

Important Information for Your Appointment

Thank you for making an appointment. Please carefully review this information ahead of your visit. If you have any additional questions, please call us at 303-321-2458.

COVID-19 ALERT: Please arrive with a clean, tight-fitting fabric or surgical mask that covers your nose and mouth. Thank you for trusting us with your care.



Information Regarding Your Visit

- Please do not bring children to your appointment. If you do not have childcare, please bring a friend or family member to be with your children in the waiting room during your visit.
- Your visit may last 1-2 hours.
- You may receive the following services & supplies during your visit:
 - Educational materials
 - Lab tests
 - Medication
- If you are requesting:
 - A Pap or other vaginal test: do not douche or place anything in your vagina 24 hours before your visit.
 - An IUC or Implant: continue using a current hormonal method of birth control, or do not have vaginal intercourse for 14 days before your visit.
 - Urine testing for STIs or UTI: try not to urinate for 1 hour before your visit.
- Continue to take all regularly prescribed medication as you normally would before your appointment.



Things to Bring

- Photo ID
- Payment method (cash, credit card, or money order made out to "PPRM"-no personal checks)
- Insurance card



Payment & Insurance Information

- If you are not using insurance, payment is due in full at the time of your appointment. If you need patient assistance funding, please let us know and we will help.
- **We accept most major private and public health insurance plans.** It is your responsibility to ensure your services are covered prior to completing your visit.
 - **Prior Authorization:** Some insurance companies require additional paperwork to be completed before covering specific services. We will help you complete this process, but you may want to call your insurance company before your visit to understand what you will need for your services to be covered.



Enroll in PPRM Patient Portal

- We encourage you to activate your Patient Portal.
- You can message your provider, check your lab results, or pay a bill.
- Visit www.PPRM.org or speak to one of our staff members to complete your enrollment or login.



Please be on time!

- You can cancel or reschedule your appointment online, or by calling us at 303-321-2458
- If you have questions, please call us at 303-321-2458
- **It is important to follow these instructions to make sure you can be seen.**