



Planned Parenthood Clinician Maria, RN, WHNP-BC

HEALTHCARE YOU CAN TRUST

Meet Maria, one of the health experts who brings compassionate, high quality care to Planned Parenthood patients every day.

Maria's background:

Maria is a board-certified Women's Health Nurse Practitioner with speciality training in colposcopy, advanced detection to identify abnormal or cancerous cervical cells. She has 25 years of healthcare experience.

Number of years with Planned Parenthood:

11 years

In her words:

"It gives me great satisfaction to know my patients leave with their needs met and their questions answered."

Favorite dessert:

Fruit Salad

Planned Parenthood's clinicians have an average of **25 years** of healthcare experience. Their range of expertise includes Women's Health Care Nurse Practitioners, Family Nurse Practitioners, Certified Nurse Midwives, Physician Assistants, and other advanced levels of certification and licensure.

Despite the challenges created by the Texas Legislature, we are proud to be restoring and expanding healthcare services in our communities this year. This spring, we are restoring safe, legal abortion services in Waco, and expanding transgender services in Austin and Plano to include gender affirming hormone therapy. This is only possible because of your support. We face serious challenges ahead from a Texas Legislature and

U.S. Congress focused on dismantling women's healthcare. With your continued support, we will keep providing healthcare and education that Texans count on, no matter what.

Thank you.



Ken Lambrecht

New Research on Unintended Pregnancy Prevention

The April 2017 *Obstetrics & Gynecology* journal published new research from Planned Parenthood's South Austin health center, co-authored by Planned Parenthood of Greater Texas' Associate Medical Director, Dr. Amna Dermish.

Researchers tracked 500 women post-abortion over 18 months to evaluate whether they received their preferred birth control method and what their birth control continuation rates were over that time period. Patients who faced no cost barrier were more likely to select long-acting

reversible contraception (LARCs such as IUDs and implants) and also experienced fewer unintended pregnancies. Continuation rates were highest for LARC users compared to users of other birth control methods. To learn more about this program, go to austinbirthcontrol.org.



Introducing Hormone Therapy for Transgender Patients

This spring, Planned Parenthood is proud to expand our existing sexual healthcare services for the transgender community to include Hormone Therapy for all people transitioning on the spectrum of gender identity and expression. Hormone therapy for transgender patients will be available initially at two health centers: Plano and North Austin. Planned Parenthood is committed to improving the way transgender Texans receive healthcare in our community. To learn more, visit

ppgreatertx.org/transgendercare or call 1-800-230-PLAN.



Patients Advocate for Planned Parenthood

As politicians continue to push efforts to “defund” Planned Parenthood, patients across the U.S. are stepping up to share their personal stories of survival, gratitude, and to tell how Planned Parenthood’s healthcare and education helped them.

Soraya Quiroga has been a Planned Parenthood patient for more than 25 years. She first reached out to us in high school for trusted healthcare and information, then through college, and later as a young parent. She is now engaging as a community leader in Dallas to inspire other women to speak out

publicly and telling elected officials why Planned Parenthood is essential. Soraya is sharing her story online, at public events, and directly with elected officials. Visit IStandWithPP.org to hear patient stories or to join Soraya and share your own Planned Parenthood story.



Soraya Quiroga, Patient Advocate in Dallas

SAVE THESE DATES

Austin Cocktails for a Cause

Thursday, May 11, 2017

6:30 – 8:30 p.m.

Waco Margarita Madness

Tuesday, May 16, 2017

5:30 – 7:30 p.m.

Fort Worth

Cocktails for a Cause

Thursday, October 5, 2017

Dallas Cocktails for a Cause

Thursday, October 19, 2017

Advance reservations required and sponsorships available. Please call **855.314.0799 ext. 10183** or email events@ppgt.org for more info.



Prosecutor and author, Marcia Clark, with actor and philanthropist, Stephanie March, pause for a selfie from the stage of the March 2017 Dallas Annual Awards Luncheon, which raised over \$1 million for Planned Parenthood services!

YOUR PARTNER FOR A HEALTHY COMMUNITY

Connecting in our communities for a healthier Texas



Planned Parenthood 101 training in Austin, led by Community Outreach Specialist, Grace Miller.



Volunteers at the Lumineers concert in Grand Prairie, TX benefitting Planned Parenthood.



Youth LEAD training in Dallas with 40 high school students.



Waco staff preparing for a “Galentine’s” Day volunteer night.

Planned Parenthood of Greater Texas provides healthcare and education services to more than 85,000 Central and North Texans each year in Austin, Corsicana, Dallas, Fort Worth, Paris, Tyler, Waco, and surrounding communities.