

# education and training



We are dedicated to helping people develop healthy sexual attitudes and behaviors that serve them well throughout their lives.

## sexuality education

We provide age-appropriate sessions for elementary, middle and high school youth in both schools and community settings. Our medically-accurate programs are enthusiastically received by teachers, parents and students.

- Abstinence
- Birth control methods
- Gender expression and identity
- Healthy /unhealthy relationships
- HIV/AIDS prevention
- Puberty
- Reproductive anatomy and physiology
- Sexuality
- Sexually transmitted infections
- Sexual risk and low-risk intimacy
- Sexual violence prevention and consent
- Social media and sexuality

We are happy to create a package that fits your needs or you can choose from one of our standard programs:

- Get Real (Responsible Education About Life)
- Making Proud Choices
- Streetwise to Sexwise
- Draw the Line / Respect the Line



For more than 90 years, Planned Parenthood Southwest Ohio Region has been committed to providing high-quality, unbiased, comprehensive sex education to all ages, parent education and professional training for those who work with and care about young people.

We provide a variety of single and multiple session programs for schools, universities, correctional facilities, community groups, churches, parents and professionals with the goal of expanding the network of supportive adults who are prepared and available to teach young people about sexual health.

We know when young people have accurate information, skills, and the support they need, they can (and do!) make smart, responsible choices about their sexual health. Planned Parenthood is helping to build a community in which all youth are provided the tools they need.

## parents and professionals

Sex education isn't just for young people. We also provide programs about relevant sexual and reproductive health issues for adults, including parents and adults who work with youth.

### Community Education

Planned Parenthood offers a variety of education materials to help parents learn more about growth and development, human sexuality and reproductive health topics including:

- Parent Education
- One-on-One program for teen and parents
- Education for people with disabilities

### Professionals

Our high quality training programs equip educators, social service and medical professionals to provide medically accurate and responsible sexuality education to the community.

- Sexual Health Building Blocks (offered 1-2x per year)
- Sex Ed 101
- How to Teach Sex Ed
- Other topics by request

### Train-the-Trainer

Planned Parenthood also offers a "Train-the-Trainer" model for teachers or school personnel in lieu of teaching youth directly.

## Need CEUs?

Planned Parenthood Southwest Ohio Region can provide a variety of Continuing Education Credits. Contact us for more information.

[www.ppswo.org](http://www.ppswo.org)

Find us on   

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For more information on our professional training programs and schedule, visit [www.ppswo.org](http://www.ppswo.org) or email [educate@ppswo.org](mailto:educate@ppswo.org).