



Planned Parenthood
Care. No matter what.
Planned Parenthood of Greater Texas

PLANNED PARENTHOOD OF GREATER TEXAS: July Connections

Welcome to the July edition of Planned Parenthood of Greater Texas' monthly newsletter. As a valued supporter, we would like to share the latest updates on the work you make possible at Planned Parenthood. We have also included important action alerts and upcoming events.

July is Men's Health Services Month

Why do men come to Planned Parenthood for health services?
For the same reason women do: expert healthcare they can trust.



Planned Parenthood of Greater Texas provided 6,625 Texans who identify as male with healthcare in 2020.

500

\$100 keeps 500 Texans healthy through the distribution of condoms.

11%

Last year, 11% of our patients identified as male.

MEN'S HEALTHCARE SERVICES

Planned Parenthood provides basic healthcare for men, and we're here for any questions or concerns men might have – men can ask us anything. Men can rely on us for health services, including STI testing and treatment, HIV testing, PrEP and PEP medication to prevent HIV, gender affirming hormone therapy, human papillomavirus (HPV) vaccine and birth control options for men. Boys and men ages 9 to 26 can get the HPV vaccine to prevent genital warts and cancers known to be caused by HPV including head and neck, penile, and anal cancer in men and cervical, vulvar, and vaginal cancers in women, and to prevent the spread of HPV to others. In Austin, Planned Parenthood offers referrals for low-cost vasectomies.

Our most common men's services provided are:

- Testing and treatment for STIs
- Rapid HIV testing and PrEP and PEP medication to help prevent HIV transmission
- Condoms and trusted sex education to help men take charge of their sexual health

EDUCATION

One of Planned Parenthood of Greater Texas's community health education partners in Waco is the Cenikor Foundation. Cynthia, a Planned Parenthood Community Health Educator, and Cenikor staff hold weekly recurring workshops for women's groups and men's groups. Last month, Amanda, another Planned Parenthood Community Health Educator, joined the groups to facilitate a workshop on sexually transmitted infections (STIs), including transmission, prevention, and treatment of STIs.

CENIKOR
A PLACE FOR CHANGE
Better Health. Better Lives.

"Planned Parenthood is an amazing resource for me and friends of mine. As a young adult supporting myself and going to school, it's nice to take control of my health without the fear of judgmental doctors or expensive bills. It's important to stop the spread of STIs, so any organization that encourages people to be tested and treated is doing our community a huge service. Thank you Planned Parenthood."

- Ryan, a Planned Parenthood of Greater Texas patient



A NEWS CONNECTION

A Dallas-area high school valedictorian swapped out her approved speech to focus on Senate Bill 8, which bans abortion as approximately six weeks - before most people even know they're pregnant - with no exceptions for rape or incest. In speaking out against SB 8, Paxton Smith shared, "I hope you can feel how gut-wrenching it is, how dehumanizing it is, to have the autonomy over your own body taken from you." Smith's speech went "viral" reaching news outlets and social media accounts around the world, bringing awareness to this extreme new abortion ban.

TAKE ACTION

We can see the fights we have coming to defend reproductive healthcare. With the city ordinances, state bans and the Supreme Court case, we need all hands on deck to push back against these political attacks and maintain our ability to provide abortion care. We are asking you to pledge your support to Planned Parenthood and recommit as a volunteer. It won't be easy, but together we are stronger.







WAYS TO GIVE

Have you considered making a planned gift to continue the legacy you have made possible for thousands of Planned Parenthood patients, students, and parents?

For more information on how you may include Planned Parenthood of Greater Texas in your estate plan, contact us at (214) 254-3017 or development@ppgt.org.

Your gift of:

-  **\$1,000** prevents the spread of sexually transmitted infections through testing and treatment for 5 patients
-  **\$325** offers 1 patient peace of mind with pre- (PrEP) or post- (PEP) exposure HIV preventive medication
-  **\$200** empowers 1 teen with honest, inclusive sex education
-  **\$100** keeps communities healthy through the distribution of 500 condoms

If you have a question or if you want to know more, please contact the Development Office at (214) 254-3017 or email us at development@ppgt.org.

