

SEX EDUCATION



OFFERINGS

Comprehensive, age-appropriate, and medically accurate sexuality education helps people develop a realistic view of sexuality and provides them with information and skills which help them make responsible decisions about their sexual health. To be effective, sex education requires both **fact-based foundational knowledge** and activities, role plays and discussions led by **well-trained live educators**.



California Healthy Youth Act (CHYA) requires California public school districts to provide students in grades seven through twelve with comprehensive sexual health education and HIV prevention information. **Planned Parenthood can help!**

CHOOSE

 from **two formats** to bring effective sex education to your students:

1



LIVE EDUCATOR

IN-PERSON OR VIRTUAL

Invite our **well-trained educators to do it all for you:** share foundational knowledge, lead activities and role plays, answer questions, and ensure a safe, inclusive environment.

2



SEX ED TO-GO*

EDUCACIÓN SEXUAL EN LÍNEA

Our FREE online program offers foundational, fact-based sex education knowledge. Directly assign student-facing courses to your students and get classroom materials and tips from our educator-facing courses to help reinforce their learning.

[SEE CURRICULA](#) →

* Closed captioned for accessibility

TOPICS available in **English and Spanish** through both **Sex Ed To-Go** and live educators include:

Reproductive anatomy
Pregnancy prevention,
including abstinence
Puberty*
Sexually transmitted
infections

Healthy relationships*
Consent
Human trafficking
How to access services
Gender identity & sexual
orientation

Pregnancy, childbirth,
adoption and abortion
Youth rights
Family communication
(for parents & caregivers)
Menopause*

* Coming soon to Sex Ed To-Go

Our trained educators also offer full-service
and **evidence-based curricula** including:



MAKING PROUD CHOICES**

Nine 60-minute sessions, providing youth with the knowledge, motivation and skills necessary to change their behaviors in ways that will reduce their risk of contracting HIV and other STIs, as well as to avoid unintended pregnancies.



SHARP (Sexual Health and Adolescent Risk Prevention)

Two 2-hour sessions that program goals deepen STI/HIV knowledge, improve correct condom use, reduce sexual risks and alcohol use, and set long-term goals to utilize knowledge and skills learned during the session.



TEEN TALK**

Twelve sessions (10 hours total) helping students integrate scientifically accurate information with their own personal, family, and community values about sexuality and healthy relationships.

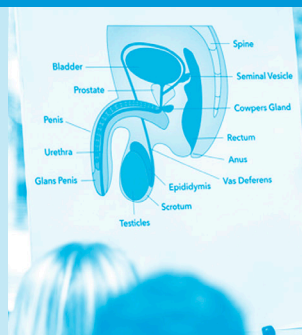


TEEN TALK ADAPTED FOR ALL ABILITIES**

Eleven 50-minute sessions, for students with various learning and physical disabilities, offered as a series or individually.

** Evidence-based curriculum adapted to comply with California Healthy Youth Act standards.

A nominal cost-sharing fee
is requested when using
our trained educators.
Fees may be waived for
qualifying public schools
and organizations.



LEARN MORE ABOUT SEX ED TO-GO [PLANNED.ORG/SEXEDTOGO](https://planned.org/sexedto-go) →

READY TO SCHEDULE? [PLANNED.ORG/EDUCATION](https://planned.org/education) →

OR CONTACT **619-881-4500** EDUCATION@PLANNED.ORG →

Planned Parenthood been providing quality education programs in the community **since 1963.**