

Resource Guide:

Gender Affirming Care in Northwest Ohio

General Resources

Name	Type	Description
<u>AGLP Online Referral</u>	Find a psychiatrist	Searchable database for The Association of LGBTQ+ Psychiatrists
<u>Family Equality</u>	Trans fertility & family planning	Resources on trans fertility and family building; LGBTQ+ family resources; research, articles, and handbooks
<u>FindHelp.org</u>	Search engine	Find resources by location and type of service (e.g. food, housing, transportation, and medical)
<u>Finding Insurance for Transgender-Related Healthcare</u>	Insurance information	Finding coverage and links to carriers' coverage policies
<u>Gay and Sober Meeting Finder</u>	Alcohol & drug support	Global search engine
<u>GC2B</u>	Binders	Purchase binders and binder sizing guide
<u>GLBT Near Me</u>	Find local resources	Searchable database of LGBTQ+ local resources
<u>GLMA</u>	Find a provider	Searchable database of LGBTQ+ friendly health care providers
<u>Hudson's FTM Resource Guide</u>	Articles & education	Grooming, clothing, hormone, and presentation education
<u>LGBT National Help Center</u>	Hotlines & support	National hotline, youth talkline, and senior hotline for peer support, information, and local resources; peer support instant messaging and moderated youth chatrooms
<u>The Jim Collins Foundation</u>	Gender-affirming surgery funding	Grants for individuals with financial need who want to pursue gender-affirming surgery.
<u>National Center for Transgender Equality Health Coverage Guide</u>	Insurance information	Guide to getting your health care covered; includes learning what your plan covers, determining your insurance type, applying for preauthorization, preauthorization letter template, and provider letter guide
<u>Out2Enroll</u>	Insurance information	Guide to LGBTQ+ friendly and trans inclusive health care insurance.; includes lists by state, FAQs, and resources
<u>Point of Pride</u>	Gender-affirming support programs	Transgender surgery fund, free chest binder donation program, free trans femme shapewear program, electrolysis financial support program, HRT access fund, and other support services
<u>TLDEF's Trans Health Project</u>	Insurance information & resources	Focuses on access to trans-related health care including health insurance tutorials, state health insurance guidelines, provider lists, information on appealing medical necessity denials, and financial support resources for gender-affirming surgery.
<u>Trans Fertility Co.</u>	Trans fertility & family planning	Resources, stories, articles, videos
<u>Trans Lifeline</u>	Trans peer support & resources	By and for trans people; hotline, microgrants, resources.
<u>Transgender Map</u>	Gender transition resources	Resources for social, legal, and medical transition; financial and health insurance resources
<u>Trans Pulse</u>	Trans peer support & resources	Forums, moderated chat, and resource lists

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The Voice Lab	Vocal feminization training	Online resources and classes for vocal training
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Ohio Resources

Name	Type	Description
Equality Ohio	Legal support	Free legal clinic (income dependent); LGBTQ+ Family Law Guide; legislative updates.
PFLAG	Chapter locations	Peer support, education, and advocacy; chapters in Cleveland, Columbus, Youngstown, Akron, Lima, and Kent; peer support for LGBTQ+ people and families
TransOhio	Resources & programs	Ohio medical providers and services by location; community, state, and national resource lists; Ohio transgender legal FAQ; support group lists; annual symposium.

Northwest Ohio Resources

Name	Type	Description
Compass Point	Counseling	Sam Carney, MSW, LSW, specializes in gender and sexual identity
Equality Toledo	Community center	Community pantry, community events, resources
Kirby & Kirby, Ltd.	Legal support	Toledo area family law office that specializes in LGBTQ+ advocacy
LGBTQ+ Spectrum of Findlay	Community center	Support groups, social events, allyship training, and Pride events
Ozone House	Shelter & youth support	Ypsilanti, MI area youth crisis housing and support; hosts PrideZone, a social and support group for youth age 13-20; counseling and housing for youth
Pathway to Serenity, LLC	Counseling	Perrysburg area counseling services
Promise House Project	Shelter & youth support	Toledo area housing for homeless youth with a focus on LGBTQ+ youth; community pantry and resource list
Psychological Resources of Toledo	Counseling	Individual and couples therapy that includes specialty in LGBTQ+ community
Ryan White Program	Health care	Comprehensive HIV/AIDS services
Toledo Area Transgender Support	Support group	Local support group
The University of Toledo Behavioral Medicine Clinic	Health care	David Bingham, NP, specializes in gender dysphoria
University of Toledo LGBTQA+ Healthcare	Health care	Comprehensive services including primary care, OB/GYN, urology, internal medicine, infectious disease, clinical counseling; LGBTQ+ patient advocates
The Willow Center	Counseling	Toledo and Bowling Green area counseling with multiple providers specializing in the LGBTQ+ community

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This is a list of practices that may provide gender-affirming care services. Planned Parenthood of Greater Ohio believes that the practices listed are reliable, but it does not guarantee the quality of service provided, nor assume responsibility or liability for that service. This list is not considered an endorsement and is provided as a convenience. It is in no way considered comprehensive. Though we have tried to include a selection of providers for you to choose from, there may be other organizations in the area that provide these services. If you have insurance, please check with your insurance company for a list of in-network providers and verify coverage as some services may not be covered. Some of these providers accept some forms of Medicaid. Please ask the provider if they accept your plan when you call. It is your responsibility to obtain and pay for this care. This information is subject to change without notice.



For information and services at Planned Parenthood of Greater Ohio, visit ppgoh.org/gac or scan the QR code.