

## INFORMATION ABOUT CORONAVIRUS OUTBREAK

As part of Planned Parenthood's commitment to keep our communities safe, we're sharing recommendations to help limit the spread of coronavirus (COVID-19).

One of the best ways to prevent spread of infection is to limit contact with others, especially if you feel sick.

### IF YOU HAVE...

- Or have had, a fever **AND** a cough or shortness of breath, **OR**
- Recently been exposed to someone who may have or has coronavirus, **OR**
- Traveled to China, Iran, South Korea, or Italy in the past 14 days

### THEN...

- Please consider re-scheduling your appointment by contacting us via the patient portal, or by calling 1-800-230-7526 (PLAN).

### If you feel sick and need sexual and reproductive health care:

- Contact us so we can determine a short-term plan to help until you are better.

### What to expect at your Planned Parenthood appointment during the coronavirus outbreak:

- Social distancing (staying at least 6 feet away from people with symptoms)
- Not shaking hands
- Health care workers may wear gloves, gowns, or masks if you have respiratory infection symptoms
- You may be asked to wear a mask during your visit
- We may offer to re-schedule your appointment
- If someone with you has symptoms of coronavirus, we may ask them to leave the health center

If you are sick and need medical attention, contact your primary care office, walk-in clinic, or urgent care near you.

More information and answers to questions about the coronavirus are available at:

- Centers for Disease Control: [www.cdc.gov/coronavirus/2019-ncov/index.html](http://www.cdc.gov/coronavirus/2019-ncov/index.html)
- IN/KY: Please call the ISDH Epidemiology Resource Center at **317-233-7125 [317-233-1325 after hours]** or e-mail [epiresource@isdh.in.gov](mailto:epiresource@isdh.in.gov)

