

Care. No matter what.



Why I Teach Sex Ed in Jails

By Paola Ferst

Sarasota/Manatee Educator

Because hundreds of you bought tickets to our events, purchased an auction item, raised a paddle or sent in a donation – I am able to teach sex ed in jails. That is important to me because it's critical to ensure that all people get accurate and trustworthy information so they can make smart decisions about their bodies, relationships, and their sexual health. And, I love providing sex education to anyone, no matter their circumstances.

When I walk into a jail pod – an enclosed living area – I am greeted by about 30 women with kind applause that instantly warms my heart and makes me feel welcome.

I am there to teach comprehensive and respectful education with compassion and without judgment. And, my goal is to create a safe and supportive space.

So, I have three rules:

- Respect for one another
- No question is off limits
- Have fun

Using activities to make lessons engaging and interactive, we talk about reproductive anatomy, STD



prevention, family planning, healthy relationships, boundaries, and even how to talk to your children about sexuality.

Many of these women are mothers, and as they continue their path to healing, they are working on repairing their relationships with their children. By reaching parents, we reach their children, and we want to equip parents to be the primary sexuality educators for their children.

Wearing my trauma-informed lens, I understand that many of the women have a traumatic and abusive history, which has led to incarceration. They find hope in the voluntary recovery program, and I trust that they leave with increased self-worth along with the tools to make healthier decisions for themselves and their families because, at Planned Parenthood, we **Care. No matter what.**

Your Manatee Investment

Thanks to a new \$19,500 challenge grant from the **Manatee Matches Giving Circle** – a fund at the **Manatee Community Foundation** – we are a dedicated member of the **Substance Exposed Newborn Taskforce**, formed by **Drug-Free Manatee** in 2017, which is committed to reducing the number of SEN, or in utero opioid and alcohol dependent babies, born in Manatee County. The taskforce meets monthly to identify and implement strategies to prevent/reduce the number of babies born with dependency, reduce pregnancies for substance abusers, and create partnerships that support SEN parents.

With this grant, we are expanding our reach and partnerships in Manatee County. PPSWCF partnered with **Manatee Healthy Start**, **Manatee Sheriff's Office**, and **Manatee Memorial Hospital** to provide a two-hour education program on the importance of family planning, healthy pregnancies, and child safety to the men and women in the recovery pod programs at the **Manatee County Jail**.

You Can Double Your Donation:

Make a gift to the Manatee Matches challenge by calling Senior Director of Philanthropy, Jan Chester, at 941.556.1246.

Manatee Pride

It only takes two: Thanks to our steadfast volunteer, **Bonnie Krasik**, who partnered with one staff member, we talked to more than 100 people from the LGBTQ



community and secured 68 signatures for the petition opposing the Six-Week Abortion Ban in Florida at the sixth annual Manatee Pride. And, they did it all in the rain, and on a Saturday – well done!

Did You Know? PPSWCF education programs reach women in Collier, Manatee, and Sarasota County Jails.

How Can You Help an Educator?

- \$500 provides curriculum for an educational toolkit
- \$1,200 supports materials and expenses for eight classes
- \$2,500 sends an educator for Trauma-Informed Care training

GIVE NOW: Please return the enclosed envelope with your tax-deductible gift or give online at donate.ppswcf.org. We need you NOW more than EVER.

YOU, too, can make a lasting impact

Here's to YOU, our truth-telling, world-changing supporters. You are more than just champions for Planned Parenthood; you are fierce, you are courageous, and we are forever grateful for your time and commitment. Whether you are a new friend, have been with us a decade or more, or were lifetime supporters like **Gerri Aaron, Carol Poteat-Buchanan, Judy Goldenberg,** and **Sally Yanowitz** - you have made an impact.

We are grateful to all who lead by example and show their communities what it means

"If you're going to live, leave a legacy. Make a mark on the world that can't be erased." – MAYA ANGELOU

to fight for truth and care for all. And, we're a stronger organization because of your commitment to board service, volunteer activities, advocacy, philanthropy, and the countless other ways you show your support.

Make an Investment for the Ages in PPSWCF

A bequest or gift through an estate is established by including a provision in a will or living trust, or by naming Planned Parenthood of Southwest and Central Florida, Inc. (Tax ID# 59-1274328) as a beneficiary of a retirement plan or life insurance policy. The amount left to a charity can be expressed as a dollar amount or as a percentage of the assets to be given.

Your IRA Will Change Lives

Taxpayers age 70 1/2 or older can transfer up to \$100,000 annually from their IRA accounts directly to charity without first having to recognize the distribution as income - and can count toward your mandatory withdrawal. Of course, your IRA or other retirement accounts also change lives when you contribute all or a portion of your retirement plan assets to PPSWCF through your estate plan - a very special way to invest in the future of reproductive health care and sex education.

