Surgical Abortion with Local Sedation
(in Manhattan)

Please follow these instructions:

1. Eat a light meal prior to the procedure

2. IF YOU TAKE DAILY MEDICATION, YOU MAKE TAKE IT AS YOU WOULD USUALLY

3. PLEASE NOTE THAT YOU WILL BE IN THE CENTER FOR 4 - 6 HOURS

4. Bring a photo ID (driver’s license or other government-issued ID, a school or workplace ID, or a passport)

5. Bring insurance card or other method of payment

6. Tongue piercing must be removed prior to the procedure

7. If you wear contact lenses: wear glasses on the day of the procedure or bring solution and a case so you can remove contact lenses prior to the procedure

Whether or not you are a candidate for surgical abortion and/or sedation will be determined by the doctor you see on the day of your appointment.

Please note that we are unable to provide childcare at our health center. For safety reasons children need to be accompanied by an adult when they’re in the waiting room. Children may not be with you in an exam room. Please bring a friend or family member to be with your children in the waiting room if you don’t have childcare at home.

If you have any questions, you may contact Planned Parenthood of Greater New York at 1-800-230-7526, Monday - Friday, 7:30 AM - 7 PM and Saturday, 8 AM - 4 PM.