



HEALTHCARE YOU CAN TRUST

Meet Suzy, one of our health experts who provides compassionate care to Planned Parenthood patients.

Suzy's background:

15 years of healthcare experience, Board Certified Adult Clinical Nurse Specialist with a Masters of Science in Nursing

Number of years with Planned Parenthood:

11 years

In her words:

"I love sending my patients home with a greater understanding of their own health."

Favorite dessert:

Chocolate!

Planned Parenthood's clinicians have an average of **25 years** of healthcare experience. Their range of expertise includes Women's Health Care Nurse Practitioners, Family Nurse Practitioners, Certified Nurse Midwives, Physician Assistants, and other advanced levels of certification and licensure.

This year, Planned Parenthood faces unprecedented challenges under a new White House administration, Congress, and Texas Legislature.

Politicians are threatening the Affordable Care Act (including birth control coverage), Planned Parenthood's ability to serve

Medicaid patients, new abortion restrictions, and funding for Title X, the federal family planning program that serves millions of Americans each year and thousands of our patients in Texas.

Yet, we remain focused on what we have done for more than 80 years---provide quality, trusted healthcare and education. **We aren't going anywhere.**

We've been overwhelmed by the number of donations, volunteers, and support since the election in November. Your support makes an enormous difference and ensures our health center doors are open for patients who count on us. **Thank you.**

Ken Lambrecht

Ken Lambrecht, President & CEO



WE'RE HERE
and we're hearing from you
THANK YOU!

DONORS WANTED US TO KNOW WHY THEY STAND WITH PLANNED PARENTHOOD, NO MATTER WHAT.

"In honor of my daughter and all the women of our country."

"I donated to @PPGreaterTX tonight because I know the fight will only get harder for those who need them."

"Thanks for continuing to keep all of us feeling healthy, informed, and supported."

"When all else seems dreary, please give women hope."



MORE CHOOSING "whoops-proof" LARCs

Long-acting, reversible contraceptives (LARCs) such as IUDs and implants are increasingly the birth control method of choice for patients. 40% of family planning doctors choose LARCs for their own birth control, and media coverage has highlighted benefits particularly in preventing unintended teen pregnancy. LARCs provide 4-12 years of prevention without having to

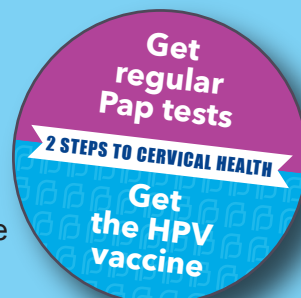
remember to take a pill or pick up refills.



Image from a recent Planned Parenthood ad promoting IUDs.

JANUARY FOCUS ON CERVICAL HEALTH

January is Cervical Health Awareness Month. Everyone with a cervix is at risk for abnormal, precancerous, and cancerous changes, particularly after contracting HPV (Human papillomavirus). Our clinicians screen, diagnose, and treat cervical health issues using colposcopy, LEEP, and cryotherapy services. The HPV vaccine is also available at our health centers to prevent HPV and a range of associated cancers.



COMMUNITY SERVICE & LEADERSHIP FOR YOUTH

Youth LEAD (Leaders in Education, Advocacy, and Diversity) offers the opportunity for teens in Austin and Dallas to earn community service hours and learn leadership skills through volunteering for Planned Parenthood.

High school students will have opportunities to:

LEARN about sexual health and dating,

ADVOCATE for healthier communities,

EDUCATE others about how to be safe and healthy, and...

INSPIRE change.

The next Austin training will occur on **Saturday, February 11.**

To learn more or sign up to participate please visit ppgreater.tx.org/youthlead.



Dallas Annual Awards Keynote Speaker, Marcia Clark

SAVE THESE DATES

March 1, 2017 Noon
Fort Worth Annual Luncheon
Omni Fort Worth Hotel
Keynote Speaker:
Barbara Pierce Bush

March 2-3, 2017
Amplify Austin

March 8, 2017
Dallas Annual Awards Luncheon
Omni Dallas Hotel
Keynote Speaker: Marcia Clark

May 11, 2017
Austin Cocktails for Cause

May 16, 2017
Margarita Madness

Advance reservations required and sponsorships available. Please call 855.314.0799 ext 10183 or email events@ppgt.org for more info.

YOUR PARTNER FOR A HEALTHY COMMUNITY

Connecting in our communities for a healthier Texas



Planned Parenthood volunteers show off signs made for the One Resistance and Women's March on Austin.



Public Affairs Manager Denise Rodriguez attends the Texas Latino Gay Pride event in Dallas.



Planned Parenthood health center managers at the Annual Carnaval de Salud in Fort Worth.



Attendees at the Planned Parenthood Healthy Community Block Party in Waco participate in a free yoga class.