

We recently treated your sex partner for trichomoniasis (also called trichomonas or trich). Trich is a sexually transmitted infection (STI). You can get it from having sex (oral, vaginal, or anal) with a person who has it. You may be infected, too. It is easy to treat.

**How would I know if I have trich?**

Many people who have it do not know it. About 70% of infected people do not have any signs or symptoms. Some people may notice a discharge (drip) from their penis, have pain when they urinate or have sex, or notice a thin, yellow-green vaginal discharge. They may also feel itching and burning in the genital area or notice a fishy smell.

**What is the treatment for trich?**

It is treated with medicine. The best way to take care of it is to be seen by a doctor or nurse — either at Planned Parenthood or somewhere else.

Your partner has brought you the medicine or a prescription that you can fill at a pharmacy. If you can't get to a doctor or nurse in the next few days, you should take the medicine. Even if you take the medicine, it is very important that you be seen and get tested for STIs. Having an STI can increase your risk of getting HIV, so you should get an HIV test too.

**Please read the following before you take the medicine:**

The medicine is very safe. **But if you drink any alcohol while you take the medicine, you can get a very bad reaction that may include belly pain, nausea, vomiting, and headache. DO NOT take the medicine if you have had any alcoholic drink in the past 12 hours and do not drink any alcohol until 24 hours after you finish metronidazole and 72 hours after you finish tinidazole.**

**DO NOT TAKE IT if any of the following are true:**

- You have a fever, or pain or swelling in the testicles.
- You have pain in the lower belly, pain during sex, vomiting, or fever.
- You think you may be pregnant or are breastfeeding.
- You have liver disease or a neurological disorder.
- You are currently taking another prescription medicine.
- You ever had an allergic reaction — rash, itching, swelling, dizziness, or trouble breathing — to metronidazole (Flagyl) or tinidazole (Tindamax).

**Talk with us, or your doctor or nurse, as soon as possible if any of these are true for you.**

**What are the side effects of the medicine?**

Some people get dizziness, headache, diarrhea, nausea, vomiting, belly pain, rash, change in taste sensation, or a dry mouth. These side effects don't usually last long.

Your urine may be a darker color while you take the medicine. This is not harmful.

**Call 911 or go to the nearest emergency room** if you get a seizure, lose consciousness (pass out or faint), have tingling or numbness of the hands or feet, feel unsteady on your feet, notice mood or mental changes, have bad belly pain, itching, or a fever. These more serious side effects are rare.

**The medicine you have been given, or prescribed, for trich is**

<i>Select Medication</i>	<b>Medication</b>	<b>Directions for taking medication</b>
	Metronidazole	<ul style="list-style-type: none"> <li>▪ If you got 4 white tablets (500 mg) — take all 4 at the same time. Take with a full glass of water or with food.</li> <li>▪ If you got 8 white tablets (250 mg) — take all 8 at the same time. Take with a full glass of water or with food.</li> </ul>
	Tinidazole	<ul style="list-style-type: none"> <li>▪ If you got 4 yellow tablets (500 mg) — take all 4 at the same time. Take with a full glass of water or with food.</li> <li>▪ If you got 8 yellow tablets (250 mg) — take all 8 at the same time. Take with a full glass of water or with food.</li> </ul>

**Finish all the medicine. Don't share or give your medicine to anyone else.**

**When can I have sex?**

**Do not have sex until 7 days after you've finished taking the medicine.** It takes this long for the medicine to cure trich. You can still pass the infection to your sex partners if you have unprotected sex – vaginal, anal, or oral – before.

If you have other sex partners, tell them you are getting treated for trich so they can get treated too. People who get trich are very likely to get it again. It's important to get tested for trich and other STIs 3 months from now.

**Who do I call with questions?**

If you have any questions or want to make an appointment, please call 1-800-230-7526.