tufts United Behavioral Health Out of Network
Behavioral Health	Hunter G. Swanson	Clinical social worker and therapist with a focus on transgender care as well as helping clients coordinate care with clinicians for gender-affirming care	10 Fiske Ave, 2 Greenfield, MA 01301  (413) 728-5652  <a href="https://www.psychologytoday.com/us/therapists/hunter-g-swanson-licsw-greenfield-ma/265795">https://www.psychologytoday.com/us/therapists/hunter-g-swanson-licsw-greenfield-ma/265795</a>	Average cost per session: \$90 - \$120  Sliding scale payment accepted Accepts insurance, cash, and check for payment  Accepted Insurance: AllWays Health Partners Anthem BMC Health Net Beacon Blue Cross Blue Shield Cenpatico Cigna Harvard Pilgrim Health New England (HNE) MBHP Medicare Optum Oxford Tufts United Healthcare Out of Network
Behavioral Health	Institute for Emerging Adulthood	Private psychotherapy practice of clinicians providing services around depression, trauma, anxiety, race-based trauma, dialogues on whiteness, queerness and gender, couple and poly relationships, and a creative and embodied practice	25 Main St, Suite 218 Northampton, MA 01060 (413) 497-7100  409 Main St, Amherst, MA 01020 (413) 497-7100  <a href="https://www.instituteforemergingadulthood.com/">https://www.instituteforemergingadulthood.com/</a>	Cost for first session (including assessment): \$165 Cost for each subsequent 45 min session: \$150  Sliding scale payment accepted  Accepts insurance, cash, check, and all major

				<p>credit/debit cards if necessary</p> <p>PPO plans accepted as out of network providers</p> <p>UMass Amherst Student Health Benefit Plan accepted (\$30 coinsurance after \$200 deductible is met)</p> <p>Jaycelle Basford-Pequet is accepting insurance for Tufts, HNE, and Medicare as in-network providers</p>
Behavioral Health	Peter Pruyn	Queer and trans-affirming therapist offering mindfulness and expressive therapy approaches (including EMDR) with focuses in trauma and PTSD, sexual abuse, grief, and issues related to gender and sexuality	<p>16 Center St, Northampton, MA 01060</p> <p>(413) 320-4240</p> <p><a href="https://www.psychologytoday.com/us/therapists/peter-pruyn-northampton-ma/281207">https://www.psychologytoday.com/us/therapists/peter-pruyn-northampton-ma/281207</a></p>	<p>Cost per session: \$140</p> <p>Sliding scale payment accepted</p> <p>Accepts insurance, cash, check, Discover, Health Savings Account, Mastercard, and Visa for payment</p> <p>Accepted Insurance: BCBS HMO BCBS Indemnity BCBS PPO Blue Cross/Blue Shield Out of Network</p>
Behavioral Health	Joanna Frost	Independent clinical social worker with focuses in anxiety, depression, relational problems, career issues, and gender identity and trauma (among others)	<p>1 Springfield St, Annex A, Suite 6, Chicopee, MA 01013</p> <p>(413) 594-1122</p> <p>joannafrost@yahoo.com</p>	<p>Cost per session: \$110</p> <p>Sliding scale payment accepted</p> <p>Accepts insurance and direct payment</p>



