

Thank you for making your appointment online.
Please review the information below. If you
have additional questions, call 1-800-230-7526.

You have scheduled a telephone appointment.

You do not need to go to a health center for the appointment.

About your Telehealth visit



- You have scheduled a telephone appointment. You will meet with a PPNorCal provider over the phone. You do not need to go to a health center for the appointment.
- Before you speak with the provider, you will receive a phone call from a blocked or unknown number up to ten minutes before or after your scheduled appointment time to complete registration and check-in.
- If we are unable to reach you after two attempts, we will need to reschedule your appointment.
- Please be in a private and quiet location with a good telephone connection.
- After your telephone appointment, you may need to go to a PPNorCal Health Center for a blood pressure check, medications, or to leave specimens for lab testing. If so, we will help find a time that works with your schedule.

Enroll in MyChart

- An active MyChart account is recommended for this appointment.
- To activate your MyChart account, visit ppnorcal.org and click "LOGIN".
- Click "sign up now" and "sign up online". You can also call 1-800-230-7526 for help.
- With MyChart, you can access your appointment information, lab results, medical record, and payments.

Paying for your Visit

- Using insurance? During your visit we will instruct you on how to provide a copy of your insurance card and photo ID.
- If you are uninsured, you may be able to receive no-cost reproductive health services under Family PACT. If you are eligible, we can enroll you at the time of your appointment and provide services immediately.
- If you have a financial hardship, PPNorCal can cover the cost of your visit. You can discuss this more when you check-in for your appointment.
- If you are responsible for payment, it will be processed at the end of your visit by credit or debit card.

Thank you for choosing Planned Parenthood Northern California for your care.