



**What makes us**  
unstoppable?

**It's** you!

## A Donor, Advocate, and Friend

**Thanks to you, supporters like Beverly Paulk have the courage to share their powerful stories.**

*"we need to make peace  
with our sexuality."*

This quote from Beverly Paulk, a retired financial planner and former RN, provides a remarkable perspective.

Paulk's story starts after the assault of a friend in the early 1970s. Following this experience, Paulk helped found a sexual assault center in Virginia where she served as executive director during a time when there was little understanding about sexual assault in the medical and law enforcement fields.

In 1982, Paulk was asked to start a similar center to train volunteers in the care of victims of sexual assault. It was at this center, during a group therapy session, that Paulk experienced a life-altering moment: The recollection in a vivid flashback of an early childhood sexual assault.

As the flashback unfolded, Paulk remembered being at a large family picnic as a young child and a distant relative pulling her aside and assaulting her. Upon escaping from him, Paulk found her mother who publicly denounced the abuser, a bold move at a time when people did not discuss family trauma openly.

**Beverly's story continues on the next page.**

# A Donor, Advocate, and Friend (continued)

"I loved her for believing me and protecting me. I loved her extra for it," says Paulk.

"The takeaway is we do not forget. We park memories underneath, but usually the right ones come out."

After her work with the training center, Paulk served on the board of Planned Parenthood in Jacksonville, Florida, and shared her passion about all of its programs and resources with her young children - even taking them to meetings.

Years later, her daughter called from college to tell Paulk she had visited Planned Parenthood for an exam and birth control. Today that same daughter is on the sidewalk of her local Planned Parenthood in Ohio, holding signs of affirmation and support.

Paulk's evolution of personal power and sexuality has spanned her life. Her journey from being

a young child who needed to be heard, protected, and believed to becoming an adult advocate giving a voice to others and educating her own children is inspiring.

"We have an obligation to deal with our sexuality in a way that is beneficial and positive for ourselves and others," says Paulk. "For me, and for many, that is a lifelong journey, and I am incredibly thankful for the part Planned Parenthood has played in that journey."



**Beverly and her daughter Kathy**

## Vision, Optimism, Joy

**Some people are simply unforgettable. You would have liked Ed and Chorale Page, they gave to secure the future.**

Ed and Chorale were married for 60 years, raised three children, and led active lives in both professional and community circles.

They had a commitment to philanthropy, skill in bringing people together, and passion for helping others in need. In particular, they were inspired by the work of Planned Parenthood, and made arrangements in their estate to leave a transformational gift. After Ed's passing at age 93, more than a decade after the passing of his beloved wife, Chorale, Planned Parenthood learned of their extraordinary commitment to its patients, educational programs, and health care delivery. We are grateful for their generosity and vision.

You can designate Planned Parenthood of Southwest and Central Florida as a charitable beneficiary in your will, trust, charitable gift annuity, or other estate planning vehicles.

**For information about leaving a lasting impact, please use the enclosed reply form or call us at 941-702-0275, or contact your professional advisor.**



**Ed and Chorale Page**

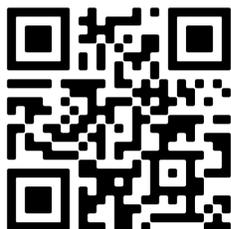
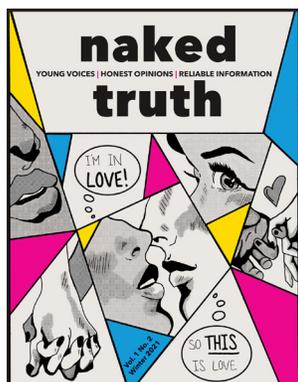
# Young People Raise Their Voices

