

Planned Parenthood of the Heartland

Please note: At your appointment, you will speak with a health professional about your medical history and all of your options, and you will be able to ask questions. Any personal information or medical history can be updated at that time.

Surgical Awake Abortion Procedure Information and Instructions

Applicable to the following patients:

- Patients who are 6-14 weeks pregnant

Information regarding your visit:

- Your visit will last anywhere from 2-5 hours. There will be many steps, with waiting between some of them.
- You will receive the following services during your visit: a vaginal or abdominal ultrasound, lab work, an education session and birth control consultation, then you will receive your procedure and spend some time in our recovery room.
- Because you are having a surgical awake procedure, for this appointment there are no restrictions on food. **Please be sure to eat before your appointment.**
- **If you are late to the appointment, we reserve the right to reschedule. Give yourself plenty of time to get here.**

To cancel or reschedule your appointment, please call us at 877.811.7526 or cancel your appointment via the website at least 24 hours in advance.

Do you have insurance you'd like to use for your visit?

- Please be sure to bring proof of insurance to your appointment. We recommend that we contact your insurance company in advance to confirm your eligibility and benefits. You are welcome to call us the afternoon of the day before your appointment. We may have some benefit information available at that time. Co-pays, deductibles, or any non-covered portion of your visit are due at the time of your appointment.

Important instructions regarding your visit:

- Do not take any illegal drugs or alcohol 24 hours prior to your visit.
- Do not wear any jewelry.
- Your index finger must be free of dark nail polish, gel polish, or artificial nails.
- **Everyone, including yourself and any guest, MUST have photo ID to enter the building.**
- It is preferred and helpful that babies or children do not accompany you to this appointment due to the long visit length. **If you must be accompanied by children or babies, a separate responsible adult is required at all times to care for the child in the waiting area.**

It is important to follow all of these instructions to make sure you are able to be seen for your appointment.