Tracking Your Fertility
Pattern Chart

Month/Day																																		
Cycle Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37
Temperature																																					
99°																																					
98.8																																					
98.6																																					
98.4																																					
98.2																																					
98																																					
97.8																																					
97.6																																					
97.2																																					
97																																					
Mucus Wet, Dry, Cloudy, Clear, Tacky, etc.																																					
Sex																																					