

Gender Affirming Hormone Therapy Referral List – Southern MA

For More Info:

Visit: PPLM.org

Call Us: 800-258-4448

Sexual Health Counseling & Referral Hotline: 800-258-4448 option 3

Revised 01/2020



Planned Parenthood League of Massachusetts

Community Support

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
SRS/Surgery Resources	Trans Healthcare - SRS Surgeon Directory	Online resource database of surgeons who perform: Body Sculpting, Breast Augmentation, Buttock Augmentation, Clitoroplasty, FFS, FMS, Glansplasty, Hair Grafting, Hysterectomy, Labiaplasty, Metoidioplasty, Orchiectomy, Penile Implant, Phalloplasty, Reconstructive Urology, Scrotoplasty, Top Surgery, Tracheal Shave, Urethroplasty, Vaginectomy, Vaginoplasty, Voice Feminization Surgery	http://www.transhealthcare.org/	Online
Trans-competent referrals for a large range of services	LGBTResources.net	Online resource that includes locations in MA that are trans-competent for: Acupuncture, Birthing, Bottom Surgery, Cosmetics, Counseling Centers, Endocrinologists, Group Practice, Gynecology, HIV testing, Hysterectomy, Licensed Clinical Social Worker, Licensed Marriage Family Therapist, Licensed Master Social Worker, Licensed Mental Health Counselor, Massage Therapist, Naturopathy, Nurse Practitioner, Peer Specialist, Primary Care, Psychiatry, Psychologist, Reconstructive Surgery,	https://lgbtresources.net/trans-competent-providers/	Online

		Speech Pathologist, Top Surgery		
Trans-competent referrals for a large range of services	Transcaresite.org	Online resource that includes: Therapists, Substance Abuse/Detox, Hair Removal, Mental & Behavioral Health, Endocrinology, Pediatrics, Primary Care, Surgery, Vocal Coaching, Internal Medicine, Assisted Reproduction, Gynecology, Oncology, Mammograms, Dermatology, Urology, Legal Services, Chiropractic, Life coaching	http://transcaresite.org/?frm_display=full&ptype=&pstate=MA&pcountry=&frm_search=	Online
Trans-competent referrals for a large range of services	New England Gender CARE	Online resource that includes information about gender-affirming services offered by hospitals and community health centers in New England	http://negendercare.org/	Online
Trans-competent referrals for a large range of services- New England	Compass Transmasculine Resources	Online portal with transmasculine focused resources in New England including: Legal Support, Inclusive Career Recruitment, Surgery Advice, Medical Resources, Therapists, Financial Assistance for Surgery, PCPs, Urologists, Acupuncturists, Chiropractors, Medical Tattooing, Dermatologists, Physical Therapy	http://www.compassftm.org/resources.html	Online
Binders and Breast Inserts	Point of Pride	Provides new or gently-used chest binders (specially-designed chest compression garments) for free to any trans person who is in need and	https://pointofpride.org/chest-binder-donations/	Online

		cannot afford or safely obtain one		
Financial Assistance	Jim Collins Foundation	Grant application to fund gender-affirming surgeries and services	https://jimcollinsfoundation.org/	Online application
Trans-competent referrals for a large range of services	MASSTPC Wiki	Online portal that includes resources: Clinics, Dentists, Domestic Violence/Sexual Assault, Electrolysis/Laser Hair Removal, Endocrinologists, Family Medical, Financial, Fitness and Gyms, Obstetrics & Gynecology, HIV Prevention and Services, Holistic/Alternative Medicine/Chiropractic, Hospitals, Insurance, Needle Disposal, Nutrition and Wellness, Primary Care Doctors, Primary Care, Pediatricians, Reproductive Options, Substance Abuse, Surgeons, Therapists, Veterans Health Care, Wills & Directives	https://www.masstpc.org/m ediawiki/index.php?title=MTROLwiki:Community_Portal#Health_Resources	Online
Community Support	Innvestments	Social support for “the crossdresser, transvestite, transsexual, and transgendered community” of Cape Cod and the Islands	http://www.innvestments.org/	Information about different programs can be found online
Community Support	Transgender Group for Adults at the Center for Creative Life Solutions	Professionally-led monthly group for adults (18+) identifying as transgender, agender, genderfluid, gender non-conforming, etc.	10 Main St, Lakeville, MA 02347 (508) 203-6908 https://centerforcreativelivesolutions.com/lgbt-groups/	Potential participants must meet for an initial group assessment to complete intake paperwork, review group rules and confidentiality, etc.

