

## **Our Mission**

To empower individuals to make independent, informed decisions about their sexual and reproductive lives, we provide information and health care, and promote public policies that make those services available to all. *Planning is Power.*

## **Programs for Youth**

### **Evidence-Based Programs**

PPNYC implements three evidence-based interventions to reduce adolescent sexual risk behaviors in key communities in Brooklyn, Manhattan, the Bronx, and Queens:

“Making Proud Choices” and “Be Proud! Be Responsible!” are evidence-based STI, HIV, and pregnancy prevention programs for young people aged 11-19. “Be Proud! Be Responsible! Be Protective!” is an evidence-based HIV prevention program designed for young mothers and pregnant girls. We facilitate these programs in schools and community organizations.

### **Youth Health Promoters**

Our highly trained peer educators conduct interactive workshops to educate young people about teens’ rights and access to sexual and reproductive health care. Youth Health Promoters workshops are available Tuesday through Thursday between 4:00 pm and 7:00 pm in the South Bronx, Brooklyn, Manhattan, and Queens. The Youth Health Promoters also use social media - PPNYC’s “Now U Know” Facebook page, Instagram account, and soon Snapchat - to meet young people where they’re at and encourage them to look after their health.

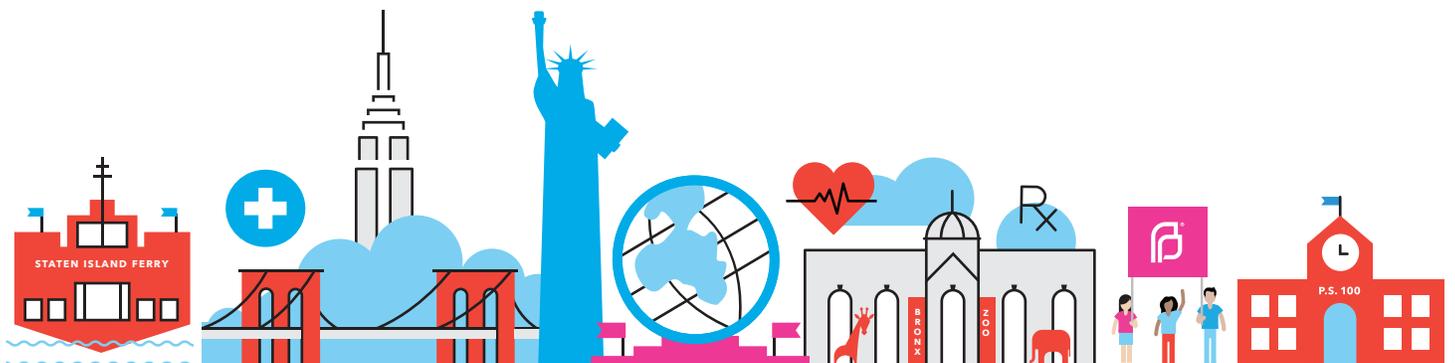
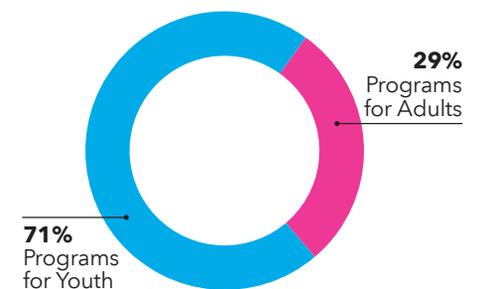
### **Taking Care of You**

The “Taking Care of You” workshops focus on healthy sexuality, prevention of unintended pregnancy and sexually transmitted infections, and positive communication in relationships. The series is offered in the Bronx, Brooklyn, and Manhattan.

### **Our Reach in 2015**

Our programs provide information and tools that help people to lead sexually healthy, safe, and responsible lives. In 2015, we reached a total of 25,296 people, including:

- **654** professionals in Training Institute programs
- **452** staff within partner organizations
- **3,967** Latinas assisted by our Promotores de Salud
- **676** parents and caregivers in Adult Role Model workshops
- **1,718** youth in evidence-based curricula sessions
- **2,632** participants in “Taking Care of You” workshops



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## Male Inclusion Services

Through community outreach, forums, and one-on-one interactions, we aim to reach adolescent males in the Bronx, Brooklyn, and Manhattan with health education materials, safer sex kits, and information about accessing sexual and reproductive health services.

## Programs for Adults

### Adult Role Models

PPNYC's Adult Role Models are local parents and caring adults trained to facilitate a four-part workshop series in schools and community organizations throughout the city to help other parents and caring adults talk with their kids about sexuality and strengthen parent-child relationships.

### Promotores de Salud

The Promotores are bilingual peer health educators and advocates who seek to increase access to sexual and reproductive health care centers and family planning services for Latinas in New York City through outreach, workshops, and linkage to care.

### Sexuality Education for Adults

These workshops, which are specially designed for adult groups, aim to enhance sexual health and wellness by connecting participants to the information and care they need.



## Programs for Professionals and Organizations

### Training Institute

The Training Institute prepares professionals to serve as trusted educators and resources in their agencies and communities. We offer more than 25 annual trainings, including forums on sexual and reproductive health issues, best practices, and model education programs. We train hundreds of professionals who then reach thousands of community members.

### Organizational Capacity Building

PPNYC helps youth- and adult-serving organizations to develop policies, staff knowledge, and resources related to sexual and reproductive health (SRH). We offer information, skills-building opportunities, and educational materials to administrators and staff to enhance their ability to provide SRH education and referrals to their clients.



## Publications

We publish brochures and guides about sexual and reproductive health. A number are specifically for teens or for parents and are available in both English and Spanish. They can be downloaded free of charge from our website, [www.ppnyc.org](http://www.ppnyc.org), by clicking on the link for "Publications." These publications cover a variety of topics including healthy relationships, body image, sexuality, and how to talk with your kids or your parents about sex.