



® Planned Parenthood of Northern New England

NEWS SOURCE SPRING 2018

LETTER FROM PRESIDENT & CEO MEAGAN GALLAGHER

Dear Friends,

Welcome to Planned Parenthood of Northern New England's (PPNNE) spring *NewsSource*. Temperatures are rising, legislatures are wrapping up their work for the year, and hundreds of patients are coming through the doors of PPNNE's health centers every day. In the face of the continuing attacks on sexual and reproductive health care both locally and from Washington, we remain focused on one thing—our mission.

The latest attack changes the nation's federal family planning program - Title X - to make it harder for patients to access the full range of contraceptive methods, harder for patients to access comprehensive sex education, and harder for providers like Planned Parenthood to serve patients under the program.

This newsletter is about all the ways you can help. Your financial contributions, your activism, and your volunteerism are what enable 43,000 women, men, and teens to come to us for care that, quite literally, changes lives.

You can:

- **use the enclosed envelope to make a donation or sign up as a PPNNE Sustainer and make monthly contributions**
- **create your own fundraiser (you can see a few creative examples inside!)**
- **or, become a patient.**

PPNNE is doing the work you care about - providing high quality care to all who come through our doors; working in our communities to reduce unintended pregnancy and fighting every day to protect



access to essential services. There is too much at stake and there is no greater satisfaction than to know that, despite their best efforts, our opposition is not defining our agenda.

As always, thank you for standing with us.

Onward,

Meagan

Title X makes a difference.

Women served annually:



PPNNE could lose up to \$4.3 Million annually.

BE INVOLVED. MAKE A DIFFERENCE.

Thanks to the 50,000+ activists across our region who showed up at rallies, wrote letters to the editors, signed petitions, made phone calls, and sent emails - we're making a difference! As we go to print, we have defeated every anti-women's health bill in the current legislative sessions in Augusta, Concord, and Montpelier, and we're working to pass legislation to protect and expand access to critical reproductive and sexual health care, ensuring that these services will be available even if Congress repeals the Affordable Care Act. This success is all thanks to you, the PPNNE supporters who show up and stand with us. **THANK YOU!**



JOIN OUR ONLINE ACTIVIST NETWORK!



www.ppmeaf.org



www.ppnhaf.org



www.ppvtaf.org

HOLD A FUNDRAISER

Together, these athletes raised over \$7,000, introduced 22 women to a new sport, and supported two great community organizations.



Photo credit: Daniel Hoene

POWER THROUGH POWDER: A PLANNED PARENTHOOD SKI-A-THON

Chicks on Sticks VT, an organization that fosters women's empowerment in snow sports, created a ski-a-thon fundraiser this winter to support accessibility - both in outdoor environments and in health care.

Thirty athletes from the University of Vermont and the surrounding Burlington community, led by PPNNE's very own Development Intern Emily Listowich, created

Power Through Powder, raising money through sponsors, family, and friends, earning donations each time they completed a "dawn patrol." They met at the mountain at 6:00am, climbed to the summit with skis and boards, and skied down together at sunrise.

To see these young women in action, visit: <https://vimeo.com/267219183>

Thank you Chicks on Sticks and all of our wonderful supporters who have held incredible and inventive fundraisers to stand with PPNNE! Bake sales, art sales, coffee table books, yoga classes, concerts, house parties, races, business sales, college projects, and much more to support this work.

We are so grateful. On behalf of the 43,000 patients who rely on PPNNE every year, and those

across Maine, New Hampshire & Vermont who count on PPNNE to protect and defend our rights, thank you for ALL the ways you stand with PPNNE!

Let us know what you're doing! If you want to host a house party or event, or if your business wants to support PPNNE, please do! Contact Jennifer Powell Long, the Director of Development Operations, at jennifer.long@ppnne.org.

BECOME A PATIENT

At Planned Parenthood, our supporters are our patients and our patients are our supporters. **One of the best ways to support us is to come to us for your health care.**

PPNNE provides a wide range of high quality sexual and reproductive health care services, for people up to age 65. We're known for birth control and STD testing, but did you know you can

also come to us for well person check-ups, urinary tract infections, cancer screenings, breast exams, menopausal hormone therapy and non-hormonal symptom management, osteoporosis prevention, and more? And, when you use your insurance at Planned Parenthood, you help us provide care to those who cannot afford their services. **Think of it as a way of paying it forward!**

supporter & patient

"I support Planned Parenthood and they support me. **That's why I'm a patient.**"

- Kelli, supporter & patient



To book your appointment at PPNNE, call 1-866-476-1321 or visit <http://bit.ly/ppnneappt>.

CREATIVE FUNDRAISER



Lael Couper Jepson, a wonderful supporter in Maine, hosted a dance party called HerMojo and donated the proceeds to us. **She invited the attendees to write messages about why PPNNE matters to them, and shared them with us. Yet another example of inspired fundraising!**

STORY OF CARE

"Planned Parenthood of Northern New England has consistently provided warm, professional, and prompt service since moving to the area seven years ago. **During a period when I had no insurance coverage, and no general practitioner, PP was my only source of medical assistance, and it was provided w/o judgement or hassle.** Now that my insurance/financial situation has taken a turn for the better I still make the majority of my appointments at Planned Parenthood, and leave a donation to the organization whenever possible. Thank you, Planned Parenthood of Northern New England for all you do."

STAY CONNECTED TO PPNNE

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MAKE YOUR GIFT TODAY!

THEY ARE TURNING BACK THE CLOCK ON BIRTH CONTROL

Expert, compassionate health care – that’s what PPNNE has been providing across Maine, New Hampshire, and Vermont for more than 50 years. We’re still standing today because the work we do saves and changes lives, and because people like you appreciate the impact we make. You have stood by our side, helping us continue our vital mission.

And yet, over the past 15 months we have faced continuous attacks from a hostile administration that is pushing policy after policy designed to strip access to essential reproductive health care. The most recent assault: efforts to completely gut Title X, federal funding that has helped tens of thousands of low income patients and teens since the 1970s gain access to birth control and basic health care. New policies are trying to shift those funds to abstinence-only programs and crisis-pregnancy centers.

Yes. We are talking about making it more difficult to get birth control.

We’re not the only ones concerned with this trend. The American College of Obstetricians and Gynecologists described the new guidelines as “...rolling back the clock on women’s health.”

Right now we need your continued support so that we can be there to help people like Jane*:

“The condom broke! My partner was tested at PPNNE and was promptly informed that he tested positive for chlamydia. The nurse sat with me and answered all of my questions. She was amazing, non-judgemental, and empowered me to have conversations with my partner about how to encourage him to contact past partners. Without Planned Parenthood, we would likely still unknowingly have chlamydia.”

Now more than ever, we need your generous help so that we can keep moving forward – not back – so that every person, no matter what their socio-economic background, no matter whom they love, can continue to count on PPNNE for quality, nonjudgmental reproductive care.

Thank you for helping us keep our doors open so that we can go on delivering care
NO MATTER WHAT!

*patients name changed



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Serving Maine, New Hampshire, and Vermont

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WE ARE STRONGER TOGETHER