While PPMM has been under siege in 2017, defending patients from political attacks against our services, we have also joined forces with our community partners.

Our message is clear: You are not alone. These groups are fighting for people, including many of our patients, who face dangers where they work or even in their own homes.

This year, we have united with immigrant communities to denounce the separation of families through deportation while also advocating for health care services for new arrivals. PPMM community partner and organizer Stephanie Canales (photo on pg. 5) came to the U.S. a decade ago from El Salvador when she was 17 and remembers what it was like to have Planned Parenthood in her corner when she needed birth control but was not yet a U.S. citizen.

“I know how it feels to need services and not know who to trust,” Stephanie said. “Now, I hear all the time from people who are afraid to go to the doctor because they don’t want to give their information and maybe be deported - or have their kids deported. I tell them that Planned Parenthood is a safe place. They will be welcome there and protected.”

Stephanie was chosen to be a member of Planned Parenthood’s Youth Advisory Council, where she went from being a long-time patient to learning how to do political organizing for reproductive justice issues in her Fresno community. In September, when the White House threatened to rescind the popular Deferred Action for Childhood Arrivals (DACA) immigration policy, PPMM staff and advocates immediately joined Stephanie and other coalition partners in planning protests. Only hours after the White House announcement, they gathered at downtown rallies with community leaders in Stockton and Fresno to defend “Dreamers.” Continued on page 5...
PPMM stands with all who are threatened
Continued from page 1

“I work with many women of color and Spanish-speakers, and it really means something to them not only when I refer them to Planned Parenthood as a place where they can be taken care of, but also because I tell them that PP has helped train me to make a difference in the community and fight for our rights,” Stephanie said. “They know Planned Parenthood isn’t just about health care – it’s also about empowerment.”

Other issues PPMM has fought for this year include:

• PPMM joined a campaign led by the Service Employees International Union (SEIU) that resulted in a 2017 California law to protect female janitorial workers from sexual abuse, a danger that became known as “rape on the night shift.” Our staff attended events and testimony in support of the bill, which requires companies that employ janitors to receive state licenses and provide sexual harassment-prevention training.

• This fall, we are joining California Assembly member Evan Low and Board of Equalization member Fiona Ma to bring attention to a new law we advocated for, sponsored by Low, that will allow a personal income tax donation to reduce the state’s backlog of unprocessed rape kits.

These are only some of the social justice efforts we have joined over the past year alone. Having a visible “pink” PPMM presence on these issues is part of what binds us to the communities and the people we serve.

Get involved: ppactionca.org/ppamm_signup

Did You Know?

Who does Planned Parenthood Mar Monte serve each year?
A) Teenage girls
B) New immigrants
C) Babies
D) Transgender people
E) Families
F) All of the above

(See page 4 for the answer.)
Federal Pro
• Planned Parenthood and health care advocates throughout the U.S. stopped congressional repeal – twice – of the Affordable Care Act, which had included blocking Planned Parenthood from receiving federal reimbursements for services.

Federal Con
• Trump Administration Issues Interim Final Rules Undermining ACA’s Birth Control Benefit. U.S. Department of Health and Human Services (HHS) issued a set of interim rules restricting access to birth control coverage under the Affordable Care Act (ACA). The administration released two rules: one offering employers exemption from providing contraceptive coverage based on religious beliefs, and a second offering exemption based on moral beliefs.

• HHS Releases Draft of Strategic Plan That Promotes Restricting Reproductive Rights. The Department of Health and Human Services (HHS) released a Strategic Plan to define their work for FY 2018 to FY 2022, including this statement in the introduction: “HHS accomplishes its mission through programs and initiatives that cover a wide spectrum of activities, serving and protecting Americans at every stage of life, beginning at conception.”

CA Pro
• State Budget Act of 2017: After decades of health care service-reimbursements that were frozen at 1985 rates, the Governor approved up to $50 million of Proposition 56 “tobacco tax” funds to increase payments for family planning and abortion services for this fiscal year.

• SB 743 The Freedom of Choice in Family Planning Act ensured that Medi-Cal managed care enrollees can continue to choose their own family planning provider.

NV Pro
• SB122 - State-funded family planning: This bill requires Nevada’s Health & Human Services department to create a grant program that will pay for family planning services, including in the state’s remote areas where there is a shortage of reproductive health care.

• SB233 - Added ACA women’s health benefit to state law. This bill makes the Women’s Preventive Health Benefit from ACA part of Nevada law and allows a 12-month supply of birth control pills to be dispensed at one time.
HEALTH SERVICES
PPMM brings PrEP and PEP to all our sites
The HIV-prevention drugs, PrEP (pre-exposure prophylaxis) and PEP (post-exposure prophylaxis) are now available at every PPMM health center. PrEP is for those who do not have HIV but are at risk for contracting it, and patients take a daily pill to help stay HIV-negative. PEP (post-exposure prophylaxis) is a series of pills that patients can start taking very soon after they’ve been exposed to HIV, lowering their chances of becoming HIV-positive.

To learn more about PrEP and PEP, visit: plannedparenthood.org/hiv

South San Francisco open for care
Your unwavering support in the past three years has led to another Planned Parenthood victory: On August 1 the newest Planned Parenthood Mar Monte health center, South San Francisco, opened its doors.

Despite legal battles and anti-abortion protestors, you never stopped voicing your support. Because of you, many grateful patients from Burlingame, Daly City, San Francisco and other areas are already receiving the health care they need.

