Welcome to the September edition of Planned Parenthood of Greater Texas’ monthly newsletter. As a valued supporter, we would like to share the latest updates on the work you make possible at Planned Parenthood. We have also included important action alerts and upcoming events.

RENÒVATIONS TO PLANNED PARENTHOOD’S DOWNTOWN AUSTIN HEALTH CENTER

Renovations are currently underway at Planned Parenthood’s Downtown Austin Health Center. These updates will enhance the patient experience and reflect Planned Parenthood’s continued commitment to the Austin community – including expanded health education spaces, a new community meeting room, and beautiful patient care facilities.

PLANNED PARENTHOOD OF GREATER TEXAS: September Connections

Our most common services provided are:

- Birth control to help Texans plan and space their pregnancies.
- Testing and treatment for STIs, HIV tests, and PrEP and PEP.
- Lifesaving breast and cervical cancer screenings.

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Midlife Care Matters

Planned Parenthood can help determine if someone is going through menopause as well as help patients manage menopause symptoms. Some of the midlife care services provided at our health centers include: annual exams, perimenopausal and menopausal care, and hormone replacement therapy.

10 Perimenopause is the time leading to menopause during which symptoms can occur. This stage can last up to 10 years.

51 The average age of menopause onset.

100% of Planned Parenthood of Greater Texas clinics offer hormone replacement therapy to treat the symptoms of perimenopause and menopause.

1 in 5 American women relies on Planned Parenthood at some time in her life.

SUMMER EDUCATION SERIES

The Summer Education Series was a success! Participants in communities across the Planned Parenthood of Greater Texas service area joined this virtual program series, which covered: gender and sexual identity; reproductive anatomy, hygiene, and menstruation; birth control and sexually transmitted infections (STIs); and healthy relationships and decision making. Participants now have the age-appropriate and medically accurate information needed to understand their bodies and make informed choices.

“I cannot thank you enough for the very informative session you provided. I will forever be grateful.”
- Parenting adult
A new Guttmacher Institute analysis shows that Texans will face a twenty-fold increase in driving distance to a health center for abortion services as a result of Texas’s law banning abortion as early as six weeks of pregnancy. Not only is this a financial and emotional burden on the pregnant person, it is also a serious public health concern as the COVID-19 delta variant runs rampant in Texas. The abortion ban pushes abortion access even further out of reach for those who already have limited access to healthcare, people of color, rural communities, and low-income Texans. Planned Parenthood of Greater Texas, along with other healthcare providers and advocates, will continue to fight this law in the courts to ensure Texans have access to abortion. For the latest on this extreme abortion ban, visit ppgreatertx.org/SB8.