

Avoid Harmful Biases Around COVID-19

Be cautious of the images you share regarding COVID-19. Evaluate whether they may reinforce stereotypes or single out specific communities.

Speak up if you hear, see, or read misinformation or witness or experience harassment or discrimination.

You can interrupt myths and stigma by **sharing accurate information.**

Wearing a mask does not mean a person is ill.

Viruses do not target people from specific populations, ethnicities, or racial backgrounds.