

Clarifying the Role of Sex Ed To-Go vs. Live Sexuality Educators

Sex Ed To-Go is designed to provide high-quality foundational information about sexual health but basic facts are just the start. True education and sustained behavior change require the activities, role play, deeper thinking and trust-building that happens with live, well-trained sexuality educators.

Sex Ed To-Go is meant to be used in conjunction with live educators. Sex Ed To-Go provides didactic, fact-based presentations, so that educators can spend their time with students on more meaningful education: leading activities and role plays, answering questions, and ensuring a safe, inclusive environment.

The table below demonstrates how both Sex Ed To-Go AND live educators together contribute to effective sexuality education.

CHARACTERISTICS OF EFFECTIVE SEXUALITY EDUCATION from National Sexuality Education Standards*

	Sex Ed To-Go	Live, well-trained sexuality educators
Focuses on specific behavioral outcomes	****	****
Addresses individual values and group norms that support health-enhancing behaviors	**	****
Focuses on increasing personal perceptions of risk and harmfulness of engaging in specific health risk behaviors, as well as reinforcing protective factors	**	****
Addresses social pressures and influences	*	****
Builds personal and social competence	*	****
Provides functional knowledge that is basic, accurate and directly contributes to health-promoting decisions and behaviors	****	****
Uses strategies designed to personalize information and engage students		***
Provides age-and developmentally appropriate information, learning strategies, teaching methods and materials	**	***
Incorporates learning strategies, teaching methods and materials that are culturally inclusive	**	***
Provides adequate time for instruction and learning	*	***
Provides opportunities to reinforce skills and positive health behaviors		****
Provides opportunities to make connections with other influential persons		**
Includes teacher information and plan for professional development and training to enhance effectiveness	****	****

* <https://siecus.org/wp-content/uploads/2018/07/National-Sexuality-Education-Standards.pdf>