# Planned Parenthood®

# Your Partner for a Healthy Community

Quarterly Newsletter July - Aug - Sept 2020 Special COVID-19 Update

In this time of extreme trauma and unrest across the country, we stand in solidarity in our communities. **Black lives matter.** Institutional racism, discrimination, hatred, bigotry, and police brutality are taking center stage causing patients, neighbors, colleagues, families, and friends to suffer. As a healthcare safety net provider, we commit to engage by learning, listening, and urging change.

Throughout the COVID-19 pandemic, Texans have been able to count on Planned Parenthood for essential, time-sensitive healthcare through in-person and telemedicine appointments. Our Health Task Force continues to monitor guidance from the WHO, CDC and other experts and updating protocols to protect the safety

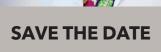
and health of our staff and patients.
Please learn more here:
ppgreatertx.org/COVID19

Throughout the challenges of this year, we are focused on providing trusted healthcare and education, while advocating for the patients we serve. The need for affordable healthcare and medically-accurate sex education is as important today as ever.

Your support is what makes our mission possible—thank you for standing with us in this critical time.



Ken Lambrecht, President & CEO



El Paso Giving Day
Date coming soon
Visit elpasogivingday.org

North Texas Giving Day September 17 Visit northtexasgivingday.org

Together as One Benefit
September 26
For the first time in PPGT's history,
we will host an all virtual
fundraising event!



For more info, email events@ppgt.org



Giving Tuesday is a national day of philanthropy usually held in November. Due to COVID-19, organizers came together for **Giving Tuesday Now** on May 5. Nearly 700 donors particiapted to help support Planned Parenthood's mission. Thank you!

# **WE'RE HERE WITH YOU**

Sexual healthcare needs do not stop during a pandemic, yet we know many Texans have delayed critical care such as STI testing and cervical cancer screenings during the COVID-19 crisis. We are here for patients who need that care at our health centers in Austin, Dallas, Denton, El Paso, Fort Worth, Paris, Plano, Tyler, Waco, and surrounding communities, with health and safety precautions in place based on the latest guidance from leading experts. Learn more at: ppgreatertx.org/COVID19.





"I HAD to get my birth control pills refilled. The teleconference was an awesome way to do this."
-PPGT telehealth patient

# TELEMEDICINE HEALTHCARE AT HOME

Along with in-clinic safety protocols, we expanded virtual healthcare options to allow patients to receive care at home. Planned Parenthood Direct, Planned Parenthood's telemedicine app, is available for birth control pills, patch, ring birth control, and treatment of urinary tract infections (UTIs) for patients 18 and up. We also now offer private, secure video conference appointments with our health center clinicians. For more information visit ppgreatertx.org/telehealth.







## YOUR VICTUAL PARTNER FOR A HEALTHY COMMUNITY

Making a healthier Texas by connecting with communities in central, east, north and west Texas.



Every day, Planned Parenthood's community outreach programs are building relationships with parents, students, and supporters. Planned Parenthood of Greater Texas staff provide an engaging and relevant virtual programming calendar.

Events such as Son Ninas, No Madres: Una Platica Educativa, Touchy Subjects Trivia, book clubs, happy hours, Planned Parenthood Generation (PPGen) Student brunches, and celebration rallies like Queerbomb 2020 support critical conversations and connections. These opportunities continue to impact change in our communities. A participant in the Students for Equity & Access (SEA) event at UT-Arlington said "Together, we learned about the 2020 census and brainstormed future plans for SEA."

This virtual programming is available to everyone, throughout our region. Learn more by visiting our Facebook events page @ppgreaterx.

## HEALTHCARE YOU CAN TRUST PRIDE



No matter who you are, who you love, your insurance, income, or immigration status, all are welcome at Planned

Parenthood. This is true every day at our health centers, and in June we joined with the LGBTQIA+ communities to celebrate Pride, and the movement that continues today to restore and protect the basic rights of all Americans.

WATCH **HOW PRIDE HAPPENS EVERY DAY AT PPGT** 

Far too many LGBTQIA+ Texans experience discrimination or ignorance when seeking healthcare, which negatively impacts their health and safety. Our patients receive quality care, including trans-competent reproductive healthcare and gender-affirming hormone therapy.



"I have had firsthand experience at Planned Parenthood El Paso. and was treated so kindly and felt very safe and welcomed."

-Sarah, El Paso Health **Center Patient** 

#### **HEALTH EDUCATION FOR SPANISH SPEAKERS**

Planned Parenthood launched Spanish language health education programs online to provide important health information and resources virtually. Women ages 25-34 logged on for the first event in the series which focused on parenting adults. More than 600 have viewed the event, which included participants from Puerto Rico and Costa Rica. Research shows that when parents have conversations with their youth, young people are more likely to delay sex.



Marenid, a Planned Parenthood bilingual health educator, speaks about our education programs in a recent PPGT video.

**CLICK TO** A participant **WATCH &** from the **SHARE SON** Facebook NIÑAS, NO education **MADRES** event shared.

"Muchas gracias por tanta información. Fabuloso todo el enlace y la información en español que nos ayuda." ("Thank you for so much information.

Everything is fabulous and the information in Spanish helps.")

To register for virtual education programs coming soon, visit our Facebook events page.