**Talented teens and young adults talk, write, and create to reach their peers with a message of health.**

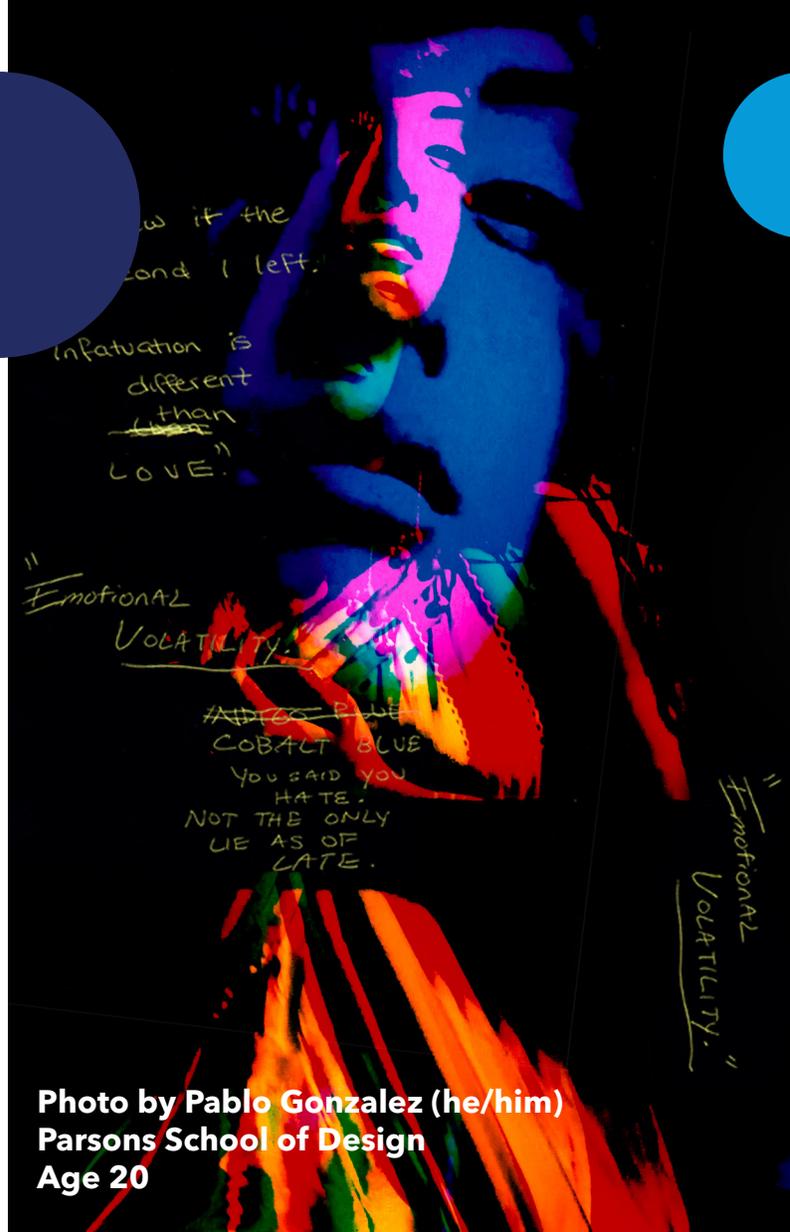
Thanks to your support, our Peer Education program has made a significant impact on young people in southwest Florida with our teen-led magazine, *Naked Truth*. Young people from across the state share their naked truths through essays, poems, illustrations, and photography. It has been read over 1,000 times and is available to readers in print and digital formats.

We've included some examples of these talented young peoples' work on the right, and you can read the most recent full issue by scanning the QR code below. Please share this zine with the young people in your life.

**"Chuck and Margie Barancik believed in the power of peer education and advocacy. We are pleased to support the *Naked Truth* zine to provide a creative outlet for young people to share their experiences navigating responsible health and life decisions."  
- Teri A Hansen, President & CEO of Barancik Foundation**



**Scan this QR code with your smartphone camera**



**Photo by Pablo Gonzalez (he/him)  
Parsons School of Design  
Age 20**

## **YOU ALWAYS RUIN ME**

**By Claire M. Ellis (she/her)  
Venice High School/Columbia University  
Age 20**

And I'll let you ruin me again  
All you have to do is kiss my feet  
Both of us on our knees in our own special way.  
Your head is filled with me  
Go ahead, admit it,  
I plants seeds in the folds of your brain and  
water them every day,  
The fruit of the harvest belongs to me,  
You bite into the juicy flesh,  
We both get exiled from the garden,  
History makes me the one to blame.

# Our Stories Have Power

## Unstoppable people create unstoppable movements.

Like you, they are always ready to take on the world - guided by a purpose and tenacity in their pursuit to make a difference in the lives of others. We are honored to share with you a glimpse of the unstoppable people we have met and their inspiring Planned Parenthood stories of strength, resilience, and hope.



### MISCARRIAGE

**Cori Baill, MD**

"What doesn't Planned Parenthood mean to me? As a youngster, it was the first place I sought care. As a medical student,

it was my first family planning rotation and as a physician I had the privilege of serving on the National Medical Committee. I have been the medical director at several affiliates and most recently created an elective in Orlando for the third year UCF COM medical students. I am happy to be resource as menopause services are rolled out on telemedicine. The exceptional programs PPSWCF has created this spring have educated and entertained. My spouse and I are happy sponsors. Planned Parenthood has been a wonderful companion my entire professional life."



### GENERATION ACTION

**Rebecca Nero**

"What Planned Parenthood means to me is being unapologetically pro-choice.