EDUCATION
Helping teen parents brighten their futures
In Santa Clara County, PPMM is the sole provider of free case-management services to the more than 300 low-income clients of the Teen Parent Support Program (TPSP) who are working to make the best future for themselves and their families.

Through TPSP, teen parents are assigned a case manager who meets with them regularly to assess their needs and goals. Case managers share their expertise in accessing local services that include Medi-Cal sign-up, education, health care, housing and child care. TPSP ensures that the youth we serve learn how to find resources on their own and how to advocate for themselves and their children. Learn more at ppmarmonte.org/teen-parents.

VOLUNTEER SERVICES
PPMM recruiting Ambassadors
We are excited to launch PPMM Ambassador Training, a new session that will not only teach volunteers how to advocate for PPMM while they’re volunteering, but will also show you how to advocate for us in your communities.

After attending the training, PPMM Ambassadors can immediately assist multiple departments with outreach work and prepare to jump into rapid-response efforts since we anticipate an even greater need for PPMM volunteers in 2018.

You can sign up for our Volunteer Newsletter to stay up to date on when the training takes place near you: ppmarmonte.org/vol-news.
For young mom and Berkeley entrepreneur Rachel Taber, it’s strange to think that an accident she had in college while inner-tube riding on a river is what led her to Planned Parenthood. But that’s what happened during an unexpected health care journey more than a decade ago when, despite having access to plenty of financial resources, she came to rely on services at Planned Parenthood for essential reproductive health care that she could receive nowhere else.

It started when Rachel was swept into rushing water during her college “tubing” trip and slammed into river rocks, requiring intensive surgery on her jaw. She suffered from TMJ (temporomandibular joint) pain that was not only excruciating but also became classified by health insurers as a pre-existing condition that they would not cover.

For a couple of years after college, when she was unable to work, she was deemed uninsurable—though her parents were ready and willing to pay for her health insurance.

“I still needed birth control, or sometimes I just would get randomly sick. And Planned Parenthood said, ‘Come on in!’” Rachel remembered during a recent conversation in Berkeley. “It’s times like that when you really appreciate the community safety net and how anyone can find themselves in need of it. Planned Parenthood was there for me.”

Rachel went on to develop a career as part of that safety net, helping refugees start new lives in the U.S. Eventually, she left her rewarding job at the International Rescue Committee to open a unique, non-profit coffee shop and barista-training program near the UC Berkeley campus that’s staffed entirely by refugees from many countries.

The cafe – named “1951,” in honor of the year that the U.N. first defined guidelines for the protection of displaced people and asylum-seekers—has already become well known in the community as a place where refugees and those committed to helping them can gather to learn and educate, be trained for a job and, of course, get a great cup of coffee.

Rachel said she continues to support Planned Parenthood not only because it was there for her when she needed it but because its mission to provide care for every member of every community is very much in keeping with her own.
5 Things You Can Do Now

1. DONATE
   You can make a donation today to support PPMM’s mission: ppmarmonte.org/donate-today

2. VOLUNTEER
   Join hundreds of volunteers across PPMM who support our mission daily: ppmarmonte.org/volunteer

3. SHARE YOUR STORY
   Tell us about a time PPMM helped you or someone you care about: ppmarmonte.org/my-story

4. HUG A HEALTH CENTER
   Drop off a thank you card or other sign of support for staff at your local health center.

5. ENGAGE
   Hear the latest via our social media work. Join the conversation, share with friends, help spread the word:
   - twitter.com/ppmarmonte
   - fb.com/plannedparenthoodmm
   - instagram.com/ppmarmonte
   - youtube.com/PlannedParenthoodMM

Planned Giving

Become a Perpetual Partner
Do you want to be sure future generations are able to access the quality, compassionate care provided by Planned Parenthood Mar Monte?

Add PPMM to your estate plan and help guarantee the benefits of reproductive health – and freedom – into the future.

A planned gift to PPMM is a meaningful way to honor your wishes to leave a legacy of healthy families and healthy communities.

Join PPMM’s legacy giving club, Perpetual Partners, by:
- Establishing a bequest of a particular dollar amount or asset
- Naming PPMM as a beneficiary of your retirement or life insurance plan
- Establish a life income gift such as a charitable gift annuity and charitable trust

To ask questions about Perpetual Partners or receive more information about how you can easily add PPMM to your existing estate plans, give us a call at 408-795-3761 or email Sandra_bishop@ppmarmonte.org.

Read our FY17 Annual Report
You worked harder than ever to keep our doors open in the past year. Take a look at our recently published annual report to see just how much you did for your community!
ppmarmonte.org/annualreport

One sample of your amazing persistence: You helped to provide services to a diverse population of more than 200,000 patients, 71-percent of whom live below the federal poverty level.

Patient Ethnicity

- Latino: 104,686
- White: 53,491
- Asian: 18,808
- Black or African American: 19,781
- Multi-racial, Other, or Unknown: 17,306
- Native Hawaiian or Other Pacific Islander: 2,313
- American Indian or Alaska Native: 893
- Total: 217,278

To receive future editions of PPMM Mar Monte News in a digital format, sign up at ppmarmonte.org/newsletter
How are we doing? Are the stories in our newsletter relevant? Is there a topic you’d like to hear more about?
Let us know at ppmarmonte.org/news-survey. Thank you!

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