



Insertion of IUC (intrauterine contraceptive)/IUD (intrauterine device) (Mirena, ParaGard, Liletta, Skyla)

- If you are using condoms or a hormonal birth control method (Pills, Patch, Ring or Depo-Provera 'The Shot'), please make sure to continue to use it until your IUC/IUD insertion.
- If you do not use a hormonal method, please abstain from unprotected intercourse from the time your menstrual period starts until the IUC/IUD insertion.
- Please eat or drink something before your visit. DO NOT FAST.
- If you are not allergic, please take 800 mg IBUPROFEN 30 minutes before your appointment.
- All services at Planned Parenthood of Michigan (PPMI) are of the highest quality and affordably priced. **Payment in full is required at the time of service.** We accept cash, money order, Discover, MasterCard, or Visa.
- Planned Parenthood accepts most insurance, including Michigan Medicaid. Please bring a photo ID and your insurance card to your appointment. Payment for services, including Co-pays and other patient responsible payments not covered by your insurance are expected at the time of service. If you have questions regarding what services are covered, please contact your insurance company. Some insurance plan coverage types may require a referral for your visit with PPMI. Please contact your insurance company to determine if your desired service is subject to referral.
- We will bill your insurance for the services you receive where applicable. Your out-of-pocket cost is determined by your insurance plan. We do our best to provide the highest quality care to our patients, however your insurance company has the best expertise regarding coverage.
- If you do not have insurance, please visit www.michigan.gov/mibridges to determine if you are eligible for insurance through the State of Michigan.
- We receive Title X funding for some services, which allows us to offer these services on an income based, sliding fee scale. A staff person will ask you for information about your household income to identify any discounts for which you may be eligible.
- For their own safety, children must be under the supervision of an adult at all times. Children not in carriers will not be allowed in patient care areas. If you plan to bring children with you to your appointment, please bring a responsible adult who is able to watch them while you receive your care. Our staff are unable to supervise children.
- Please call us at 1 800 230-PLAN (7526) or 734 926-4800 with any questions.