			<a href="http://www.joannafrost.com/Joanna_Frost/Welcome.html">http://www.joannafrost.com/Joanna_Frost/Welcome.html</a>	Appointments available during the day and evenings Tuesdays through Saturdays (can arrange to see clients on Sundays and holidays for more pressing issues schedule permitting)
Behavioral Health	Dr. Eunice Aviles	<p>Doctor in clinical psychology providing psychotherapy, gender therapy, sex therapy, and clinical supervision services in English and Spanish</p> <p>Can provide in-person or online therapy to individuals in Massachusetts, New Jersey, Puerto Rico, and internationally</p>	<p>2424 Morris Ave, Suite 103, Union, NJ 07083</p> <p>(413) 657-6104</p> <p>therapy@euniceaviles.com</p> <p><a href="https://www.euniceaviles.com/index.html">https://www.euniceaviles.com/index.html</a></p>	<p>Cost for first session: \$175 Cost for each subsequent 50 min session: \$150</p> <p>Accepts insurance, cash, check, Ivy Pay in NJ, and Paypal for online sessions</p> <p>Accepted insurance: Blue Cross/Blue Shield Cigna Tufts Commonwealth Care Alliance UBH (out of network provider) AETNA (out of network provider)</p>
Behavioral Health	LifeCourse Counseling Center	Center providing comprehensive LGBTQI+ in-person, phone, and video therapy and counseling sessions	<a href="https://lifecourse.net/">https://lifecourse.net/</a>	<p>PPO (not HMO) insurance plans accepted</p> <p><a href="https://lifecourse.net/insurance">https://lifecourse.net/insurance</a></p>

## Surgery Services

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Surgery Services-Hysterectomy	Dr. Carolyn Delk, Baystate Health	OBGYN provider offering services in adult pelvic	Baystate Brightwood Health Center,	Accepted insurance: AETNA

		pain management and hysterectomies	<p>380 Plainfield St, Springfield, MA 01107 (413) 794-4458</p> <p>Baystate Wesson Women's Group, Tolosky Center, 3300 Main St, Suite 4D Springfield, MA 01199 (413) 794-7045</p> <p><a href="https://providers.baystatehealth.org/provider/Carolyn+E.+Delk/207999#provider-details-about">https://providers.baystatehealth.org/provider/Carolyn+E.+Delk/207999#provider-details-about</a></p>	<p>Blue Shield PPO Blue Shield Medicare BMC Healthnet MCO CeltiCare Cigna Great West Commonwealth Connecticare Consolidated CT Medicaid Fallon ACO Fallon (Non MassHealth) First Health Coventry Harvard Pilgrim HNE HNE Be Healthy HMO Blue MA Medicaid Medicare Multiplan PHCS Northeast Direct Railroad Medicare Senior Whole Health Serenity Care Pace Tricare Tufts Unicare GIC United Healthcare VT Medicaid</p>
Surgery Services- Top Surgery	Dr. Pranay Parikh, Baystate Plastic Surgery	Plastic surgeon offering top surgery and reconstructive surgery	<p>2 Medical Center Drive, Suite 206, Springfield, MA 01107</p> <p>(413) 794-5363</p> <p><a href="https://providers.baystatehealth.org/provider/Pranay+M.+Parikh/207478#provider-details-about">https://providers.baystatehealth.org/provider/Pranay+M.+Parikh/207478#provider-details-about</a></p>	<p>Requires therapist referral and referral from a gender clinic (after being seen there for at least one year)</p> <p>Accepted insurance: AETNA Blue Shield PPO Blue Shield Medicare BMC Healthnet MCO CeltiCare Cigna Great West</p>

				Commonwealth Connecticare Consolidated CT Medicaid Fallon ACO Fallon (Non MassHealth) First Health Coventry Harvard Pilgrim HNE HNE Be Healthy HMO Blue MA Medicaid Medicare Multiplan PHCS Northeast Direct Railroad Medicare Senior Whole Health Serenity Care Pace Tricare Tufts Unicare GIC United Healthcare VT Medicaid
Surgery Services	Dr. Simone Topal, Cooley Dickinson Medical Group Plastic Surgery	Plastic surgeon offering breast reconstruction, top surgery, cosmetic surgery, reconstructive surgery, minimally invasive facial rejuvenation, and botox/filler services	40 Main St, #202, Florence, MA 01062  (413) 584-0044 Patient Accounts: (413) 582-2222	Office Hours: 8:00 AM- 5:00 PM Income-based sliding scale and financial assistance available
Surgery Services- Top Surgery	Dr. Melissa Johnson, Pioneer Valley Plastic Surgery	Plastic surgeon offering top surgery, aesthetic plastic surgery, and reconstructive plastic surgery	100 Wason Ave, Suite 360, Springfield, MA 01107  (413) 731-7877  info@pvps.net	Dr. Johnson requires letter prior to surgery based on medical policy requirements for insurance patients or following a consultation and at least three months of therapy for self-pay patients