You Can Invest in the Future of PPSWCF. Contact Philanthropy Operations Director, Alice Shipman, at 941.567.3801 to learn more about your gift options.



Sally Yanowitz



Carol Poteat-Buchanan



Gerri Aaron



Judy Goldenberg

Teens Talking to Teens



Teens need to feel safe. And, thanks to champions like the **Charles and Margery Barancik Foundation** and **Linda and Keith Monda**, we are empowering them with a Peer to Peer Education pilot program in Sarasota County.

This program provides training, coordination and support to

the Peer Educators who will be a trusted resource for accurate information about consent and healthy relationships. And, because they come from diverse backgrounds, the teens understand the challenges that their peers face.

Peer Educators are eager to provide support and skills in

building healthy relationships, making responsible decisions, and planning for adulthood with medically accurate, values-neutral information that is shared in a helpful, interactive format. They are excited to make a difference in this community and be the first of many P2P programs around the affiliate.

CONSIDER THIS: In Florida, **58%** of new patient STD cases are under the age of 25.

1 in 4 adolescents reports verbal, physical, emotional, or sexual abuse from a partner.

CREATING A SUSTAINABLE TOMORROW:

It Takes Us. It Takes YOU.

PROTECTING QUALITY CARE.

At the core of our mission, we provide patients with affordable access to comprehensive reproductive health care and accurate information through patient care, education, and advocacy. But, we face great challenges - and need you to step boldly onto the frontline with us to protect reproductive freedoms for all.

EXPANSION OF CAPACITY. Safe, modern health care facilities are critical to our sustainability in southwest and central Florida. We currently serve more than 39,000 patients throughout our 22 counties, and we are expanding our capacity in communities that are projected to have increased patient volumes and critical

needs. And, we will be there for them.

INNOVATING FOR THE FUTURE.

PPSWCF is proud to have received funding to start a Clinical Abortion Training Center. The training center will be located at the Downtown Orlando Health Center and aims to address the critical shortage of medical professionals who have the skills and commitment to provide quality abortion care.

WE NEED YOU. To realize this powerful and optimistic vision, we need you. And, there is no better time than now to show your support.



Thank YOU for your support!

PPSWCF Annual Fiscal Report (2017-2018)



HEALTH CARE

Last year, we cared for

39,172

patients across **10** health centers in **22** counties.

Affiliate-wide we provided:

55,683 • STI Tests

3,403 • LARC (Long Acting Reversible Contraception) Insertions

1,464 • Transgender Care Visits

260 • Colposcopies and Biopsies

170 • HPV Vaccines

82 • PrEP Visits

Did You Know? SOURCE PRODUCTIONS, part of our PPSWCF Education department, creates innovative theatre, film, and video productions that address key issues impacting teens and young adults.

New Film from SOURCE Productions



Surviving Lunch is a compelling new drama ripped out of today's harrowing headlines - teens who face daily bullying, as well as the unthinkable gun violence in schools. In this dramatic new feature, Gabriella, a Latina girl from New York, moves to Florida after a violent event tears her family apart. Trying to keep to herself and recover from her grief, Gabriella notices a boy being relentlessly bullied in the lunchroom. The young girl is determined to find a way to stop the bullies - even if it means standing up to the most violent kid in school.

One year in the making, this project involved more than **200** local students, three large schools, the Sarasota County Sheriff's Office, multiple locations, and a film crew of **25** talented professionals.

WE'RE IN!! As we go to press, *Surviving Lunch* has been accepted to three film festivals - with applications to more. You can catch it at the Sarasota Film Festival on April 9 • Fort Myers Film Festival on April 13 • Los Angeles Artemis Women in Action Film Festival in LA on April 25.

"A film like this comes along once in a while, and it deserves attention, and attention we hope to provide to it." - Eric Raddatz, Executive Director/Fort Myers Film Festival



OUTREACH EDUCATION

Total Health Education Participants

17,638



ADVOCACY ACTIONS

230 Gen Action student organizers held **32** advocacy events on **8** college campuses* where they engaged with

1,032

students who signed up as volunteers for PPSWCF.

*University of Central Florida, Stetson University, Florida Southern College, University of South Florida - St. Petersburg, Eckerd College, New College of Florida, and Florida Gulf Coast University.



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IN THIS TOGETHER

WILL **YOU** JOIN US



ON THE FRONTLINE

FOR OUR BIGGEST FIGHT IN A GENERATION?