

# COMMUNITY EDUCATION SERVICES

Our interactive comprehensive presentations provide education that encourages youth to make healthy, informed decisions regarding their sexuality and health. All topics are inclusive, medically accurate, age-appropriate, and align with the requirements of the California Healthy Youth Act. Presentations are available in-person, as live-virtual sessions, or pre-recorded content, in English or Spanish.

## Elementary School Topics

- Puberty & Hygiene

## High School Topics

- Youth Rights & Local Resources
- Gender & Sexuality
- Anatomy & Pregnancy
- Birth Control Methods
- Sexually Transmitted Infections (STIs)
- Healthy Relationships
- Human Trafficking

## Alternative Education Programs

### Equal Voices

A curriculum for youth with adaptive needs:

- Healthy Relationships & Consent
- Puberty & Anatomy
- Sex, Pregnancy & Birth Control
- STI Introduction and Prevention
- Gender & Sexual Orientation
- Online Safety & Safe Social Media

### Bullying & Safer Social Media

Participants review the different types of bullying and discuss safety while online.

### Male Involvement & Responsibility

Participants learn about how traditional masculinity can impact reproductive health.

## Middle School Topics

- Gender, Stereotypes & Respect
- Healthy Communication
- Healthy Relationships & Consent
- Puberty
- The Body & Pregnancy
- Birth Control & Delaying Pregnancy
- Sexually Transmitted Infections (STIs)
- Violence Prevention & Human Trafficking

## For Parents & Caregivers

### Parent/Caregiver-Child Communication

Parents/caregivers learn about the benefits of open and honest communication around sexual and reproductive health with their youth and tips on how to start these important conversations.

### Parent Preview

Parents/caregivers are walked through the Planned Parenthood presentations that will be presented in their student's class and have the opportunity to ask questions.

## For Professionals

### Training for Professionals

Participants receive the most up-to-date information regarding youth rights and access to health services that encourage participants to become an informed resource for youth.