



November 15, 2019

Dear Patient,

My name is Kara and I am the Chief Medical Officer at your Planned Parenthood. Your health is so important to us—it is the reason I do what I do—which is why what I am about to say is so hard. Following a series of attacks on reproductive health care by the Trump Administration, Planned Parenthood is no longer able to offer care at no cost.

The reason for this change is because of the loss of Title X funding. **However, if you have health insurance or Medicaid you will not be impacted.** Title X is the nation's only dedicated program for affordable birth control and reproductive health care. Planned Parenthood health centers were forced out of the Title X program because we refused to comply with the harmful and dangerous gag rule that forces providers to withhold abortion information from their patients. We won't lie to our patients or keep them from getting the care they need. Unfortunately, the loss of these funds may have a significant impact on you.

This is so upsetting – politics should not interfere with your health care!

The most important thing is that you get the care you need. We want to be able to provide all of our patients with the high quality, expert care you deserve. Below are options you now have to cover the costs of your care.

- Planned Parenthood offers:
 - A 40% prompt pay discount for office visits and other services.
 - A discounted monthly payment plan.
 - An opportunity to apply for discounted care, although we cannot guarantee you will receive financial assistance.
 - Help applying for Medicaid.
- You may also qualify for low-cost or free health insurance. The deadline to sign up is December 15th. Learn more at www.plannedparenthood.org/insurance.
- If you have private insurance or Medicaid, we urge you to use it.

And while we realize some patients may need to seek care elsewhere, we hope to keep providing you with the care you have come to rely on. To continue getting care at Planned Parenthood, please talk with our health center staff about your payment options.

Thank you for entrusting Planned Parenthood with your care. Know that we will never back down or stop fighting for everyone—no matter who you are, where you live, or how much money you make—to access a full range of reproductive health care.

A handwritten signature in cursive script that reads "Kara Cadwallader, MD".

Kara Cadwallader, M.D.
Chief Medical Officer
Planned Parenthood of the Great Northwest and the Hawaiian Islands

P.S. We need help in the fight for reproductive health, rights, and freedom. Give us feedback on these changes here: bit.ly/TitleXFeedback. Share your story here: bit.ly/ShareYourStoryPP and take action here: www.PPVNH.org