				<p>Group meets on the first Saturday of every month</p> <p>Insurance is accepted for group therapy</p>
Community Support – Elder Services	Cape Cod LGBTQ Coalition for Older Adults	Social opportunities, resources, and monthly meetings for LGBT elders in Barnstable Country	<p>Elder Services of Cape Cod and the Islands, 68 Route 134 South Dennis, MA 02660</p> <p>(508) 394-4630 x 103</p> <p>cheryl.gayle@escci.org</p>	Email for further information
Community Support – Elder Services	Lower Cape LGBT Seniors	Social group and events for individuals 55 years of age and over in the lower Cape area	<p>Orleans Senior Center, 150 Rock Harbor Rd, Orleans, MA 02653</p> <p>Email Maryanne (mryan@town.orleans.ma.us) or call (508) 255-6333 x 16 to RSVP or learn more</p> <p>https://www.meetup.com/LOWER-CAPE-LGBT-55-PLUS/</p>	<p>Information about programs and events can be found online</p> <p>Group generally meets every 4th Friday of the month at Orleans Senior Center</p>
Community Support – Elder Services	Mid-Cape LGBT Seniors	Social support for LGBT seniors and caregivers	<p>Barnstable Senior Center 825 Falmouth Rd, Hyannis, MA 02601</p> <p>Call Donna Burns at (508) 862-4750 to learn more</p>	Call for more information about events and meeting times
Community Support – Elder Services	SAGE Advocacy and Services for LGBT Elders	National organization providing advocacy and resources for LGBTQ+ elders with affiliates across the country	<p>1 Virginia Ave, Suite 102 Providence, RI 02905</p> <p>(401) 443-4451</p> <p>SAGE Hotline: (877) 360-LGBT</p> <p>https://www.sageusa.org/</p>	Information about programs and services can be found online (closest affiliate center is in Providence)

Community Support- Cape Cod	PFLAG of Cape Cod	Organization for friends, family, and members of the LGBTQ+ community with programs to support, educate, and advocate	https://www.pflagcapecod.org/	Information about programs and events can be found online
Community Support- Faith-based	TransFaith	National non-profit led by trans people and focused on issues of around faith	(844) 283-2484 https://www.transfaith.info https://www.facebook.com/TransFaith.Online/ office@transfaith.info	Further information about programs and events can be found online
Community Support- Faith-based	First Parish Brewster Unitarian Universalist Church	Welcoming congregation hosting inclusive congregations, advocacy services, educational workshops, and a monthly support group for trans adults	1969 Main St, Brewster, MA 02631 (508) 896-5577 cove@firstparishbrewster.org https://fpbuu.org/social-justice-ministries/lgbtq-welcoming-congregation-committee/	Trans support group meets every 2 nd Wednesday of the month from 7 PM- 9 PM (email scarpentervascik@gmail.com for more info) Sunday worship starts at 10:00 AM Further information about different services and programs can be found online
Community Support- Veterans	Transgender American Veterans Association (TAVA)	National organization providing advocacy to ensure trans veterans receive appropriate care and to change public policy	http://www.tavausa.org/	Online
Community Support- Providence	Borderlands	Peer-led support groups for TGI and non-binary individuals	borderlands@tginetwork.org http://www.tginetwork.org/groups-and-services/borderlands-peer-support-group	TGI group meets on the 1 st and 3 rd Tuesday of the month from 7 PM- 9 PM as well as on the 1 st and 3 rd Saturday of the month from 1 PM- 3 PM Non-binary group meets on the 3 rd Tuesday of the month from 7 PM- 9 PM

