Dr. Meera Shah, MD, MA, MPH, AAHIVS

Dr. Meera Shah is a family medicine physician currently serving as the chief medical officer of Planned Parenthood Hudson Peconic in New York. Shah is a strong advocate for increasing sexual and reproductive health access in underserved areas and to underserved communities. A Fellow with the Physicians for Reproductive Health, Shah is dedicated to calling out the injustices that keep people from exercising their autonomy. In 2018, she was awarded Woman of Distinction by New York State Senator Brad Hoylman.

Recent Press:

Dr. Meera Shah Will Never Stop Telling Abortion Stories, Elle Magazine, 09.20

What Actually Happens During An Abortion?, Access: A Podcast About Abortion, 09.20

Talking About Abortion With Dr. Meera Shah, Girls Gotta Eat Podcast, 08.20

More Patients Seek Abortion Pills Online During Pandemic, But Face Restrictions, NPR, 05.20

What It's Like to Be a Planned Parenthood Doctor Performing Abortions Right Now, Shape Magazine, 04.20

Planned Parenthood Is Expanding Telehealth to All 50 States Amid the Coronavirus Pandemic, Time Magazine, 04.20

Planned Parenthood Hudson Peconic Launches Gender Affirming Care Services, Press Release, 06.19

Why We Should Stop Using the Phrase 'Women's Health', VICE, 03.19