To ensure all people have access to safe, equitable and affordable reproductive healthcare. Planned Parenthood was there for me in a time in my life where I was very scared and confused as a young girl. That is the reason why I am involved – because I know there are others just like me who desperately need entities like Planned Parenthood to guide them where the government and other institutions fail them."



### TRANSGENDER CARE

**Kasey Fraize**

"To me, Planned Parenthood has been a source of consistency throughout my everchanging young adult years.

Between college, grad school, career changes, big life events, and personal setbacks, the level of care I have received from Planned Parenthood for the last 5 years has stayed steady. It's a privilege to not have to worry about accessing healthcare, and that's only possible in my life because of Planned Parenthood!"



### GENETIC TESTING

**Sedra Schiffman**

"All genetic testing that is performed routinely today will become meaningless if there is no action to take when identifying

a fetus that is afflicted by a devastating condition. Access to safe, legal abortions is critical to the field of medical genetics. My commitment to giving women and families reproductive freedom and the opportunity for each individual to live a life according to one's own beliefs is at the heart of my commitment to Planned Parenthood."

*what's your story?*

**We'd love to hear from you. Please email us at [philanthropy@ppswcf.org](mailto:philanthropy@ppswcf.org).**



# Meet The Challenge

**Thanks to supporters like you, we're expanding access to care in Orlando.**

Providing care for nearly 15,000 patients annually, the numbers and needs of people coming to the East Orlando Health Center continue to increase each year. This \$1,000,000 expansion and renovation project will ensure that every patient is seen, feels welcome, safe, and heard. More than \$825,000 has been raised for this project—including a generous gift from The Ginsburg Family Foundation. In fact, the Ginsburg family has issued a challenge for each of us to raise the last \$125,000!

Campaign Co-Chairs, Lisa Fox Keating and Celeste Brown shared, "We need this health center more than ever. This is our community and these patients are our neighbors. We know about the tough decisions they have to make. Some of us have had to make them. Will you join us and meet this final milestone?"

**For more information about how you can help meet this challenge, please use the enclosed reply envelope or call Suzanne Nixon at 407-744-2980.**

## WHAT PATIENTS ARE SAYING ABOUT EAST ORLANDO:

★★★★★  
"The entire staff at Planned Parenthood East is incredible. All the ladies are very courteous, knowledgeable, and supportive. I couldn't be happier with my experience at this location. It was my first visit and they made me feel like family. A huge thank you to Tifaney, Tatiana, Aliye, and Arleen! You are all amazing and keep up the good work."

★★★★★  
"This was truly one of the scariest experiences of my life and I have been feeling very lost. The workers here, especially Tatiana, were so nice to me throughout every step. You have to go alone due to COVID but they made me feel so safe and understood. I felt heard and they really helped with every step of the way. I hope I never have to go back here, but if I do I know I'm in good hands. Nothing but respect and professionalism with a bit of comfort for when I felt down. Thank you, thank you from the bottom of my heart."

# The Naked Truth: Reality, Honesty, Power

## How do you define your truth? What is the source of your personal power?

Hundreds of supporters participated in our ground-breaking event series The Naked Truth and were inspired by the bravery and tenacity of speakers and leaders from around the country who live fearlessly in their truth.



**Our hosts for the evening: Jennifer Sandoval, PhD, Lynn Woods, and Stephanie Fraim**

In a series of six Revealing Conversations and The Main Event, attendees heard from health care professionals, culture leaders, patients, and activists. Topics included the future of *Roe v. Wade*; transgender care and activism; abortion access; sex work in art, culture, and health care; HIV care and community; and religious perspectives of reproductive health care. The Main Event featured a compelling panel of thought-leaders: author Rebecca Traister, sociologist and educator Dr. Bertice Berry, former NFL player and LGBTQ+ activist Wade Davis, and writer and feminist Lindy West.

You can review the resources and full speaker list by visiting [thenakedtruth.givesmart.com](https://thenakedtruth.givesmart.com).

**The event raised over \$820,000 for patient care, educational programs, and community outreach.**

*we'll see you in the fall!*

**Our Philanthropy Team is hard at work planning our next series of events. Check [MyPlannedParenthood.org](https://MyPlannedParenthood.org) for details over the summer.**

## OUR SPEAKERS SHARED THEIR NAKED TRUTHS



**BERTICE BERRY, PHD**

Sociologist, best-selling author, and award-winning lecturer



**WADE DAVIS**

Former NFL player, #MeToo ally, and LGBTQ inclusion consultant



**REBECCA TRAISTER**

*New York Times* Bestselling Author and writer-at-large for *New York Magazine*



**LINDY WEST**

Writer, comedian, feminist and fat acceptance activist