				<p>Average service cost is approximately \$8300 (includes the surgeon's fee, hospital fee, anesthesia, and the overnight stay), pathology fee (approximately \$150-200) is not included and will be billed after surgery</p> <p>Accepts insurance and offers financing options through CareCredit and Alphaeon Credit</p>
Surgery Services	Boston Medical Center Transgender Admin Line	Gender-affirmation consultation and surgeries	<p>Boston Medical Center 725 Albany St Boston, MA 02118</p> <p>(617) 638-1839</p> <p><a href="https://www.bmc.org/">https://www.bmc.org/</a></p>	<p>Referral and consultation needed</p> <p>Accepts all insurance except for United Healthcare and Fallon</p>
Surgery Services	Center for Gender Surgery, Boston Children's Hospital	Gender affirmation surgery services for eligible adolescents and young adults (including vaginoplasty, metoidioplasty, phalloplasty, chest reconstruction, breast augmentation, and other gender affirmation surgeries)	<p>Center for Gender Surgery, 300 Longwood Ave., Boston, MA 02215</p> <p>(617) 355-2740</p> <p><a href="mailto:gendersurgery@childrens.harvard.edu">gendersurgery@childrens.harvard.edu</a></p>	<p>Eligibility requirements can be found at <a href="http://www.childrenshospital.org/centers-and-services/programs/a--e/center-for-gender-surgery-program/eligibility-for-surgery">http://www.childrenshospital.org/centers-and-services/programs/a--e/center-for-gender-surgery-program/eligibility-for-surgery</a></p> <p>Accepted insurance and payment information can be found at <a href="http://www.childrenshospital.org/patient-resources/before-your-visit/accepted-health-insurances">http://www.childrenshospital.org/patient-resources/before-your-visit/accepted-health-insurances</a></p>

## OB/GYN

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
OB/GYN	Dr. Tucker Kueny, Cooley Dickinson Medical Group Women's Health	OBGYN provider offering general gynecologic care, minimally invasive gynecologic surgery using laparoscopic and robotic technologies, female incontinence and treatment of various pelvic organ disorders, and onsite urodynamic testing in English and Spanish	22 Atwood Dr, Northampton, MA 01060  (413) 586-9866	Office Hours: 8:00 AM- 5:00 PM  Accepted insurance and payment information can be found at <a href="https://www.cooleydickinson.org/billing-insurance/accepted-insurance-plans/">https://www.cooleydickinson.org/billing-insurance/accepted-insurance-plans/</a>
Fertility Services	Cooley Dickinson Health Care	Full-scope of fertility services offered including single-embryo transfer, IVF, cryopreservation, preimplantation genetic testing, egg/sperm donation and surrogacy options, and male infertility treatments, and more	Call (413) 586-9866 for an appointment at one of four Women's Health locations in Northampton and Amherst	Program is labelled "Women's Health" but provides care for trans men, genderqueer and gender-nonconforming individuals  Accepted insurance and payment information can be found at <a href="https://www.cooleydickinson.org/billing-insurance/accepted-insurance-plans/">https://www.cooleydickinson.org/billing-insurance/accepted-insurance-plans/</a>

## Endocrinology

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Hormone Therapy	New Era Pharmacy	Hormone Therapy By Mail (includes all supplies: needles, alcohol swabs, etc.)	1286 SE Holgate Blvd. Suite C2 Portland, OR 97202 (503) 222-4822 or (877) 252-9393	Online

