



PLANNED PARENTHOOD OF GREATER TEXAS: September Connections

Welcome to the September edition of Planned Parenthood of Greater Texas' monthly newsletter. As a valued supporter, we would like to share the latest updates on the work you make possible at Planned Parenthood. We have also included important action alerts and upcoming events.

Midlife Care Matters

Planned Parenthood can help determine if someone is going through menopause as well as help patients manage menopause symptoms. Some of the midlife care services provided at our health centers include: annual exams, perimenopausal and menopausal care, and hormone replacement therapy.

10

Perimenopause is the time leading to menopause during which symptoms can occur. This stage can last up to 10 years.

51

The average age of menopause onset.



100% of Planned Parenthood of Greater Texas clinics offer hormone replacement therapy to treat the symptoms of perimenopause and menopause.



1 in 5 American women relies on Planned Parenthood at some time in her life.

Our most common services provided are:



Birth control to help Texans plan and space their pregnancies.



Testing and treatment for STIs, HIV tests, and PrEP and PEP.



Lifesaving breast and cervical cancer screenings.

RENOVATIONS TO PLANNED PARENTHOOD'S DOWNTOWN AUSTIN HEALTH CENTER

Renovations are currently underway at Planned Parenthood's Downtown Austin Health Center. These updates will enhance the patient experience and reflect Planned Parenthood's continued commitment to the Austin community - including expanded health education spaces, a new community meeting room, and beautiful patient care facilities.



SUMMER EDUCATION SERIES

The Summer Education Series was a success! Participants in communities across the Planned Parenthood of Greater Texas service area joined this virtual program series, which covered: gender and sexual identity; reproductive anatomy, hygiene, and menstruation; birth control and sexually transmitted infections (STIs); and healthy relationships and decision making. Participants now have the age-appropriate and medically accurate information needed to understand their bodies and make informed choices.

"I cannot thank you enough for the very informative session you provided. I will forever be grateful."

- Parenting adult

TAKE ACTION

Texas passed one of the most extreme abortion bans this country has ever seen. Known as SB 8, this law bans abortion after six weeks of pregnancy – before many people even know they're pregnant. This is a red alert moment for sexual and reproductive rights. And that's why we need your help. We're counting on our best supporters – YOU! – to step up in this moment.

**NO ABORTION BANS.
NOT NOW, NOT EVER.**

A NEWS CONNECTION

A new Guttmacher Institute analysis shows that Texans will face a twenty-fold increase in driving distance to a health center for abortion services as a result of Texas's law banning abortion as early as six weeks of pregnancy. Not only is this a financial and emotional burden on the pregnant person, it is also a serious public health concern as the COVID-19 delta variant runs rampant in Texas. The abortion ban pushes abortion access even further out of reach for those who already have limited access to healthcare, people of color, rural communities, and low-income Texans. Planned Parenthood of Greater Texas, along with other healthcare providers and advocates, will continue to fight this law in the courts to ensure Texans have access to abortion. For the latest on this extreme abortion ban, visit ppgreatertx.org/SB8.

NORTH TEXAS GIVING DAY

We invite you to give early or wait until North Texas Giving Day and donate on September 23 from 6 AM to midnight.



Give to **Be The Good on NTX Giving Day!**

Planned Parenthood
Care. No matter what.
Planned Parenthood of Greater Texas

Give to **Planned Parenthood**
on Sept. 23 from
6 a.m. - midnight at
NorthTexasGivingDay.org






ANNUAL DALLAS AWARDS

The 31st Annual Dallas Awards will be held on Thursday, September 23, 2021, 10:30 AM, at the AT&T Performing Arts Center Margot and Bill Winspear Opera House. The morning will feature a motivating conversation with Cecile Richards, moderated by Matrice Ellis-Kirk. Richards is the co-founder of Supermajority and former President and CEO of Planned Parenthood Federation of America. Ellis-Kirk, CEO of the Ellis Kirk Group, is an influential advocate for women and families. She has served as a member of the World Economic Forum's Global Council on Women's Empowerment. During this event, we will also honor Dallasite Sally Dunning with the 2021 Gertrude Shelburne Humanitarian Award for her impact on the lives of Texans through her tireless efforts in advancing the mission of Planned Parenthood. All guests will be required to wear a mask, regardless of vaccine status, and temperature checks are required before entering the venue. Additionally, a virtual streaming option will be available for those who want to join us from the comfort of their home.

WAYS TO GIVE

Have you considered making a planned gift to continue the legacy of access to healthcare and education that you have made possible for thousands of Planned Parenthood patients, students, and parents? For more information on how you may include Planned Parenthood of Greater Texas in your estate plan, contact Shawn Wills, Chief Development Officer, at (214) 363-3505 or shawn.wills@ppgt.org.

Your gift of:

-  **\$1,000** empowers 5 teens with honest, inclusive sex education
-  **\$360** prevents unintended pregnancies with 1 year of birth control
-  **\$200** provides 10 empowerment kits with emergency contraception, a pregnancy test, and condoms to support patients in planning and spacing pregnancies
-  **\$175** helps a patient access midlife healthcare
-  **\$100** keeps communities healthy through the distribution of 500 condoms

If you have a question or if you want to learn more, please contact the Development Office at (214) 254-3017 or email us at development@ppgt.org.

