Fun Facts About Condoms!

01 Did you know?

> The first condoms were made of sheep intestines. Most condoms now are made with latex or polyurethane which are better at protecting against Sexually Transmitted Infections (STIs). Animal skim condoms are slightly porous allowing the passage of viruses including HIV.

> The average person with a penis will ejaculate 14 gallons of semen over their lifetime! Most of that will be through masturbation.

> 450 million condoms are sold annually in the United States!

> 80% of the people who have an STI don’t show any symptoms.

> Research shows that every year there are more than three million unintended pregnancies, and approximately 20 million people will contract an STI (half of those are between 15-24 year olds).

> At least one in four people in the U.S.—perhaps as many as one in two—will contract an STI at some point in their lives.

> Over 90% of Planned Parenthood’s health services are preventative including family planning, STI testing and treatment, pregnancy options, contraception, cancer screenings, and more!

02 Talking Points

> The two things you should inspect on a condom wrapper before using one:
> 1) The expiration date
> 2) Make sure there’s an air bubble so you know there isn’t a hole in the wrapper.

> Latex, plastic, and non-latex rubber condoms as well as insertive condoms are highly effective in preventing pregnancy, and they’re the only forms of birth control that also help reduce the risk of STIs.

> Condoms used consistently and correctly provide the best protection against STIs for sexually active people. They also protect against unintended pregnancy. It’s even better if you use a back-up method, like hormonal birth control.

> Many people say they find sex more enjoyable when they’re protected because they aren’t worrying about unintended pregnancy and STIs.

> It’s important to talk to your partner about using condoms before you engage in sexual activity. Planned Parenthood believes that education and communication is the key to healthy behaviors and relationships.