Endocrinology	Dr. Chelsea Gordner. Baystate Endocrinology	Provider offering adult and pediatric gender affirming hormone therapy	Tolosky Center, 3300 Main Street, Suite 3B Springfield, MA 01107  (413) 794-7031  <a href="https://providers.baystatehealth.org/provider/Chelsea+C.Gordner/207551#provider-details-experience">https://providers.baystatehealth.org/provider/Chelsea+C.Gordner/207551#provider-details-experience</a>	Accepted insurance: AETNA Blue Shield PPO Blue Shield Medicare BMC Healthnet MCO CeltiCare Cigna Great West Commonwealth Connecticare Consolidated CT Medicaid Fallon ACO Fallon (Non MassHealth) First Health Coventry Harvard Pilgrim HNE HNE Be Healthy HMO Blue MA Medicaid Medicare Multiplan PHCS Northeast Direct Railroad Medicare Senior Whole Health Serenity Care Pace Tricare Tufts Unicare GIC United Healthcare VT Medicaid
Endocrinology	Dr. Matthew Spitzer, Valley Medical Group	Provider who has published on testosterone therapy in men and has special interest in hormone replacement therapy and gender medicine	238 Northampton St, Easthampton, MA 01027  (413) 529-9300	Requires referral from PCP  Office hours: Monday- Friday: 8:00 AM- 5:00 PM  Accepted insurance can be found at <a href="https://doctor.webmd.com/doctor/matthew-spitzer-">https://doctor.webmd.com/doctor/matthew-spitzer-</a>

				<a href="https://www.mass.gov/info-details/084d8120-0332-4877-9f9e-ac209187c26b-insurance">084d8120-0332-4877-9f9e-ac209187c26b-insurance</a>
Endocrinology	Dr. Mary Roy	Provider offering full-scope endocrinology services with interest in women's health	325b King St., Northampton, MA 01060  (413) 586-0611	Accepted insurance: Aetna Managed Choice Aetna Signature PPO Cigna HMO Cigna LocalPlus Cigna Open Access Plus Cigna PPO Harvard Pilgrim HMO Harvard Pilgrim PPO
Endocrinology	Dr. Margaret A. Ferry	Private practice provider offering full-scope endocrinology services	33 Riddell St, Suite #8 Greenfield, MA 01301  (413) 773-7400  margaretferrymd.com	Accepts most insurance except for Fallon, MassHealth, or Celticare
Endocrinology	Kimberly Browne-Martin, M.D., Endocrinologist	Provider offering full-scope endocrinology services	2 Medical Center Drive, Suite 210, Springfield, MA 01107  (413) 734-4661	Office hours: Monday- Friday: 8:00 AM- 5:00 PM  Accepts most insurance except for MassHealth

## Speech Therapy

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Speech Therapy	Alida Engel, Center for Speech and Learning	Speech pathologist helps choose goals, (which extend beyond pitch and resonance) for speech, laughing, and coughing, to more encompassing goals of changing mannerisms, dress, etc	801 Edgewood Ave. New Haven, Connecticut 06515  (203) 397-3224  <a href="http://www.centerforspeechandlearning.com/speech-therapy-transgender-voice.php">http://www.centerforspeechandlearning.com/speech-therapy-transgender-voice.php</a>	Office open Monday-Thursday  Free consultations

## Physical Therapy

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Physical Therapy	Advance Therapeutics, Inc.	Privately-owned outpatient physical therapy clinic offering a full range of services	16 West St, W. Hatfield, MA 01088  (413) 247-6471  advancetherapeutics@comcast.net  <a href="http://www.advancetherapeutics.com/">http://www.advancetherapeutics.com/</a>	Accepts insurance, cash, and credit card for payment  Insurance Accepted: Blue Cross Blue Shield Health New England Harvard Pilgrim Medicare Tufts ConnectiCare Automobile Personal Injury Plan Worker's Compensation
Physical Therapy	Pioneer Spine and Sports Physicians	Comprehensive physical therapy services and care for musculoskeletal, sports, pelvic floor dysfunction, and spinal conditions	Full list of locations can be found at <a href="https://www.spinesports.com/contact-us-spine-physicians-ma.html">https://www.spinesports.com/contact-us-spine-physicians-ma.html</a>  (413) 785-1153  info@spinesports.com  <a href="https://www.spinesports.com/">https://www.spinesports.com/</a>	Accepted insurance dependent on therapist