Community Support- Local Businesses	Pride Pages Cape Cod	State-by-state annual print and online resource for locating LGBTQ+ friendly businesses and organizations throughout Cape Cod, the Islands, Nantucket, and beyond	www.pridepages.com	Online
Trans Conference/Annual Event	Fantasia Fair	Week-long trans event held every October in Provincetown featuring g activities, keynote speakers, workshops, etc	https://fanfair.info/about-fantasia-fair/	Fair is held every October in Provincetown (further information can be found online)
Community Health-Survivor Support	Fenway Health Violence Recovery Program	Free counseling, support groups, and advocacy for survivors of domestic violence, sexual assault, and anti-LGBTQ+ hate violence in English and Spanish	76 W. Main St, Hyannis, MA 02601 (857) 313-6681 https://fenwayhealth.org/care/behavioral-health/violence-recovery/	Further information about different services and programs can be found online
Community Support-Homelessness/Housing Instability Support	Father Bill's Place	Catchment center near South Shore with queer-inclusive staff and shelter policy providing shelter, housing access assistance, food services, and more	38 Broad St, Quincy, MA 02169 (617) 770-3314 https://helpfbms.org/	Further information about programs and services can be found online
Trans Health Referral Guide	Rhode Island Trans Health Initiative	Comprehensive referral guide for trans-competent primary care providers, mental health services, other medical care, surgery referrals, hair removal, vocal training, and community resources in Rhode Island	https://docs.google.com/viewer?a=v&pid=sites&srcid=dGdpbmV0d29yay5vcmd8aW5kZXh8Z3g6NzExNDI5MTEzNmRIYjZiYg	Online

Primary Care

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
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Primary Care/ Endocrinology	Dr. Kishore Lakshman, PrimaCare	Founder of PrimaCARE's Transgender Clinic offering counseling, hormone therapy, specialized medical care, and more in English and Portuguese	277 Pleasant St, Suite 202, Fall River, MA 02721 (508) 235-0481 http://www.prima-care.com/physicians/details/kishore_lakshman	Accepts all major insurances
Primary Care	Allegra McElroy, Community Health Center of Cape Cod	Nurse practitioner with extensive experience with primary and family care for pediatric and adult patients	123 Waterhouse Rd, Bourne, MA 02532 (508) 477-7090 https://www.chcofcapecod.org/provider/allegra-mcelroy-fnp	Further information about hours, free transportation assistance, appointments and insurance enrollment/payment can be found at https://www.chcofcapecod.org/

Youth Services

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Community Support – Youth Services (Ages 14-22)	The Cape & Islands Gay & Straight Youth Alliance (CIGSYA)	Youth-led and adult- supported social support organization for LGBTQ+ youth ages 14-22	56 Barnstable Rd, Hyannis, MA 02601 (508) 778-7744 info@cigsya.org http://www.cigsya.org/CIGSYA_House_-_English/Welcome.html	Information about different services and programs can be found online
Community Support – Youth Services (Ages 14-24)	NB-AGLY A Perfect Place	Community based social support organization for LGBTQ+ youth and allies	105 William St, #35 New Bedford, MA 02740 https://www.facebook.com/groups/NBAGLY/	Information about programs and events can be found online
Community Support – Youth Services (Ages 13-22)	South Shore Alliance of Gay, Lesbian, and Transgender Youth (SShAGLY)	Youth-led and adult- supported social support organization for LGBTQ+ youth ages 14-22	First Parish Church, 842 Tremont St, Duxbury, MA 02332 (781) 236-3087	Group meets every second and fourth Monday of the month from 7 PM-9 PM

			sshagly@gmail.com https://www.facebook.com/sshagly/	
Community Support – Youth Services (Ages 14-18)	Brockton Alliance of Gay, Lesbian, and Transgender Youth (BrAGLY)	Weekly social support group for LGBTQ+ and allied youth between the ages of 14-18	942 W. Chestnut St, Brockton, MA 02301 (508) 583-3005 x 5012 BrAGLY@HealthImperatives.org https://healthimperatives.org/lgbtq-support-bragly/	Group meets every Thursday from 6 PM- 8 PM
Community Support	Massachusetts Commission on LGBTQ Youth	Independent state agency working to promote LGBTQ+ youth policies and advocacy across the state, website contains events and resources	https://www.mass.gov/orgs/massachusetts-commission-on-lgbtq-youth	Online
Primary Care	Gender and Sexual Health at Lifespan	Comprehensive counseling, contraceptive, and gynecological services for LGBTQ+ children, teens, and adults	Adolescent Healthcare Center, 245 Chapman St, Providence, RI 02905 (401) 444-5980 https://www.lifespan.org/centers-services/gender-and-sexual-health-at-lifespan	Information about services offered, making appointments, and payment can be found online

