

**TELEHEALTH VISIT ALERT: We have scheduled your visit to be done by telehealth. This means you do not need to come to the health center for your appointment.**

**PREGNANCY TEST ONLY VISIT ALERT: If you are scheduled to take a pregnancy test via Telehealth, please be sure you stop by a Planned Parenthood to pick up a pregnancy test prior to your visit. You cannot use one you bought elsewhere.**

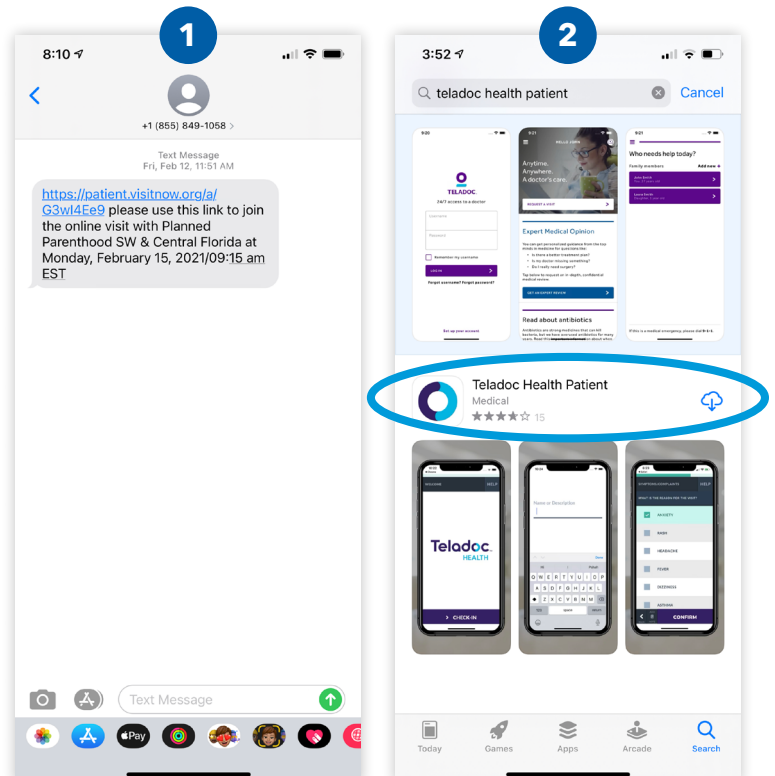
## PREPARING FOR YOUR TELEHEALTH VISIT

### Important Information

- We have scheduled your visit to be done by Telehealth which means it will take place through a video connection. It will not take place at a health center.
- If you are experiencing symptoms of an infection, our providers can treat most infections during a Telehealth visit. If you need to come into a Health Center, we will set that appointment up for you at the end of your Telehealth visit.
- If you have scheduled a birth control visit, we strongly encourage you to have your blood pressure reading available. This can be done at most local pharmacies.
- For safety reasons, **YOU MAY NOT BE DRIVING DURING YOUR VISIT.**
- To change or cancel your appointment, please go online or call us at **941-567-3800**.

### Before Your Visit

- Please complete your online history form prior to your Telehealth visit <https://eforms.voxent.org/form/ppswcf>
- Make sure that you have reviewed the Notice of Privacy Practices and HIPAA consent from our website at <https://www.plannedparenthood.org/planned-parenthood-southwest-central-florida/medical-services/confidentiality>
- Prior to your visit, you will receive a text with a link to the appointment. This will be active **5 minutes** prior to your appointment. You can connect from either your computer or your phone. ①
- If you are connecting by phone **YOU MUST DOWNLOAD THE APP (Teladoc Health Patient)** ②



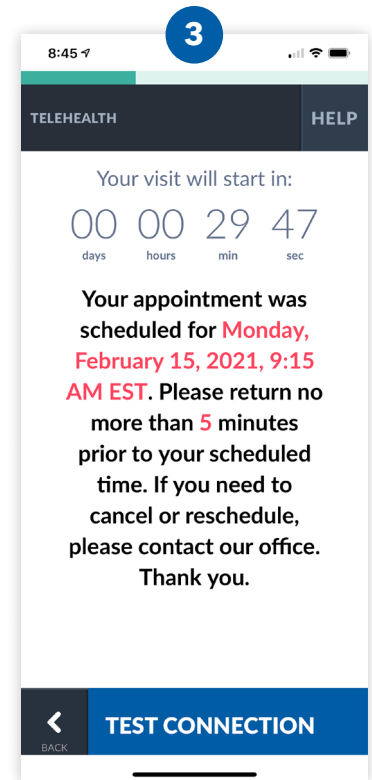
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## Before Your Visit (continued)

- You will be asked for permission for access to your camera and microphone, please select "allow". You will then be entered into the waiting room which has a countdown clock showing the time remaining until the start of your visit. **3**
- Find a quiet and private place for this video chat. Moving around a lot can make it harder to hear and listen. You might want to plug in your headphones for this.

## Laboratory Testing

- If your provider orders lab tests for you at your telehealth visit, the lab orders will be sent directly to the lab electronically, you do not need a paper lab slip. Your provider will let you know which lab you need to go to.
- If you are getting STI testing with a urine sample, please avoid emptying your bladder for one hour prior to visiting the lab.
- If you have any problems with your lab order, please call us at **941-567-3800**.



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## PAYING FOR YOUR VISIT

- We request payment in full at the time of your visit.
- Credit card information will be collected, and payment will be processed at the end of your visit.
- Using insurance? During your visit we will instruct you on how to provide a copy of your insurance card and photo ID. Please have your Photo ID and insurance card ready to present at the time of your Telehealth visit.

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## ENROLL IN PPSWCF PATIENT PORTAL

- We encourage you to activate your Patient Portal.
  - You can message your provider, check your lab results, or pay a bill on Patient Portal.
- Visit PPSWCF.org to request enrollment or click on the following link: <https://www.nextmd.com/ud2/Enroll/TermsAndConditions.aspx?practicelid=ead7f307-5915-42fa-8d86-14c0b85f7702>
- Your request will be approved within 24 hours after your visit is completed.