## Personal Care

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Aestheticians	Vallon MediSpa	Skin spa offering facial services, waxing, laser hair removal, and makeup services	163 Conz St, Northampton, MA 01060  (413) 586-9449	Further information about services, hours, and pricing can be found online



			<a href="http://www.vallonmedispa.com/">http://www.vallonmedispa.com/</a>	
Massage Therapy	Maylea Spence Massage Therapy	Swedish, Trigger Point, Deep Tissue, and Relaxation Massage therapy services	28 Federal Street #2, Greendfield, MA 01301  (413) 824-8009  <a href="https://mayleaspence.massagetherapy.com/home">https://mayleaspence.massagetherapy.com/home</a>	Cost of Swedish Massage session for: 60 minutes - \$65 90 minutes - \$90  Services available by appointment only
Aestheticians- Hair Removal	Chérie Brisebois, Your Everlasting Solution Electrolysis	Salon offering permanent hair removal and nail care services, including electrolysis preparation for gender-affirming services	62 Westfield St, West Springfield, MA 01089  (413) 733-2499  cheriebrisebois@comcast.net  <a href="http://cheriebrisebois.wixsite.com/mysite">http://cheriebrisebois.wixsite.com/mysite</a>	Further information about services and pricing can be found at <a href="http://cheriebrisebois.wixsite.com/mysite/menu-of-services">http://cheriebrisebois.wixsite.com/mysite/menu-of-services</a>
Aestheticians- Hair Removal	Karen Martin-Essa	Salon offering electrolysis and other permanent hair removal services	30 North King St, Northampton, MA 01060  (413) 587-3000  kess@charter.net	Contact for information about pricing and services
Sexual Pleasure	Oh My! Sensuality Shop	Information, events, and resources for LGBTQ+ friendly sexual pleasure	122 Main St, Northampton, MA 01060  (413) 584-9669  Hours: Monday – Thursday: 12:00 PM – 7:00 PM Friday-Saturday: 12:00 PM – 8:00 PM	Further information about programs and events can be found online

			Sunday: 12:00 PM – 5:00 PM  <a href="https://www.ohmysensuality.com/">https://www.ohmysensuality.com/</a>	
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## Legal Support

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Legal Support	Shain M. Neumeier	Practices name changes and gender recognition, youth rights, treatment order defense, abuse and neglect litigation, and civil commitment defense	9 ½ Market St, Northampton MA 01060  (413) 342-1848  shain@disabilityjusticelaw.com  <a href="https://www.disabilityjusticelaw.com/">https://www.disabilityjusticelaw.com/</a>	Fees dependent on type of case and can be negotiated to a fair price and payment schedule depending on ability to pay  Accepts payment in cash, check, direct deposit, or PayPal
Legal Support	Julie Dialessi-Lafley	Practices divorce and family law, adoption, reproductive law, estate planning, and elder law	Bacon Wilson, Attorneys At Law 33 State Street, Springfield, MA 01103 (413) 781-0560	Facility is wheelchair accessible  Evening and weekend appointments and services in Russian offered
Name and sex marker change	National Center for Transgender Equality	Website outlining state requirements and process for changing sex marker on MA birth certificates (requires notarized physician letter that can be acquired through Planned Parenthood) as well as comprehensive resources for the name change process	<a href="https://transequality.org/documents/state/massachusetts">https://transequality.org/documents/state/massachusetts</a>	Online