Surgery Services

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Surgery Services	Boston Medical Center Transgender Admin Line	Gender-affirmation consultation and surgeries	Boston Medical Center 725 Albany St Boston, MA 02118 (617) 638-1839 https://www.bmc.org/	Referral and consultation needed Accept all insurance except for United Healthcare and Fallon

Surgery Services	Boston Medical Center Transgender Admin Line	Gender-affirmation consultation and surgeries	Boston Medical Center 725 Albany St Boston, MA 02118 (617) 638-1839 https://www.bmc.org/	Referral and consultation needed Accept most insurances except for United Healthcare and Fallon
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Behavioral Health

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Behavioral Health Referral Hotline	William James College INTERFACE Referral Service	Free and confidential Mental health hotline providing referrals across the state	(888) 244-6843 interface.williamjames.edu	Monday-Friday: 9AM- 5PM
Therapist Database	PFLAG of Cape Cod	Database of therapists with interest and/or experience in LGBTQ+ care across the Cape Cod area	https://www.pflagcapecod.org/lgbt-friendly-therapists.html	Online
Behavioral/Mental Health (Ages 18+)	Adult Transgender and Sexuality Behavioral Health Program	Psychiatric-led program offering psychosocial support, behavioral health, and wellness services for individuals over 18+ exploring gender identity issues	Lifespan Ambulatory Care Center, 950 Warren Ave., East Providence, RI 02914 (401) 606-3711 https://www.lifespan.org/centers-services/adult-transgender-and-sexuality-behavioral-health-program	Information about services offered, making appointments, and payment can be found online
Behavioral/Mental Health	Psychiatric Collaborative	Group practice of nurse practitioners, social workers, psychologists, and mental health clinicians covering a wide variety of issues for individuals and couples of all ages	23-25 Bay State Ct, Brewster, MA 02631 (508) 619-4189 x 219	Average costs per session: \$70-\$110 Accepts insurance, cash, and check for payment Accepted Insurance: Aetna

				BMC Healthnet Beacon Blue Cross Blue Shield Cigna ComPsych Coventry GHI Harvard Pilgrim Health Net Magellan MassHealth (all types) Medicaid/Medicare PHCS TRICARE Tufts UniCare United Out of Network
Therapist	Deborah Ennis, Healing Therapies	Trans-experienced therapist offering individual and couples therapy sessions as well as monthly mindfulness classes	165 Rt.6A, Orleans, MA 02653 (508) 432-3383 info@HealingTherapiesCap eCod.com <a href="https://www.healingtherapie
scapecod.com/">https://www.healingtherapie scapecod.com/	Out of pocket fee: \$100- \$120 for 50 min session Accepted Insurance: Blue Cross Blue Shield BMC Healthnet Boston Neighborhood Harvard Pilgrim Optum Tufts United Behavioral Health
Therapist	Suzanne Ellis	Trans-experienced youth therapist	1019 MA-132, Hyannis, MA 02601 (508) 292-4657 capecodsuz@msn.com	Contact for more information
Behavioral Health	LifeCourse Counseling Center	Center providing comprehensive LGBTQI+ in-person, phone, and video therapy and counseling sessions	https://lifecourse.net/	PPO (not HMO) insurance plans accepted <a href="https://lifecourse.net/insu
rance">https://lifecourse.net/insu rance

STI/HIV Services

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
STI/HIV Services	AIDS Support Group Cape Cod	Free comprehensive HIV and STI testing, medical case management and peer support, PrEP and other prevention services, condoms and lube, and stable housing resources	148a Commercial St, Provincetown, MA 02657 (508) 487-8311 428 South St, Hyannis, MA 02601 (508) 778-1954 http://asgcc.org/	Information about different services and programs can be found online

Endocrinology

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
Hormone Therapy	New Era Pharmacy	Hormone Therapy By Mail (includes all supplies: needles, alcohol swabs, etc.)	1286 SE Holgate Blvd. Suite C2 Portland, OR 97202 (503) 222-4822 or (877) 252-9393	Online

