

### **Surgical Abortion with Non-Sedation Pain Management**

During your visit, a health care professional will ask you about your medical history and inform you of all your health care options. It is important that you provide the most updated and accurate information to help ensure a safe and healthy experience.

#### **Please follow these instructions:**

1. Eat a light meal prior to the procedure.
2. Take your daily medication(s) as usual.
3. You will be discharged from the center at least 4-6 hours after the start of your appointment.
4. Bring a photo ID (driver's license or other government-issued ID, a school or workplace ID, or a passport).
5. Planned Parenthood accepts most private and public insurance plans. Additionally, we offer financial assistance to cover the cost of care.
  - If you are covered by Medicaid:
    - Bring your Medicaid Card as it will cover testing, birth control, and other services covered by Medicaid. The name on your ID must match the name on your Medical Card.
  - If you are covered by commercial insurance and choose to use that insurance to cover the cost of services:
    - Bring proof of insurance to your appointment. We recommend contacting your insurance company directly to confirm your eligibility and benefits. You are welcome to call us in the afternoon the day before your appointment. We may have some benefit information available at that time. Co-Pays are due at the time of your appointment.
  - To learn more about financial assistance, call us at 1-800-230-7526.
6. For your safety, you must remove a tongue piercing prior to the procedure.
7. For your safety, you must remove contact lenses prior to the procedure. We encourage you wear glasses or bring solution and a case to store your contact lenses during your procedure.

A doctor will determine your candidacy for surgical abortion during your visit.

Please note that we are unable to provide childcare at our health center. A trusted adult must monitor your child or children in the waiting area before, during, and after your appointment. Children cannot accompany you in the exam room. We encourage you to bring a friend or family member to be with your children in the waiting room if you don't have childcare at home.

**If you have any questions, you may contact Planned Parenthood of Greater New York at 1-800-230-7526, Monday – Friday, 8 a.m. – 5 p.m.**