

SEDATION – MODERATE

Planned Parenthood Northern California 1-925-676-0300

What is sedation?

Sedation is medicine to make you more relaxed during a surgery or procedure. There are many kinds. Moderate sedation is one kind.

What is moderate sedation?

Moderate sedation may make you feel more relaxed and you may fall asleep. The medicine is given directly into your vein.

Before you choose to have sedation, you need to know the most common benefits, risks, side effects, and other choices you have. We are happy to answer any questions you have.

What are the benefits of moderate sedation?

- It is safe.
- It may make you feel more relaxed.
- It may keep you from remembering parts of the surgery or procedure later on.

What are the risks of moderate sedation?

Although the medicines used for moderate sedation are safe, there are problems that can occur. You may have swelling at the injection site (phlebitis). You may become sleepier than expected or need help with breathing. This could happen because of

- The types of medicine you are given
- Your health
- Any drugs or medicine you took
- A reaction you may have to the medicines

Major problems that can happen include

- Allergic reaction to the medicines
- Damage to or failure of the heart, lungs, liver, kidneys, and/or brain
- Loss of consciousness
- Death

What are the side effects of moderate sedation?

Side effects usually do not last long. They usually need little or no treatment.

- Dizziness
- Nausea and vomiting

Besides moderate sedation, what other choices do I have?

There are many kinds of sedation. You may choose to have no sedation, or to be referred elsewhere for another kind. We can talk about any of these options with you, and help you with whatever you decide to do.

What else do I need to know?

If you have problems during or after sedation, you may be sent to a hospital or emergency room. This is rare. We will tell you how to contact us if you have any questions or problems.

We will tell you reasons to contact us.

The medicine can last for several hours. **Do not drive**, operate heavy machinery, or make important decisions for at least 24 hours after sedation. You must leave the health center with a responsible adult who will drive or ride other transportation with you.

Signature of Patient (or person authorized to sign for patient)

Date

Relationship to Patient: self parent legal guardian
other

I witness that the patient received this information, said it was read and understood, and there was an opportunity to ask questions.

Signature of Witness

Date