Legal Support

Service Category	Name of Resource/Provider	Summary of Services	Contact Information	Info about Access/Insurance
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Name and sex marker change	National Center for Transgender Equality	Website outlining state requirements and process for changing sex marker on MA birth certificates (requires notarized physician letter that can be acquired through Planned Parenthood) as well as comprehensive resources for the name change process	https://transequality.org/documents/state/massachusetts	Online
Sex marker change	U.S. Department of State	Website outlining requirements and process for changing sex marker on U.S. passport	https://travel.state.gov/content/travel/en/passports/apply-renew-passport/change-of-sex-marker.html	Online
Name and sex marker change	Massachusetts Transgender Political Coalition	Comprehensive webpage outlining requirements and process for changing sex marker and name on legal documents	https://www.masstpc.org/get-help/identity-documents/	Online

Name and sex marker change	GLBTQ Legal Advocates & Defenders (GLAD)	Rapid-response program connecting those looking to change sex marker and/or name on federal and state documents to free legal representation and attorney guidance	https://www.glad.org/id/	Online intake form
Discrimination/hate crime resources	Massachusetts Transgender Political Coalition	Comprehensive website of statewide resources for help with gender-based discrimination and hate crime cases	https://www.masstpc.org/gay-help/discrimination-resources/	Online
LGBTQ+ Asylum Resources and support	LGBT Asylum Task Force	Community organization supporting the legal and day-to-day needs of LGBTQ+ asylum seekers	6 Clover Street, Worcester, MA 01603 (508) 853-8853 info@lgbtasyllum.org http://www.lgbtasyllum.org/	Information about different services and programs can be found online

Hotlines

Name of Resource/Provider	Contact	Hours	Information
LGBT Helpline (Ages 25+) Fenway Health	(888) 340-4528 or (617) 267-9001	Monday – Saturday 6:00 PM – 11:00 PM Sunday: CLOSED	Anonymous and confidential hotline offering help, information, referrals, and support for LGBT individuals who are age 25 or older. Support provided for safer sex, coming out, where to find gay-friendly establishments, HIV and AIDS, depression, suicide, harassment and violence, etc.

Peer Listening Line (Ages 25 and under) Fenway Health	(888) 399-PEER or (617) 267-2535	Monday – Saturday 5:30 PM – 10:00 PM Sunday: CLOSED	Anonymous and confidential hotline offering help, information, referrals, and support for LGBT individuals who are age 25 or older. Support provided for safer sex, coming out, where to find gay-friendly establishments, HIV and AIDS, depression, suicide, harassment and violence, etc.
Gay, Lesbian, Bisexual and Transgender National Hotline	(888) 843-4564 Email: help@GLBThotline.org	Monday – Friday 4:00 PM – 12:00 AM Saturday 12:00 PM – 5:00 PM Sunday: CLOSED	Private hotline for one-on-one chat and email peer-support regarding coming out, relationship concerns, harassment and violence, workplace issues, HIV/AIDS, safer sex, etc.
Gay, Lesbian, Bisexual and Transgender National Youth Talkline (Ages 25 and under)	(800) 246-PRIDE	Monday – Friday 4:00 PM – 12:00 AM Saturday 12:00 PM – 5:00 PM Sunday: CLOSED	Private hotline for one-on-one chat providing support to those up to age 25 regarding coming out, relationship concerns, harassment and violence, workplace issues, HIV/AIDS, safer sex, etc.
Trans Lifeline	(877) 565-8860	Hotline open 24/7	Peer support service run by trans volunteers for trans and questioning callers in crisis or in need of support
Trevor Project	Hotline: (866) 488-7386 Text: Text the word “START” to 678678 Chat: https://www.thetrevorproject.org/get-help-now/	Hotline open 24/7	Crisis intervention and suicide prevention support hotline, text, and online chat service for LGBTQ+ young people
Network La Red	(617) 742-4911	Hotline open 24/7	Boston-based hotline providing confidential emotional support, information, referrals, safety planning, and crisis intervention for LGBTQ+ individuals as well as individuals in SM/kink and polyamorous communities who have or are currently experiencing partner abuse