Sex marker change	U.S. Department of State	Website outlining requirements and process for changing sex marker on U.S. passport	<a href="https://travel.state.gov/content/travel/en/passports/apply-renew-passport/change-of-sex-marker.html">https://travel.state.gov/content/travel/en/passports/apply-renew-passport/change-of-sex-marker.html</a>	Online
Name and sex marker change	Massachusetts Transgender Political Coalition	Comprehensive webpage outlining requirements and process for changing sex marker and name on legal documents	<a href="https://www.masstpc.org/get-help/identity-documents/">https://www.masstpc.org/get-help/identity-documents/</a>	Online
Name and sex marker change	GLBTQ Legal Advocates & Defenders (GLAD)	Rapid-response program connecting those looking to change sex marker and/or name on federal and state documents to free legal representation and attorney guidance	<a href="https://www.glad.org/id/">https://www.glad.org/id/</a>	Online intake form
Discrimination/hate crime resources	Massachusetts Transgender Political Coalition	Comprehensive website of statewide resources for help with gender-based discrimination and hate crime cases	<a href="https://www.masstpc.org/get-help/discrimination-resources/">https://www.masstpc.org/get-help/discrimination-resources/</a>	Online
LGBTQ+ Asylum Resources and support	LGBT Asylum Task Force	Community organization supporting the legal and day-to-day needs of LGBTQ+ asylum seekers	6 Clover Street, Worcester, MA 01603  (508) 853-8853  info@lgbt asylum.org  <a href="http://www.lgbt asylum.org/">http://www.lgbt asylum.org/</a>	Information about different services and programs can be found online

## Hotlines

Name of Resource/Provider	Contact	Hours	Information
LGBT Helpline (Ages 25+)  Fenway Health	(888) 340-4528 or (617) 267-9001	Monday – Saturday 6:00 PM – 11:00 PM  Sunday: CLOSED	Anonymous and confidential hotline offering help, information, referrals, and support for LGBT individuals who are age 25 or older. Support provided for safer sex, coming out, where to find

			gay-friendly establishments, HIV and AIDS, depression, suicide, harassment and violence, etc.
Peer Listening Line (Ages 25 and under)  Fenway Health	(888) 399-PEER or (617) 267-2535	Monday – Saturday 5:30 PM – 10:00 PM  Sunday: CLOSED	Anonymous and confidential hotline offering help, information, referrals, and support for LGBT individuals who are age 25 or older. Support provided for safer sex, coming out, where to find gay-friendly establishments, HIV and AIDS, depression, suicide, harassment and violence, etc.
Gay, Lesbian, Bisexual and Transgender National Hotline	(888) 843-4564  Email: help@GLBThotline.org	Monday – Friday 4:00 PM – 12:00 AM  Saturday 12:00 PM – 5:00 PM  Sunday: CLOSED	Private hotline for one-on-one chat and email peer-support regarding coming out, relationship concerns, harassment and violence, workplace issues, HIV/AIDS, safer sex, etc.
Gay, Lesbian, Bisexual and Transgender National Youth Talkline (Ages 25 and under)	(800) 246-PRIDE	Monday – Friday 4:00 PM – 12:00 AM  Saturday 12:00 PM – 5:00 PM  Sunday: CLOSED	Private hotline for one-on-one chat providing support to those up to age 25 regarding coming out, relationship concerns, harassment and violence, workplace issues, HIV/AIDS, safer sex, etc.
Trans Lifeline	(877) 565-8860	Hotline open 24/7	Peer support service run by trans volunteers for trans and questioning callers in crisis or in need of support
Trevor Project	Hotline: (866) 488-7386  Text: Text the word “START” to 678678  Chat: <a href="https://www.thetrevorproject.org/get-help-now/">https://www.thetrevorproject.org/get-help-now/</a>	Hotline open 24/7	Crisis intervention and suicide prevention support hotline, text, and online chat service for LGBTQ+ young people

Network La Red	(617) 742-4911	Hotline open 24/7	Boston-based hotline providing confidential emotional support, information, referrals, safety planning, and crisis intervention for LGBTQ+ individuals as well as individuals in SM/kink and polyamorous communities who have or are currently experiencing partner abuse
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