

Abortion Resources

Please note that most resources are nationally based, but serve the PPSLRSWMO region. Illinois residents may not be able to access resources that are specifically Missouri-based. This document is a source of information and does not provide legal or medical advice. The appearance of hyperlinks does not constitute an endorsement by Planned Parenthood of the St. Louis Region and Southwest Missouri of the linked websites or the information, products, or services contained therein.

Digital Safety While Accessing Abortion Care

- [Keeping your data secure and private](#) - Digital Defense Fund ([Español](#))
- [Digital safety tips for accessing abortion care](#) - Electronic Frontier Foundation ([Español](#))
- [Digital Defense](#) - Digital Defense Fund ([Español](#))

Educate Yourself: Abortion

- [State by state abortion tracker](#) - Planned Parenthood
- [Smashing abortion stigma zine](#) - Urge
- [Abortion explained](#) - We Testify
- [Abortion care, in-clinic, and medication \(pills\)](#) - Planned Parenthood
- [Comics: storytelling about abortion care](#) - We Testify

Accessing Abortions through Healthcare Providers

- [I need to locate an abortion provider](#) - Abortion Finder ([Español](#))
- [Text line for Missouri youth](#) - Right By You
- [Abortion checklist](#) - Planned Parenthood ([Español](#))
- [Practical support fund](#) - Midwest Access Coalition ([Español](#))
- [Funding assistance](#) - Missouri Abortion Fund
- [Funding assistance](#) - Network of Abortion Funds

Self-Managed Abortion Education

- [Self-managed abortion information](#) - Plan C Pills

Laws and Knowing Your Rights

- [Know your reproductive rights](#) - Dept. of Health and Human Services
- [Legal assistance](#) -Repro Legal Help Line
- [Know your protesting rights](#) - ACLU

Advocacy For Reproductive Freedom

- [Advocates of Planned Parenthood of the St. Louis Region and Southwest Missouri](#)
- [Pro-Choice Missouri](#)
- [Liberate Abortion: creating inclusivity and accurate advocacy](#)
- [Missouri Family Health Council](#)
- [ReproAction](#)

