

INFORMATION ABOUT CORONAVIRUS OUTBREAK

As part of Planned Parenthood's commitment to keep our communities safe, we're sharing recommendations to help limit the spread of coronavirus (COVID-19).

One of the best ways to prevent spread of infection is to limit contact with others, especially if you feel sick.

IF YOU HAVE...

- Or have you had in the last 14 days, a fever, cough, or shortness of breath? **OR**
- In the last week, have you been in contact with someone who has been experiencing a fever, cough, or shortness of breath? **OR**
- Have you been in contact with someone who has had a pending or positive Covid-19 test?

THEN...

- Please consider re-scheduling your appointment by contacting us via the patient portal, or by calling 1-800-230-7526 (PLAN).

If you feel sick and need sexual and reproductive health care:

- Contact us so we can determine a short-term plan to help until you are better.

What to expect at your Planned Parenthood appointment during the coronavirus outbreak:

- Social distancing (staying at least 6 feet away from people with symptoms)
- Not shaking hands
- Health care workers may wear gloves, gowns, or masks if you have respiratory infection symptoms
- You may be asked to wear a mask during your visit
- We may offer to re-schedule your appointment
- If someone with you has symptoms of coronavirus, we may ask them to leave the health center

If you are sick and need medical attention, contact your primary care office, walk-in clinic, or urgent care near you.

More information and answers to questions about the coronavirus are available at:

- Centers for Disease Control: www.cdc.gov/coronavirus/2019-ncov/index.html
- WA: Please call the Washington Department of Health at **800-525-0127 and press #**, or visit www.doh.wa.gov/Emergencies/Coronavirus
- ID: Please call the Idaho Department of Health and Welfare at **2-1-1**, or visit www.coronavirus.idaho.gov

